



## **IMPORTANT!!**

SAME INCOME GUIDELINES AS 09-10 for  
10-11

The following items need to be submitted by August 15th of each year:

Online Application

Policy Packet Submitted

Recall Contact Information

Shipping Addresses for USDA Foods -online

### **HACCP Sanitation**

New school year summer is over, time to get back to work. There are many things you have not had to do over the summer, that well, now you have to start up again.

Temperature logs, Production records, and all the detailed information that is required to be on these forms.

Does anybody need a refresher of Food Safety, or is there new staff that needs the training?

RSU 1 (Bath area) is offering a Sanitation Class given by Mary Moody on August 24th and 25th.....For more information call Ellen Beal @ 443-6601..ext 114....

### **Funding Opportunities for Fuel Up to Play 60**

New for the 2010-2011 school year, funding is available to K-12 schools enrolled in Fuel Up to Play 60. The competitive, nationwide funding program can help your school jumpstart and sustain healthy nutrition and physical activity improvements.

Whether you're just starting out with Fuel Up to Play 60 or looking to expand and extend an initiative that's already in motion, funding opportunities can help.

At [FuelUptoPlay60.com](http://FuelUptoPlay60.com), you'll find background information, eligibility and funding guidelines, judging criteria, an online application, and lots of ideas about how to use funds to support your

program based on examples from other schools – even step-by-step guidance on how to apply for funds.

There will be several application deadlines this year – but the sooner you apply, the sooner your school can be considered for funding to support your Fuel Up to Play 60 program. **The first application cycle is open NOW through October 1.**

**Remember:** Your school must be enrolled in Fuel Up to Play 60 for the 2010-2011 school year to be eligible to apply for funds.

**Learn more and enroll today at [FuelUptoPlay60.com](http://FuelUptoPlay60.com)**

## **National Louise Sublette Award of Excellence**

KITTERY, Maine — First it was state recognition. Then it was regional acclaim. Now it is national notoriety.

Cheryl Dixon, food service manager at Horace Mitchell Primary School, has had quite the summer.

This is the link for the article: <http://www.seacoastonline.com/articles/20100726-NEWS-7260320>

### **Words from Walter**

The new school year is here! This year will be more exciting than last year. Changes in districts are still being made. Local staff members are changing as well.

The federal government is still working on the "2009 Reauthorization Act." The Act contains several changes for School Year 2012, including the meal pattern. Make sure you stay current so you will be ready. School Nutrition Association (SNA) has been active in several ways. Take a look at their page <http://www.schoolnutrition.org>

The SNA National Conference was held July 9-14, 2010. The conference included several workshops and releases of new ideas and materials. Positive Public Relations have always been a national issue. We discussed this at our May 2010 Informational Meeting. SNA is implementing a new Web site "traytalk" [www.traytalk.org](http://www.traytalk.org). The site will contain Public Relations clips, educational materials for parents, community members, press, etc., regarding the National School Lunch Program. You can help! The page will contain success stories from around the country. You can submit a story about your school or district. Other states have already started to submit stories. The story can be as large or small as you would like, but Maine is ahead of other states in many ways. Small to you may be huge to another. So go to the web site and add your story. It may appear on the web site or possibly in their magazine.

Hope you did not miss the MSFSA conference. What a great conference speakers from all over the country were there. The excitement and enthusiasm was high with President French's "Full Throttle" theme. The conference included real NASCAR car and smaller NASCAR versions. Vendors from all over had products to show. Could not attend lets us know why so we may be able to make plans for more to attend.

### **Wisdom from Gail**

Focus on Nutrition

Start the school year right by taking simple steps to improve the nutritional quality of your meals. Add beans to your menu weekly. Beans contain large amounts of iron, phosphorous, magnesium, manganese, potassium, copper, calcium, zinc, folate and B Vitamins. A half cup of beans provide

between 25 and 30% of the fiber a person needs for the day. Baked beans are well accepted by students. Serve them in place of French fries with burgers or dogs to lower total fat and saturated fat. When tacos are on the menu, try seasoned rice and red beans. Rotate different beans on the salad bar: garbanzo, black, kidney, red. This winter, a hearty chili and beans can be a flavorful meal for the students.

Children may need to taste new foods 10 to 12 times before accepting them. So go beyond offering beans once, make it a year long effort!

### **News from Nanci**

Forms are available on line for you to file your paperwork for the upcoming school year. We need your policy packet, system of collection, sample letter to parents, and your commodity hold/recall form. We do not need the sheet with balances unless you are a new district. If you have new people that need id's and password, please complete the online form and send it to us. Districts will not be allowed to order commodities or file a claim for reimbursement until all paperwork is complete. Remember that adult pricing should cover the per meal cost.

### **TRAINING IN THE WORKS:**

More information will be posted as it becomes available, and emailed as part of the list serve. Are you on the list serve, has your email address changed, if so you need to correct it.

### **Review and Verification Training**

Thursday, September 16, 2010. Public Safety Building, Augusta

Verification Training 12:30 -2:00

Review Training 2:15 - 4:00

### **BACK TO BASICS**

Thursday, September 30, 2010 - Friday, October 1, 2010

Two full days, Black Bear Inn, Orono.

### **Fall Informational Meeting**

On Thursday October 14, 2010 Child Nutrition Services is hosting a Fall Informational Meeting at the Bangor Motor Inn.

## Spring Informational Meeting

Thursday, May 19, 2011. This will be in the Lewiston-Auburn area or Augusta area.

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### USDA FOODS

First offering will be September 1st. Don't forget shipping address before you order.

Dennis Paper will continue to be the distributor for USDA Foods, no price increase.

The following companies will be doing business with Maine Child Nutrition Service for School Year 2010-2011.

They will each have a further processing fee from the company. The items offered and cost will be posted at a later date.

ES Foods, Formally East Side Entrees. This will be billed by the Processor.

Tasty Brands. This will be billed by the Processor.

JTM Foods. Cheese and Pork. This will be billed by Dennis Paper, and will include an Admin Fee.

Offered in September for October Delivery will be

Southern Style Pork Sausage Patties, \$29.00 per case.

Reduced Fat Pork Taco Filling, \$26.00 per case.

Don't save money, things change, orders do not get selected by vendors, canned frozen peaches might arrive.

**September offering:** American cheese, mozzarella cheese, sliced strawberries, peanut butter, raisins, applesauce, corn, turkey ham, pork roast, beef crumbles, diced chicken, pears, peaches, fruit mix, vegetable oil

**October offering:** pears, salsa, flour, blueberries, American cheese, mozzarella cheese, cheddar cheese, strawberry cups, whole wheat pancakes, eggs, turkey roast, beef patties, chicken fajitas, beef crumbles, peaches.

**November offering:** fruit mix, American cheese, mozzarella cheese, applesauce, spaghetti sauce, turkey breast, beef crumbles, ham cubed, chicken diced, peaches, turkey ham.

**December offering:** diced pears, salsa, tuna, mozzarella cheese, cheddar cheese, sliced strawberries, corn, beef crumbles, beef patties, chicken fajitas, peaches, diced chicken.

**January offering:** applesauce, spaghetti sauce, strawberry cups, pork roast, beef crumbles, ham sliced, turkey taco filling, turkey roast, peaches

**February offering:** diced pears, strawberry cups, beef crumbles, beef patties, turkey deli breast,

corn.

## **Maine Child Nutrition now offers 3 list serve options!!!**

All Food Service Directors and managers **must** be on the Child Nutrition List Serve to remain current. This is the method that all announcements of regulation changes, meetings, late checks and other current topics are shared with all. The list serve is for Maine Food Service staff. The list is not given out to anyone and vendors are not members. DOE staff does control the membership and the posting. This should be a resource to all. If you should change your address you will need to register with the list serve again. maintaining the current email status is the responsibility of the members. [Join Child Nutrition list serve NOW](#)

There also is a farm to School list serve. it has members that include producers, school food service staff school health coordinators, interested public members, nurses and many more. join today at no cost to stay current and share with others. Sharing keeps all members current!

[Farm to school list serve join NOW](#)

Fresh Fruit and Vegetable program has a list serve to keep all informed. this is required for schools that have accepted the grant. at least one active person must be a member of the list serve. the is the most effective way to hear the news in a timely fashion. [Join FFVP list serve NOW](#)

The list serve you join on your own and unsubscribe on your own. If your address changes unsubscribe the old address and subscribe with the new address. the list serve are monitored for exchange of information and not used for sales or membership lists.