

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES SOMERSET COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773
- MMC Geriatric Center, Scarborough
871-2847

Geriatricians: *Physicians specializing in the care of the elderly.*

Roger Renfew, MD	48 S Factory Street	Skowhegan	474-0905
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Neurologists: *A referral from a primary care physician is usually required for a neurologist, who specializes in brain disease and disorders.*

none

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Volunteer Lawyers Project			1-800-442-4293
Robert Conkling	Wright & Mills, PA	Skowhegan	474-3324

In-Home Respite: *Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Senior Spectrum			1-800-639-1553
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Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Adult Day Services: *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

Maplecrest Rehab and Living Ctr. 174 Main Street Madison 696-8225

Home Health Agencies: *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Bridges 1-800-876-9212
Healthreach Network 165 North Avenue Skowhegan 474-8082

Residential Care/Assisted Living Facilities with Alzheimer's Units: *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

None

Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

None

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
PORTLAND, ME
1-800-660-2871**

This list does not constitute an endorsement or a recommendation.

11/97

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