

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES PENOBSCOT COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773
- MMC Geriatric Center, Scarborough
871-2847

Geriatricians: *Physicians specializing in the care of the elderly.*

Henry Atkins, MD	78 Ridgewood Dr.	Bangor	947-0768
Dale Walker, MD	302 Husson Ave., Ste.2	Bangor	942-2273
Thomas Hayward, MD	P.O. Box 339	East Corinth	285-3312

Geriatric Psychiatrists: *Psychiatrists specializing in the care of the elderly.*

Jeffrey S. Barkin, MD	498 Essex Street	Bangor	947-0558
Niamh Holohan, MD	498 Essex Street	Bangor	947-0558

Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

David Goodenough, MD	498 Essex Street	Bangor	947-0558
Thaddeus Jozefowicz, MD	268 Stillwater Ave.	Bangor	973-6100
Sally Kirkpatrick, MD	498 Essex Street	Bangor	947-0558
Francis Kitteredge, MD	498 Essex Street	Bangor	947-0558
Stephanie Lash, MD	498 Essex Street	Bangor	947-0558
George Wright, MD	498 Essex Street	Bangor	947-0558
Brian Gallagher, MD	303 Main Street	Orono	866-5561

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Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Ray Bradford	50 Columbia Street	Bangor	947-0173
Cohen & Cohen, PA	22 State Street	Bangor	945-5601
Nathan Dane	205 French Street, Ste. 1	Bangor	947-1144
Clarissa Edelston	P.O. Box 1210	Bangor	947-0111
Edith Richardson, Rudman & Winchell	P.O. Box 1401	Bangor	947-4501
Jane Skelton	209 State Street	Bangor	947-6500
Brent Slater	115 Franklin St., Suite 2A	Bangor	947-6151
Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Volunteer Lawyers Project			1-800-442-4293

In-Home Respite: *Funds are available through the Partners in Caring Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Eastern Agency on Aging	450 Essex Street	Bangor	1-800-432-7812
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Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Westgate Manor	750 Union Street	Bangor	942-7336
First Congregational Church		Brewer	942-7336
Dexter Health Care	64 Park Street	Dexter	924-5516
Colonial Health Care		Lincoln	794-6534

Adult Day Services: *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

Ross Manor	758 Broadway	Bangor	941-8400
Golden Years ADC	44 Perkins Avenue	Old Town	827-7294
Mountain Hts Adult Day Svcs.	83 Houlton Street	Patten	528-2200
Westgate Manor	750 Union Street	Bangor	942-7336
My Friends Place	703 Essex Street	Bangor	945-0122

Home Health Agencies: *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

A Loving Touch	149 Cedar Street	Bangor	990-1995
Apria Healthcare	100 Dowd Road	Bangor	942-5579
Bridges	P.O. Box 2309	Augusta	1-800-876-9212
Bangor Area Visiting Nurses	885 Union St	Bangor	973-6550
Comm. Health & Counseling	P.O. Box 425	Bangor	947-0366
Home Resources of Maine	P.O. Box 358	Gardiner	1-800-639-3084
Hospice of Eastern Maine	412 State Street	Bangor	945-8269
New England Home Health	412 State Street	Bangor	945-3374
Comm. Health & Counseling		Charleston	564-2267
Comm. Health & Counseling		Dexter	564-2267
Comm. Health & Counseling		East Corinth	564-2267
Comm. Health & Counseling		Eddington	947-0366
Comm. Health & Counseling	PO Box 208	Lincoln	794-2001

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Comm. Health & Counseling	Levant	947-0366
Comm. Health & Counseling	Old Town	947-0366
Comm. Health & Counseling	Orono	947-0366
Bangor Area Visiting Nurses	Levant	947-0589

Residential Care/Assisted Living Facilities with Alzheimer's Units: *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Alz	Eastside Rehab & Living Ctr	516 Mt Hope Avenue	Bangor	947-6131
Alz	Ross Manor	758 Broadway	Bangor	941-8400
Alz	Westgate Manor	750 Union Street	Bangor	942-7336

Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Alz	Ross Manor	758 Broadway	Bangor	941-8400
Alz	Westgate Manor	750 Union Street	Bangor	942-7336
Alz	Maine Veterans' Home	44 Hogan Road	Bangor	942-2333
Alz	Brewer Rehab & Living Ctr.	74 Parkway South	Brewer	989-7300
	Colonial Healthcare	P.O. Box 70	Lincoln	794-6534

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
PORTLAND, ME
1-800-660-2871**

This list does not constitute an endorsement or a recommendation.

11/97, Updated 2/98, 10/98, 5/99, 3/00, 11/00, 3/01, 12/01, 7/02