

ALZHEIMER'S/DEMENTIA SUPPORT SERVICES WASHINGTON COUNTY

Alzheimer's Diagnosis and Evaluation: *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor
(207) 973-7094
- AGES Program, University of New England, Biddeford and Portland
1-800-930-2437 and (207) 283-4882
- Memory Clinic, Cary Medical Center, Caribou
(207) 498-3111 ext. 1394
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor
(207) 947-0558
- Gardiner Evaluation Unit, Gardiner
(207) 626-1773
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Machias
(207) 255-8311
- MMC Geriatric Center, Scarborough
871-2847

Geriatricians: *Physicians specializing in the care of the elderly.*

None

Elder Law Attorneys: *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service	1-800-860-1460
Legal Services for the Elderly	1-800-750-5353
Volunteer Lawyers Project	1-800-442-4293

In-Home Respite: *Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Eastern Agency on Aging	1-800-432-7812
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Support Groups: *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

**ALZHEIMER'S/DEMENTIA SUPPORT SERVICES
WASHINGTON COUNTY
Page 2**

Adult Day Services: *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

New Horizons ADC	144 South Street	Calais	454-8436
Campbells Hill ADC	PO Box 254	Cherryfield	546-9752
High Tide Senior Center	2 Kilby Street	Eastport	733-2398
Marshall House Care	P.O. Box 298	Machias	255-3387
Marshall Care Center			255-4789

Home Health Agencies: *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Bridges (Senior Spectrum)			1-800-876-9212
Sunrise County Home Care	South Lubec Road	Lubec	733-5541
Comm. Health & Counseling	Rt Causeway	Machias	255-8311
Comm. Health & Counseling	RR1, Box 339A	Machias	454-2914
Home Resources of Maine	51 Court St.	Machias	1-800-639-3084

Residential Care/Assisted Living Facilities: *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Calais Boarding Home	22 Calais Avenue	Calais	255-8596
Eastport Boarding Home	239 Water Street	Eastport	255-8596
Oceanview Res. Care	48 Washington Street	Lubec	733-4900
Machias Boarding Home	2 North Street	Machias	255-8596
Marshall Assisted Living Ctr.	112 Court Street	Machias	255-3196
Marshall Manor, Inc.	10 Cooper Street	Machias	255-6611

Nursing Facilities: *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Atlantic Rehab & Nursing Ctr.	Palmer Street Ext.	Calais	454-2366
Eastport Mem. Nursing Home	23 Boynton Street	Eastport	853-2531
Sunrise Res. Care Facility	Ocean Street	Jonesport	497-2363
Oceanview Nursing Home	48 Washington Street	Lubec	733-4374
Narragagus Bay Health Care	P.O. Box 309	Milbridge	546-2371

FOR MORE INFORMATION CALL:

**THE ALZHEIMER'S ASSOCIATION
MAINE CHAPTER
PORTLAND, ME
1-800-660-2871**

This list does not constitute an endorsement or a recommendation.

11/97

updated 2/98, 10/98, 5/99, 3/00, 3/01, 12/01, 7/02