

## ALZHEIMER'S/DEMENTIA SUPPORT SERVICES KNOX COUNTY

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor  
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor  
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland  
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor  
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773
- MMC Geriatric Center, Scarborough  
871-2847

**Geriatricians:** *Physicians specializing in the care of the elderly.*

Philip Groce, MD	321 Appleton Rd	Union	785-2969
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**Neurologists:** *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Robert Stein, MD	4 Glen Cove Drive	Rockport	596-0031
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**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service	1-800-860-1460
Legal Services for the Elderly	1-800-750-5353
Volunteer Lawyers Project	1-800-442-4293
Esther Barnhart	10 Masonic Street Rockland 594-8400
James Brannan	15 Limerock Street Rockland 595-0554
Carol R. Emery	419 Main Street Rockland 594-8911

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**In-Home Respite:** *Funds are available through the Partners in Caring Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Senior Spectrum 1-800-639-1553 or 622-9212

**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Knox Center for LTC 6 White Street Rockland 594-6800

**Home Health Agencies:** *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Home Resources of ME			1-800-639-3084
Camden Area Dis. Nurses	108 Elm Street	Camden	236-8381
Bridges			1-800-876-9212
Kno-Wal-Lin Home Care	170 Pleasant Street	Rockland	594-9561
Rockland Dist Nrsng Assoc	44 Limerock	Rockland	594-4522
Island's Comm. Med. Ctr.		Vinalhaven	863-4341

**Residential Care/Assisted Living Facilities:** *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Camden Health Care Center	108 Elm Street	Camden	236-8381
Sixty Three Washington St	63 Washington Street	Camden	236-3638
Windward Gardens (AL)	105 Mechanic Street	Camden	236-4197
Pond View Boarding Home	934 River Rd.	Cushing	354-8837
Talbot Home	73 Talbot Avenue	Rockland	594-5971
Lucette's Boarding Home	61 Main Street	Thomaston	354-6746
Seven Tree Manor	Middle Road, Box 628	Union	785-4419
Robins Nest Boarding Home	Main Street	Warren	273-3345
Washington Manor	Route 105	Washington	845-2231

**Nursing Facilities:** *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Camden Health Care Center	108 Elm Street	Camden	236-8381
Windward Gardens	105 Mechanic Street	Camden	236-4197

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Alz	Knox Center for LTC	6 White Street	Rockland	594-2841
	Shore Village Nursing Ctr	201 Camden Street	Rockland	596-6423
	Talbot Home	73 Talbot Avenue	Rockland	594-5971

***FOR MORE INFORMATION CALL:***

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
PORTLAND, ME  
1-800-660-2871**

***This list does not constitute an endorsement or a recommendation.***

11/97

Updated 2/98, 10/98, 5/99, 3/00, 3/01, 12/01, 7/02