

State of Maine



**WHEREAS**, food is the substance by which life is sustained; and

**WHEREAS**, the type, quality, and amount of food that individuals consume each day play a vital role in their overall health and physical fitness; and

**WHEREAS**, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

**WHEREAS**, the Maine Academy of Nutrition and Dietetics represents Registered Dietitians and Dietetic Technicians, Registered, who provide reliable, accurate, and science-based nutrition information to the people of Maine.

**NOW, THEREFORE**, be it resolved that I, Janet T. Mills, Governor of the State of Maine, do hereby proclaim March 2019 as

**National Nutrition Month**

in Maine, and call upon the people of Maine to observe this month with the appropriate programs, ceremonies, and activities.

In testimony whereof, I have caused the Great Seal of the State to be hereunto affixed GIVEN under my hand at Augusta this fifth day of March Two Thousand Nineteen



Janet T. Mills  
Governor

Matthew Dunlap  
Secretary of State

TRUE ATTESTED COPY