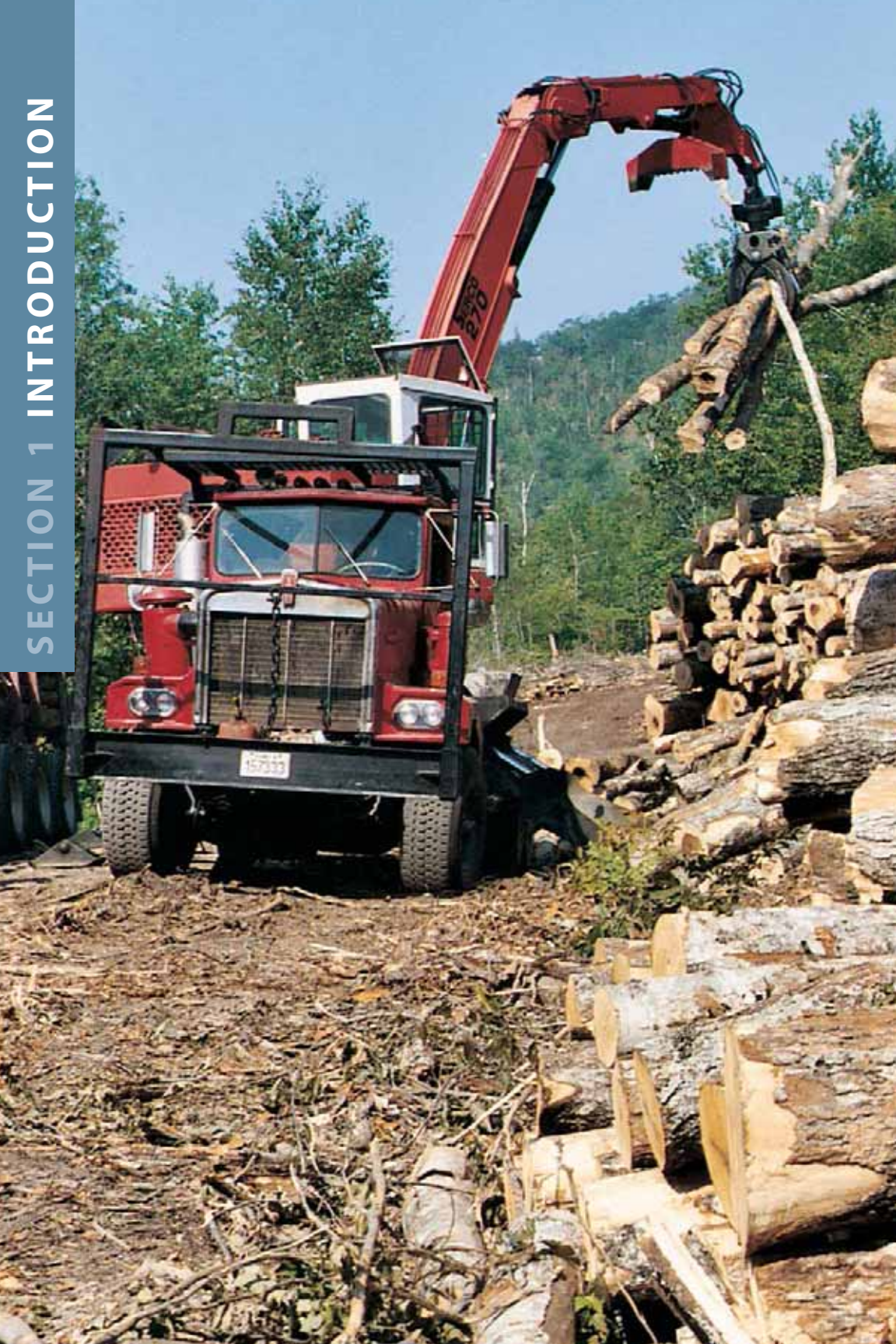
SECTION 1 INTRODUCTION



INTRODUCTION

WHAT THIS HANDBOOK IS

This handbook describes Best Management Practices, or BMPs, for protecting water quality during forest harvests. The BMPs include a wide range of recommended techniques that can be used before, during, and after logging operations. Loggers, foresters, and scientists from Maine and other states have developed these techniques from their own practical experience and research.

This handbook is for woodlot owners, loggers, foresters, and others involved in harvest operations. The handbook will help you understand, identify, design, and implement water quality protection measures while meeting other harvest objectives.

This book will help you to:

- understand how BMPs work. It is more effective, cheaper, and easier to prevent pollution than to fix problems after they occur. When you understand the principles behind BMP techniques, you will be able to anticipate and prevent problems before they end up costing you time and money.
- decide which BMPs to use. Harvest sites can vary significantly, and different techniques are appropriate to different sites. By applying BMP principles, you will be able to use your own judgment and this handbook to select the most appropriate and effective BMPs for a particular site.

WHAT THIS HANDBOOK IS NOT

BMPs are not the same as regulations. Best Management Practices are recommended procedures that, when used appropriately, will result in the greatest protection of the environment over the course of the operation. Regulations describe required, minimally acceptable practices. Some BMPs may be mandatory in some situations; others may be voluntary, depending on the site and local and state laws.

This handbook is not a complete how-to manual for installing BMPs. Please see "Section 4: For More Information" for titles of other documents that provide technical details on BMP installation.

This handbook focuses on water quality BMPs. There are BMPs that protect wildlife habitat, soil integrity and productivity, aesthetics, and other aspects of the forests. Although these values are important, they are not the focus of this manual.

HOW TO USE THIS MANUAL

In order to decide how and when to use BMPs, it's important to understand how they work to protect water quality. "Section 1: What is Water Quality?" explains different characteristics of water quality, how harvesting practices can affect them, and where it is most critical to use BMPs.

"Section 2: Fundamental BMPs" discusses fundamental BMP principles and key steps toward the overall goal of protecting water quality. These principles give you an overview of the most important things to keep in mind before, during, and after a harvest.

"Section 3: BMPs for Every Stage" lists specific BMPs for stream crossings, truck roads, log landings, skid trails, and harvesting areas. Under each of these headings is a discussion of the planning, construction, maintenance, and closeout BMPs applicable to that topic.

Throughout the manual, you will also find STOP signs that will alert you to potential legal requirements. ⚠ signs will point out important topics that shouldn't be overlooked. Each section is color-coded on the edge of the page to make it easier for you to find information about a specific topic.

HOW BMPs PROTECT WATER QUALITY

WHAT IS WATER QUALITY?

Forest areas in and around waterbodies are complex systems and provide habitat for a wide range of plants and animals. These forest areas, and the waterbodies in them, are the setting for different processes that provide food, water, shelter, breeding space, and other needs. For our purposes, "water quality" refers to the characteristics of water in nature that support life. These include the natural chemical, physical, and biological aspects of streams, rivers, ponds, lakes, and non-forested wetlands. The chemical properties of water include pH, dissolved oxygen, nutrients, and the presence of chemical pollutants. The physical properties of water include such things as turbidity (how clear or cloudy the water is), and temperature. In addition, the physical characteristics and natural processes of waterbodies are important aspects of water quality. Examples include stable channels, the transport of nutrients, the volume and speed of the water, the streambed material, and sticks and logs that have fallen into streams naturally.

Forest streams, lakes, and wetlands typically have excellent water quality. Forestry operations that use best management practices can protect these waterbodies' natural ability to support life. By preventing stream sedimentation, such operations can maintain streambed properties and the clean water that allows fish—and the aquatic insects they depend on—to feed and spawn. Leaving trees that shade and provide leaf litter to waterbodies limits changes in water temperature and chemical characteristics that could reduce the ability of some species to survive and reproduce. These are just the most commonly understood examples of how maintaining the properties of water in forests can protect aquatic habitats.

Although water quality is a complex subject, BMPs are intended as relatively simple, practical steps that protect water quality. Most BMPs in this manual address turbidity by keeping sediment out of streams. Several other BMPs preserve the physical integrity of waterbodies and their natural processes. If these issues are addressed, most other aspects of water quality will be protected, too.

KEY ISSUE

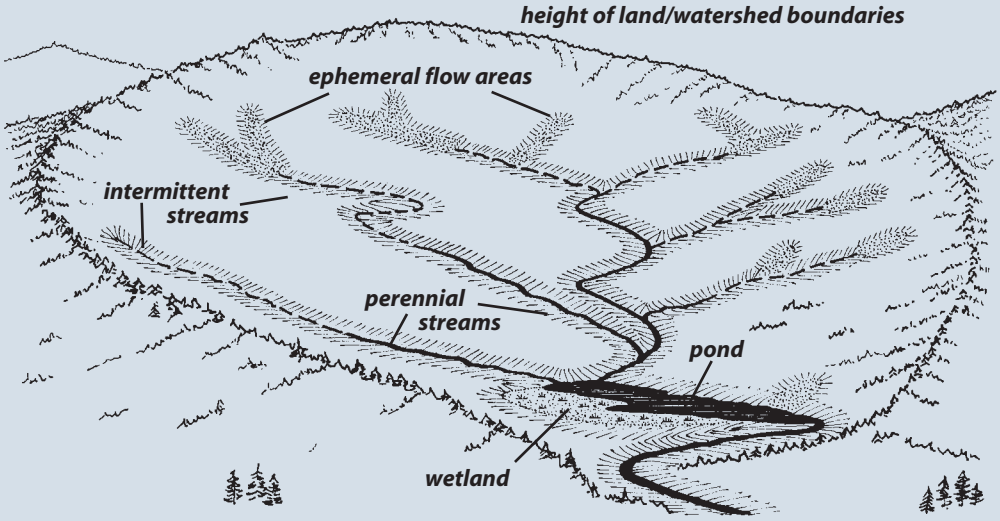
Water Movement

Maine has thousands of lakes and ponds, large areas of forested and non-forested wetland, and thousands of miles of streams and rivers. All these forest waterbodies, and the areas that drain to them, are connected by moving water. Most of the water in the forest comes from rain or snowmelt which is either absorbed into the soil, flows over the ground, or enters stream channels, flowing downhill.

WATERSHED

A **watershed** is all the land and waterbodies from which water drains to a given point. You can define a watershed for an entire lake, for a stream at a crossing site, or for a river where it reaches the ocean. Watersheds range in size from just a few acres (for a small stream), to thousands of acres (for a large river). All land is part of some watershed.

It is critical to understand where water is coming from and draining to in the watershed where logging is planned. The amount of cutting or road construction at higher elevations can affect the amount and timing of runoff at lower elevations within the same watershed. When you know where, when, and how much water flows in the harvest area, you will be able to determine the best locations for roads and trails, and what types of BMPs you will need to control water movement.



The watershed of a pond.

In this manual, "waterbodies" includes streams, rivers, lakes, ponds, and wetlands, as well as coastal areas. BMPs are recommended primarily for those areas where water is at or near the surface (streams, lakes, or wetlands), and where runoff can move directly into surface waterbodies. These waterbodies and related areas are defined and illustrated below.

EPHEMERAL FLOW AREAS

Ephemeral flow areas are small drainage areas that flow into streams, but have no defined, continuous channel. Examples are low-lying depressions, or swales with an intact forest floor. Soils in these areas may quickly become saturated during rainy periods, storms, or snowmelt. Surface water flows in these low areas over saturated soil without forming a channel. Water from ephemeral flow areas may carry sediment or other materials directly into streams. Ephemeral flow areas change in size in response to the soil and weather conditions, and are the proximate source of much of the water that enters small streams.

Ephemeral flow areas are small drainages, with no defined channel, where water flows into streams during wet periods.

STREAMS

Streams are natural water channels that:

- may flow year-round or only part of the year,
- have a defined channel and banks,
- are relatively continuous and connected with larger surface waters, and
- have a streambed where flowing water has exposed the mineral bottom of soil, sand, gravel, ledge, or rock.

Forest streams in Maine vary widely in how much water they carry, how steep they are, the shape of the streambed or channel, how much area they drain, and when they flow. **Perennial streams** flow year-round and range from small brooks to large rivers; **intermittent streams** flow only a few months of the year, and/or during wet seasons.

Streams can vary widely, but all have a defined, continuous channel, a streambed with exposed soil, and carry water at least part of the year.

The **normal high water mark** is the place on the stream bank where the highest water levels typically occur, often during spring runoff. You can identify it from features like undercutting of the bank; a change in the type of vegetation; exposed roots that do not penetrate beyond a certain level; root scars; and water stains on stems, roots, or other vegetation.

One indication of the normal high water mark is undercutting or scouring of the bank.

WETLANDS

Wetlands are areas where soils are saturated or flooded a significant part of the year, and where water-loving plants are often found. Wetland soils usually have developed special characteristics, and often have a significant amount of water moving below the surface.

Forested wetlands are dominated (or potentially dominated) by trees taller than 20 feet. Forested wetlands vary widely in their characteristics, often have relatively little water directly at the surface, and have indistinct borders. They may require considerable expertise to identify. Forested wetlands are often managed for timber, with roads and trails crossing them.

Non-forested or **open wetlands** are not dominated by trees, though they may have some scattered trees, mostly less than 20 feet tall. They have water at or near the surface at least part of the year, and may have a more or less distinct border defined by the surrounding forest. The high water and organic content of wetland soils make them considerably weaker than upland soils and difficult to work in. Non-forested wetlands are not managed for timber, and should be crossed only when they cannot be avoided.

Vernal pools are a type of wetland, typically forested, which provide specialized habitat and deserve special attention. Separate guidelines for protecting vernal pool habitat are available from the Maine Forest Service.

forested wetlands

non-forested wetlands

vernal pools

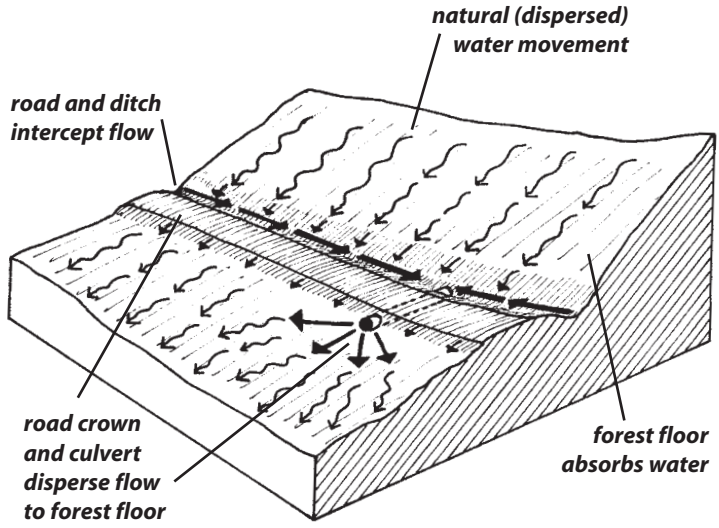
HOW HARVESTING AFFECTS WATER QUALITY

HOW HARVESTING CHANGES WATER FLOW

Forest harvests can directly impact water quality by affecting how water flows through an area. In particular, constructing roads, trails, landings, or drainage systems can:

- **reduce the soil's absorbency.**
  This can occur any time the forest floor is disturbed, removed, compacted, or otherwise damaged.
- **increase soil erosion.**
  The opportunity for soil to be carried away by runoff increases greatly when mineral soil is exposed or fill is used.
- **divert water flows.**
  Roads and trails can block or intercept water moving over or through the soil. The more water that accumulates, the greater the chance that it will form a channel and start eroding soil. Sometimes harvesting can cause streams to erode a new channel by blocking the stream's flow with logs or debris.
- **concentrate water flows.**
  Roads, trails, landings, and their associated drainage structures can collect and funnel runoff, creating rills or gullies. In these situations, water erodes and transports exposed soil in its path.
- **diminish the benefits of vegetation next to waterbodies.**
  Harvesting may reduce shade on the water's surface, reduce the amount of natural woody debris, or eliminate leaf litter that is an important food source for aquatic life. In addition, timber harvests that remove a significant percentage of the trees in a watershed can increase the amount of water moving through the soil into streams, and in some instances, increase flooding.

Usually, it is impossible to avoid disturbing some soil or concentrating some flowing water during a harvest. The important point to remember is to avoid these disturbances as much as possible, and to use BMPs to prevent them from resulting in sedimentation or erosion.



Harvesting operations intercept natural water movement and concentrate it in ditches or on the road/trail surface.

DRAINAGE SYSTEM OR STRUCTURES are all the techniques used to get water off the road, trails, or landing. These can include the road crown, ditches, turnouts, cross-drainage culverts, water bars, etc.

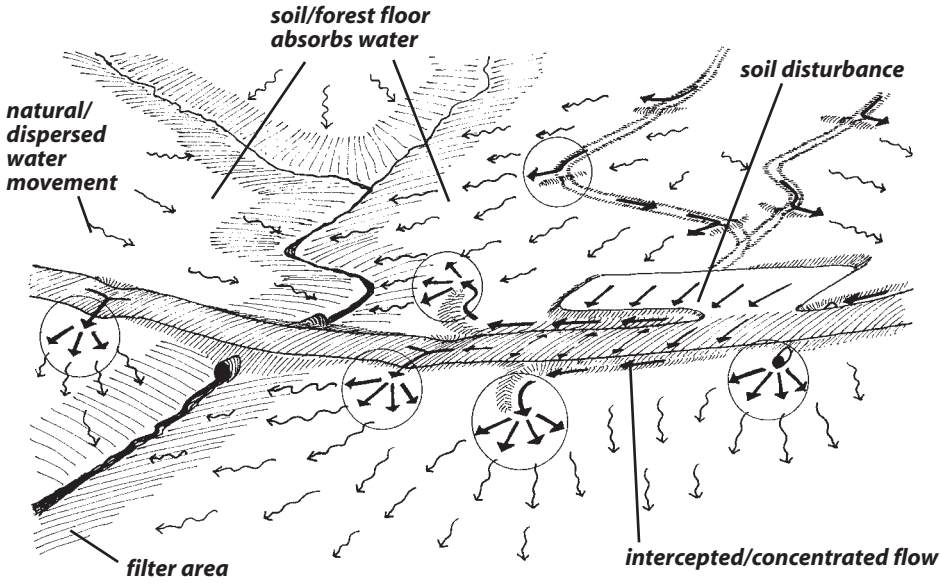
WHAT DO BMPs DO?

BMPs are designed to mimic or protect the natural functions of forests. BMPs can absorb or disperse runoff, retain soil nutrients, filter sediment, prevent large changes in water temperature, and contribute organic material to surface waters.

- **BMPs minimize the risk of sediment and other pollutants getting into waterbodies.** Sediment—soil, dirt, silt, sand, mud—is the primary type of water pollution from forestry operations.

- **BMPs maintain the natural flow of water in streams and wetlands.** They avoid blockages, keep water flowing in its natural path, and prevent damage to the streambed and banks.

- **BMPs protect shoreland vegetation.** Some practices simply preserve enough of the forest so that it continues to function normally: shading the waterbody and stabilizing water temperatures, maintaining the soil's natural functions, and contributing organic matter that serves as habitat and a food source to aquatic plants and animals.



One way BMPs minimize impacts to water quality is by dispersing concentrated water flow. Circles indicate where BMPs disperse flow to the undisturbed forest floor.