

Maine's Cabinet on Aging Cabinet Meeting

Commissioner Jeanne Lambrew &
Commissioner Laura Fortman, Co-Chairs
Tuesday, April 25, 2023



Today's Agenda

10:30 -11:30 AM

1. Welcome
2. Highlights on Cabinet Initiatives:
 - Community Connections
 - LTSS reforms
3. Presentation on National Reframing Initiative (Mary Lou Cioffi, Maine Center on Aging)
4. Summary of March 2023 Listening Sessions
 - Discussion (Cabinet)
5. Closing remarks
 - Older Americans Month (May)

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Guest Presentation



LED BY THE GERONTOLOGICAL SOCIETY OF AMERICA

ReframingAging.org

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Listening Sessions: Summary



Our Question:
What are your thoughts on the Cabinet's
priorities?

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Focus Areas

Positive feedback
overall

Goals and strategies
align with those of age-
friendly communities

Proposed Priorities

Sustainable Living

Areas of Focus

Cabinet on Aging Strategies (2023-2026)

Support sustainable living for older Mainers in their communities

- ✓ Map the **Community Continuum of Care** to identify capacity and projected need for long-term services and supports and community resources at the county level.
- ✓ Increase access to **affordable housing and housing with services options.**
- ✓ Improve access to energy efficient housing, weatherization, and heating assistance.
- ✓ Increase access to home repair and home modification services and home safety.
- ✓ Pilot delivery of non-emergency **transportation** to older adults
- ✓ Promote **financial literacy** that develops skills and knowledge to help people with informed decisions about resources and prevent scams.
- ✓ Elevate strategies that attract and build direct care **workforce** capacity.
- ✓ Expand supportive services to informal **caregivers.**

Proposed Priorities

Community Connections

Areas of Focus

Cabinet on Aging Strategies (2023-2026)

Support community connections that improve quality of life, inclusion, and engagement of older adults

- ✓ Improve coordination with volunteer networks for transportation needs.
- ✓ Partner with communities to strengthen information and referral systems and navigation services to connect people to resources.
- ✓ Engage with municipalities on local and regional housing needs.
- ✓ Support community interventions that address social isolation/loneliness.
- ✓ Promote digital literacy and affordable access to the internet.

Proposed Priorities

Active Retirement and Work

Areas of Focus

Cabinet on Aging Strategies (2023-2026)

Engage older residents in active retirement and work

- ✓ Explore and promote strategies for retaining and attracting older workers in the workforce to leverage skills and experience.
- Lead by example as an age friendly employer.

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Additional Suggestions

- Help municipalities and others understand the value of establishing age-friendly and lifelong communities.
- Develop strategies for elevating and disseminating innovative and effective program and practices.
- Contribute to changing the narrative about what it means to grow old by creating centralized messaging that addresses ageism.

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Additional Suggested Strategies

Volunteer
opportunities
and supports

Elder
Abuse

Food
Insecurity

Health
Literacy

Access to
Healthcare

Join in Celebrating!

**OLDER
AMERICANS
MONTH**



AGING UNBOUND: MAY 2023

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Contact Information

- Website:

<https://www.maine.gov/future/initiatives/aging>

- Can provide input using contact form on website or by emailing:

Elizabeth Gattine

Coordinator, Cabinet on Aging

Elizabeth.Gattine@maine.gov

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Next Meeting

Next Meeting: June 27, 2023

Thank you!