

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES WALDO COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773
- MMC Geriatric Center, Scarborough
871-2847

Geriatricians: *Physicians specializing in the care of the elderly.*
None

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service	1-800-860-1460		
Legal Services for the Elderly	1-800-750-5353		
Volunteer Lawyers Project	1-800-442-4293		
Joseph Moser	151 High St	Belfast	338-1330

In-Home Respite: *Funds are available through the Partners in Caring Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Senior Spectrum	1-800-639-1553
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Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Harbor Hill	33 Footbridge Road	Belfast	338-5307
MacLeod Manor	1221 North Main Street	Winterport	223-8812

Adult Day Services: *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

Tall Pines Adult Day Care	34 Martin Lane	Belfast	338-4117
Waldo Cty Adult Day Care	18 Merriam Road	Belfast	338-1190

Home Health Agencies: *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Belfast Public Health Nursing Assoc.	Box 287	Belfast	338-3368
Bridges			1-800-876-9212
Kno-Wal-Lin Home Health Care	147 Waldo Ave, Ste 106	Belfast	338-2002
Waldo County Home Health Care Svs	118 Northport Ave	Belfast	338-2500

Residential Care/Assisted Living Facilities with Alzheimer's Units: *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Alz Harbor Hill (AL)	33 Footbridge Road	Belfast	338-3666
Alz MacLeod Manor	1221 North Main Street	Winterport	223-8812

Nursing Facilities with Alzheimer's Units: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Alz Harbor Hill	33 Footbridge Road	Belfast	338-3666
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FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
PORTLAND, ME
1-800-660-2871**

This list does not constitute an endorsement or a recommendation.

11/97

Updated 2/98, 10/98, 5/99, 3/00, 3/01, 12/01, 7/02