

## **ALZHEIMER'S/DEMENTIA SUPPORT SERVICES SAGadahoc County**

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor  
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor  
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland  
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor  
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773
- MMC Geriatric Center, Scarborough  
871-2847

**Geriatricians:** *Physicians specializing in the care of the elderly.*  
None

**Neurologists:** *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Bernard Vigna, MD	2 Davenport Circle, St3 32 Bath	442-8199
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**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Volunteer Lawyers Project			1-800-442-4293
Linda Wood	12 Court Street	Bath	442-8780
Jane Quirion	60 Main Street	Topsham	725-2477

**In-Home Respite:** *Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Senior Spectrum	1-800-639-1553
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**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

**Adult Day Services:** *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

	Plant Memorial Home	1 Washington Street	Bath	443-2244
Alz	Respite Care	150 Congress Avenue	Bath	729-8571
	Sky-Hy Adult Day Care	32 Sky-Hy Drive	Topsham	725-7577

**Home Health Agencies:** *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Bridges	1-800-876-9212
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**Residential Care / Assisted Living Facilities:** *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

	Eight Hundred Eight High St	808 High Street	Bath	443-9783
	Hillhouse, Inc	166 Whiskeag Road	Bath	443-6301
	Pleasant View Ranch	12 Chestnut Street	Richmond	273-2245
	Three North Pleasant St	3 North Pleasant Street	Richmond	582-8656
	West Gate Estates	49 S Pleasant Street	Richmond	737-4122
	Harlow House	281 Meadow Road	Topsham	725-8495
Alz	The Highlands (AL)	26 Elm Street	Topsham	725-2650

**Nursing Facilities with Alzheimer's Units:** *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Alz	Winship Green Nursing Care	51 Winship Street	Bath	443-9772
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**FOR MORE INFORMATION CALL:**

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
PORTLAND, ME  
1-800-660-2871**

***This list does not constitute an endorsement or a recommendation.***

11/97

Updated 2/98, 10/98, 5/99, 6/00, 3/01, 12/01, 7/02