



TRAINING SCHEDULE for SAVVY CAREGIVER PROGRAM
2016 Classes - CURRENT
Updated January 11, 2016

SAVVY CAREGIVER PROGRAM Training provides family caregivers of people with dementia the knowledge and skills essential for successful caregiving. **Participation in the 12-hour training is provided in 6 sessions** at no cost. *Savvy ADVANCED* is an 8 hour training provided in 4 sessions for individuals who have completed the first training. For more information, contact Christine Merchant (207) 287-7134 or Christine.Merchant@maine.gov

	TRAINING SITES and CONTACT INFORMATION	TRAINING DATES and TIMES
A.	Southern Maine (Southern Maine Agency on Aging)	
1.	Southern Maine Agency on Aging 136 US Route One Scarborough Trainer: Jess Winder Contact: Jess Winder 1-800-427-7411 x558	January 7, 14, 21, 28, February 4 and 11 (Thursdays) 1:30 – 3:30 PM
2.	North Yarmouth Academy 148 Main Street Yarmouth Trainer: AnneMarie Catanzano Contact: AnneMarie Catanzano 1-800-427-7411 x545	April 26, May 3, 10, 17, 24 and 31 (Tuesdays) 4 – 6 PM
3.	Southern Maine Agency on Aging 136 US Route One Scarborough Trainer: Lori Campbell Contact: Lori Campbell 1-800-427-7411 x540	April 27, May 4, 11, 18, 25 and June 1 (Wednesdays) 5:30 – 7:30 PM
4.	Southern Maine Health Care Sanford Medical Center 25 June Street Sanford Trainer: Ann O’Sullivan Contact: Ann O’Sullivan 1-800-427-7411 x541	May 19, 26, June 2, 9, 16 and 23 (Thursdays) 5 - 7 PM
5.	Southern Maine Agency on Aging 136 US Route One Scarborough Trainer: Jess Winder Contact: Jess Winder 1-800-427-7411 x558	June 14, 21, 28, July 5, 12 and 19 (Tuesdays) 1:30 – 3:30 PM

6.	York Public Library 15 Long Sands Rd. York Trainer: AnneMarie Catanzano Contact: AnneMarie Catanzano at 1-800-427-7411 x545	September 22, 29, October 6, 13, 20, and 27 (Thursdays) 1:30 – 3:30 PM
B.	Central Maine (Spectrum Generations)	
1.	Cohen Center 22 Town Farm Road Hallowell Trainer: Mary Nicholas To Register: call 207-623-0764	February 2, 9, 16, 23, March 2, 9 and 16 (Tuesdays) 1 – 3 PM
C.	Eastern Maine (Eastern Area Agency on Aging)	
1.	University of Maine-Machias Torrey Hall/Lab 113 Machias This will be an online class with a moderator. Trainer: Josephine Cirrinone Contact: Josephine Cirrinone 1-800-432-7812	Feb 5, 12, 26, March 4, 11, and 18 (Thursdays) 1:00-3:00 PM
2.	Boyd Place Bangor Trainer: Josephine Cirrinone Contact: Josephine Cirrinone 1-800-432-7812	March 16, 23, 30, April 6, 13 and 20 (Wednesdays) 2 – 4 PM
3.	Millinocket area Trainer: Terri Gallant Contact: Josephine Cirrinone 1-800-432-7812	April 22, 29, May 6, 13, 20 and 27 (Fridays) 1 – 3 PM
4.	Dirigo Pines Orono Trainer: Josephine Cirrinone Contact: Josephine Cirrinone 1-800-432-7812	May 4, 11, 18, 25, June 1 and 8 (Wednesdays) 4 – 6 PM
D.	Western Maine (Seniors Plus)	
1.	Education Center, Seniors Plus 8 Falcon Road Lewiston Trainer: Nate Miller Contact: Nate Miller 1-207-513-3712	February 22, 29, March 7, 14, 21 and 28 (Mondays) 2 – 4 PM
E.	Northern Maine (Aroostook Agency on Aging)	
3.	Northern Maine Community College Keegan Room	April 6, 13, 20, 27, May 4 and 11

Presque Isle

Trainers: Sharon Berz & Ruth White

(Wednesdays)

12:30 – 2:30 PM