

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES AROOSTOOK COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773
- MMC Geriatric Center, Scarborough
871-2847

Geriatricians: *Physicians specializing in the care of the elderly.*

Sheelagh Prosser, MD	Pines Health Center, Box 40	Caribou	498-2356
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Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Elizabeth Quayle, MD	7 Hatch Drive	Caribou	498-3141
Jose Tungol, MD	172 Academy	Presque Isle	764-0175

Geriatric Psychiatrists: *Psychiatrists specializing in the care of the elderly.*

Steve Adams, MD	St. Peter's Building, AMHC	Caribou	493-3361
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Neuropsychologists: *Psychologists specializing in neurological disorders.*

none

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Martha Grant	19 Park Street	Presque Isle	764-5636
Richard Langley	263 Main Street	Fort Fairfield	472-3321
Legal Services for the Elderly		1-800-750-5353	
Lawyer Referral and Information Service			1-800-860-1460
Volunteer Lawyers Project			1-800-442-4293

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Respite Care: Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:

Aroostook Agency on Aging 1-800-439-1789 or 764-3396

Support Groups: Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.

Pines Health Care		Caribou	764-3396
Forest Hill Manor		Fort Kent	834-3915
Madigan Estates	93 Military Street	Houlton	532-6593
Aroostook Medical Center		Presque Isle	764-4981
Border View		Van Buren	868-5211

Adult Day Services: Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.

Day Break	59 Bennett Avenue	Caribou	493-4284
Madigan Estates	93 Military Street	Houlton	532-6593
High View Manor	517 Riverview Street	Madawaska	728-3338
Day Break	Church Street	Presque Isle	764-4743

Home Health Agencies: Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.

Aroostook Home Health	22 Birdseye Avenue	Caribou	492-8250
Bridges			1-800-876-9212
Professional Home Nursing	7 Hatch Drive	Caribou	498-3915
Visiting Nurses of Aroostook	Box 688	Caribou	498-2578
Acadia Home Care	60 Presque Isle Street	Fort Fairfield	472-4141
Aroostook Home Health		Fort Kent	492-8250
Visiting Nurses of Aroostook		Fort Kent	834-3918
Aroostook Home Health		Houlton	492-8250
Madison Home Health	93 Military Street	Houlton	532-6593
Visiting Nurses of Aroostook	166 Main St, Suite A2	Houlton	532-9261
Valley Home Health	Main Street	Madawaska	728-4654
Acadia Home Care	72 Industrial Street	Presque Isle	764-3332
Visiting Nurses of Aroostook		Presque Isle	764-5762
Elder Care	33 Davis Street	Presque Isle	764-3396
Senior Domestics	PO Box 1771	Presque Isle	764-5232

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Residential Care / Assisted Living Facilities with Alzheimer's Units: *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Alz	Madigan Estates	93 Military Street	Houlton	532-6593
Alz	High View Manor	40 Riverview Street	Madawaska	728-3338

Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Alz	Caribou Nursing Home	Bernadette Avenue	Caribou	498-3102
Alz	Madigan Estates	93 Military Street	Houlton	532-6593
Alz	High View Manor	40 Riverview Street	Madawaska	728-3338

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
PORTLAND, ME
1-800-660-2871**

This list does not constitute an endorsement or a recommendation.

11/97
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