

## Tips for a Successful SIS Interview:

- **Before the Interview**

Think about the supports that are needed.

- \* What type?
- \* How often?
- \* For how much time?

- **During the Interview**

- \* Focus on the supports you need to be successful in current and new situations.
- \* If you don't understand what is being said, ask the interviewer.
- \* If you need a break, tell the interviewer.

- **After the Interview**

- \* Contact your case manager if you want a summary of the results.
- \* Call (207) 287- 4227 if you have questions about the interview.



## For More Information on the SIS Tool go to:

**AAIDD SIS website:** [aidd.org/sis](http://aidd.org/sis)

**OADS website:**

<http://www.maine.gov/dhhs/oads/disability/ds/sis/index.shtml>

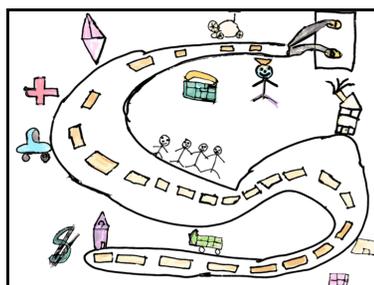
### Questions?

*Contact...*

Office of Aging and Disability Services  
Maine Department of Health & Human Services

41 Anthony Ave., SHS# 11  
Augusta, ME 04333

Call (207) 287-4227

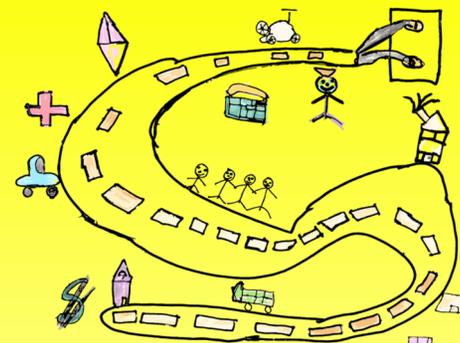


Aging and Disability  
Services  
An Office of the  
Department of Health and Human Services

Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

# Introducing the Supports Intensity Scale (SIS)<sup>TM</sup>



*What You Need to  
Know About the  
SIS in Maine*

*Maine DHHS Office of  
Aging and Disability Services*

# THE SUPPORTS INTENSITY SCALE™

## What is the Supports Intensity Scale (SIS)?

- The SIS is an assessment tool for a person with a developmental disability.
- It is widely used across the country.
- It is a reliable and standard way to assess support needs.
- It determines the help a person needs for everyday living in the community.
- It also determines how often support is needed.
- It is based on a person's strengths and guides Person-Centered Planning.



## How Does the Supports Intensity Scale (SIS) Work?

- A trained interviewer from Gould Health Systems will meet with the person and those familiar with him or her. These people might include family members, advocates, guardians, case managers, and direct care staff.
- The interview will occur in a place where the person is comfortable and there is privacy.
- Interview questions will focus on the person's support needs in various places:
  - \* At home
  - \* With friends in the community
  - \* At school
  - \* At work
- Questions will also focus on health and safety needs and essential medical and behavioral support.
- Interviewers will ask how much support is needed and how often support is needed.



## Why Supporting Individual Success?

- The Supporting Individual Success initiative reflects the core values of the Office of Aging and Disability Services:
  - \* Self-direction,
  - \* Personal choice, and
  - \* Community inclusion.
- The results of each SIS assessment will help determine individual budgets.
- People will choose services according to their interests, desires, and needs.
- Services will be flexible and recognize a person's changing needs throughout his or her life span.



Photo credit: Lauren Gambino, Cronkite News Service