

Provider Information

Date: 7/13/2011

Agency Name: Central Aroostook ARC

Location: Presque Isle

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Description of Services:

Mission Statement: "We provide people in our programs the highest level of personal development"

Child Development Center

The Child Development Center is licensed developmental therapy program. Children from age 2 to 5 years and younger are provided individual teaching and, if needed, speech therapy, physical therapy and occupational therapy, all on site. With a low student to teacher ratio, we are able to focus on all areas of development, including social, emotional, physical and speech/language as well as cognitive. Our goal at CDC is to provide a smooth transition to the public school or preschool setting. ·

Opportunity Training Center

The Opportunity Training Center is a special purpose private school (grades K-12) that serves students with moderate to severe disabilities from surrounding school districts. Our low student to teacher ratio enables us to offer a varied and individualized curriculum. Teaching focuses on fine and gross motor skills, self help skills and academic development. A fully functional adaptive living skills room provides the opportunity for students to practice those skills needed to increase independence. Activities are provided to promote students' integration into the community. Speech, physical and occupational therapy are available. Our students are prepared for inclusion in public schools and provided with the skills they need to be more independent when they leave OTC.

Residential Services

Central Aroostook ARC is currently providing residential support in three Waiver homes in Presque Isle, one Waiver home in Mapleton and one in Caribou. The agency provides support to individuals in their own homes, apartments, and communities through the Personal/Home Supports Program. Central Aroostook ARC is an oversight agency for Shared Living models of residential placement and currently oversees 9 sites. All residential services emphasize individual growth and independence. Programs are individualized according to each person's personal needs and life goals.

Work Services

Central Aroostook ARC operates three businesses that are committed to employing people with disabilities. One is an enclave at the Presque Isle Recycling Center, the other two are Aroostook Shredding and County Box and Pallet. Work support services are available.

Adult Services

Central Aroostook ARC offers day program services to adults (over 18 years). These individualized programs can include either center based or community based activities. The Program offers activities to promote self maintenance, physical fitness, self motivation, social skills, behavioral skills, safety, problem solving, and knowledge of their community. A pre-vocational program assists individuals with job seeking skills to explore interests and employment opportunities.

Training Department

The Central Aroostook ARC Training Department offers a variety of trainings to people and other agencies who provide supports to individuals with developmental disabilities of all ages. The trainings provided include but are not limited to: Direct Support Professional (DSP), CPR/First Aid, Mandt, Certified Residential Medication Aide (CRMA).