Domestic Travel Work Restrictions Decision Tree for Healthcare Workers

Travel Outside of Maine

Must adhere to Governor's Executive Orders

Fully Vaccinated

Continue practice of source control, physical distancing, hand and respiratory hygiene

Not fully vaccinated

Preferred to be work restricted for 14 days regardless of testing. If unable to maintain safe operations due to staffing and HCW must return to work ↓

To return to work follow all listed guidelines below.

Face covering/mask (source control), physical distancing, hand and respiratory hygiene, AND ↓

Face mask/covering will be kept on at all times for 14 days.
If need to be removed for food/drink must be when outside or in a private room/space with door closed and no other occupants.

Note: facility policy may require more prescriptive face mask/coverings requirements

HCW is ill, do not report to work.

If HCW becomes ill during shift, immediately leave work per institution policy.

International Travel Work Restrictions Decision Tree for Healthcare Workers

International Travel

Must adhere to Governor's Executive Orders

Fully Vaccinated

- Continue practice of source control, physical distancing, hand and respiratory hygiene.
- Testing is recommended at 3-5 days after arrival to U.S. from international travel.

Not Fully Vaccinated

Work restrict for 14 days regardless of testing.

If unable to maintain safe operations due to staffing and HCW must return to work. International travel has an increased risk in exposure to SARs-CoV-2 variants.

To return to work follow all listed guidelines below.

Face covering/mask (source control), physical distancing, hand and respiratory hygiene, AND ↓

Face mask/covering will be kept on at all times for 14 days.
If need to be removed for food/drink must be when outside or in a private room/space with door closed and no other occupants.

Note: facility policy may require more prescriptive face mask/coverings requirements

HCW is ill, do not report to work.

If HCW becomes ill during shift, immediately leave work per institution policy.

MeCDC Healthcare Epidemiology 5/5/2021