Maine Conservation Corps

Day Volunteer Equipment List

The Maine Conservation Corps is committed to safety. You will be expected to wear appropriate clothing, gloves and footwear as outlined below. We will provide you with a hardhat that you will be required to wear. Additional safety equipment, such as ear and eye protection, will be provided as needed, and may be required.

<u>Day Pack</u>: Large enough to carry 2 1-quart water bottles, lunch, raingear, gloves, sunscreen, bug spray and a warm layer.

Work Clothes: Come dressed to work in pants, work shirt, socks, and boots. NO shorts!

<u>Boots</u>: Sturdy, good quality boots are essential. All-leather work boots are recommended. Most hiking boots are sufficient. **NO tennis shoes, trail shoes, sandals, etc.**

Rain Gear: Suitable for construction work. Gore-tex is fine, but be aware that it can tear

Work Gloves: Quality, heavy-duty work gloves, preferably all-leather.

<u>Water Bottles</u>: **2 1-Quart** water bottles. **Bring two**, as the work sites are not always close to water. Plastic juice bottles work well. Please do not bring glass.

<u>Lunch & Snacks</u>: Bring food & snacks for the day! You'll be working hard volunteering and will want to have plenty of food to restore all that energy you'll be using!

Other Items: Bug spray, sunscreen, sunglasses.

MCC work sites are not always located near bathroom facilities; if this is the case, you will be expected to follow Leave No Trace (LNT) Principles.