

Maine's Cabinet on Aging Open Meeting

Commissioner Jeanne Lambrew &
Commissioner Laura Fortman, Co-Chairs
Friday, February 10, 2023



Today's Agenda

1:30 -2:30 PM

1. Welcome and Introductions
2. Updates
3. Review of proposed action plan for 2023-2026
 - a. Discussion
 - b. Next steps
4. Stakeholder engagement and outreach planning
5. Closing remarks

Cabinet on Aging

Overarching Goal

Every person in Maine can age safely, affordably, and in ways and settings that best meet their needs.

.

Cabinet on Aging

Focus Areas



Cabinet on Aging Strategies

- The Cabinet on Aging's strategies focus on initiatives and activities that require or benefit from **inter-agency collaboration and partnership.**
- The Cabinet will be consulted on or informed on other activities relevant to the well-being of older adults and caregivers.

Proposed Priorities

Sustainable Living

Areas of Focus

Cabinet on Aging Strategies (2023-2026)

Support sustainable living for older Mainers in their communities

- Map the Community Continuum of Care to identify capacity and projected need for long-term services and supports and community resources at the county level.
- Increase access to affordable housing and housing with services options.
- Improve access to energy efficient housing, weatherization, and heating assistance.
- Increase access to home repair and home modification services and home safety.
- Promote financial literacy that develops skills and knowledge to help people with informed decisions about resources and prevent scams.
- Elevate strategies that attract and build direct care workforce capacity.
- Expand supportive services to informal caregivers.
- Pilot delivery of non-emergency transportation to older adults.

Proposed Priorities

Community Connections

Areas of Focus

Cabinet on Aging Strategies (2023-2026)

Support community connections that improve quality of life, inclusion, and engagement of older adults

- Improve coordination with volunteer networks for transportation needs.
- Partner with communities to strengthen information and referral systems and navigation services to connect people to resources.
- Engage with municipalities on local and regional housing needs.
- Support community interventions that address social isolation/loneliness.
- Promote digital literacy and affordable access to the internet.

Proposed Priorities

Active Retirement and Work

Areas of Focus

Cabinet on Aging Strategies (2023-2026)

Engage older residents in active retirement and work

- Explore and promote strategies for retaining and attracting older workers in the workforce to leverage skills and experience.
- Lead by example as an age friendly employer.

Next Steps

Action Plan

Develop Workplan

- Specific action steps within strategies
- Identify agencies/partners
- Timeframes
- Continue to build out longer term strategies
- Indicators and measurable outcomes

This plan is a “living document” that will be reviewed regularly and may be updated to reflect changing priorities or needs.

Discussion/Questions/Thoughts from Cabinet Members

Next Steps

Guiding Principles

Develop guiding principles that encompass inclusion and equity for older adults and consider the cultural, social, economic, and linguistic needs of Maine's diverse population of older adults and their families.

Next Steps

Stakeholder Engagement

Strategies:

- Provide on-going opportunities for general input (virtually and in person) for older adults and caregivers.
- Gather targeted input and feedback specific to different strategies.
- Leverage existing stakeholder activities or data collection.

NEXT LISTENING SESSION: March 16, 2023

Contact Information

- Website:

<https://www.maine.gov/future/initiatives/aging>

- Can provide input using contact form on website or by emailing:

Elizabeth Gattine

Coordinator, Cabinet on Aging

Elizabeth.Gattine@maine.gov

Cabinet on Aging

Thank you!