

## ALZHEIMER'S/DEMENTIA SUPPORT SERVICES YORK COUNTY

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor  
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor  
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland  
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor  
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773
- MMC Geriatric Center, Scarborough  
871-2847

**Geriatricians and Mental Health Services:** *Physicians and other professionals specializing in the care of the elderly.*

Bruce Bates, DO	11 Hills Beach Road	Biddeford	283-0171
Stephen Doane, MD	28 West Cole Road	Biddeford	283-1325
Robert Cote, MD	25A June Street	Sanford	324-5968
Denise Fuhrmann, CNS		Scarborough	967-2995
Marie Guay, MD	Smith House	York	351-3140

**Neurologists:** *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Douglas T. Brown, MD	5 Hospital Drive	York	363-8700
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**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Wayne Adams	169 Port Road	Kennebunk	967-4900
Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Volunteer Lawyers Project			1-800-442-4293

**Respite Care:** *Funds are available through the **Partners in Caring Program** to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Southern Maine Agency on Aging			1-800-427-7411
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**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

St Andre's	407 Pool Street	Biddeford	282-5171
Atria Kennebunk	One Penny Lane	Kennebunk	985-5866
Huntington Common	1 Huntington Common Dr.	Kennebunk	985-2810, ext. 203
Sacopee Valley Health Center		Kezar Falls	625-8658
Newton Center	10 Hillcrest Drive	Sanford	490-7608
Pavilion Alz. Care Center	35 July Street	Sanford	490-7653
Sentry Hill at York Harbor		York	363-5116
Varney Crossing		North Berwick	676-2242
York Hospital		York	363-4321

**Adult Day Services:** *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

Partners In Caregiving, Inc.	38 May Street	Biddeford	283-1275
Saco River Adult Day	P.O. Box 69, Rt. 1	Waterboro	247-9000
Truslow ADC Facility	333 Lincoln Street	Saco	283-0166
The Pavilion ADC	35 July Street	Sanford	490-7650
Kennebunk Nursing & Rehab	158 Ross Road	Kennebunk	985-7141

**Home Health Agencies:** *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Arcadia Health Care	455 Main St	Springvale	1-800-564-8331
Interim Health Care	62 Portland Road	Kennebunk	985-8586
Kennebunk Health & Home Care	US Route 1, Box 734	Kennebunk	985-4767
Action Nursing Care		Old Orchard Bch	934-3868
Caremark, Inc	15 Saco Avenue	Old Orchard Bch	885-5600
The Nurses Station/Life Church		Saco	1-800-310-9252
Gentiva Health Services	2 Saco Island	Saco	1-800-280-8202
Visiting Nurse Service	15 Industrial Park Road	Saco	284-4566
Home Resource of ME	201 Main Street, Ste. 8	Westbrook	1-800-639-3084
Bridges	P.O. Box 2309	Augusta	1-800-876-9212
Visiting Nurse Service	42 Brickyard Court	York	363-7632
York Hosp. Home Hlth Care	15 Hospital Drive	York	363-4321

**Residential Care and Assisted Living Facilities:** *Residential care and assisted living facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Alz Atria Kennebunk	1 Penny Lane	Kennebunk	985-5866
Alz Huntington Common (AL)	11 Ross Road	Kennebunk	985-2810
Alz The Pavilion at Goodall	35 July Street	Sanford	324-4310
Alz Chancellor Place of Saco (AL)	392 Main St.	Saco	284-0900
Sentry Hill (AL) at York Harbor	PO Box 1400	York Harbor	363-5116

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**Nursing Facilities:** *Nursing facilities serve people serious medical needs. Those indicated have special care units for people with Alzheimer's and other dementias.*

Alz	The Renaissance	355 Pool Street, Box 441	Biddeford	283-3646
Alz	St Andre Health Care	407 Pool Street	Biddeford	282-5171
	Riverridge	79 Cat Mousam Road	Kennebunk	985-3030
Alz	Kennebunk Nursing Home	158 Ross Road	Kennebunk	985-7141
	Homestead, Inc	US Route 1	Kittery	439-2100
Alz	Varney Crossing	47 Elm Street	North Berwick	676-2242
	Evergreen Manor	328 North Street	Saco	282-5161
	Greenwood	1142 Main Street	Sanford	324-2273
	Maine Stay Nursing Home	291 Main Street	Sanford	324-7999
Alz	Newton Center	35 July Street	Sanford	324-4310
	Sanford Health Care Facility	863 Main Street	Sanford	324-6818
	Harbor Home	Norwood Farms Road	York	362-2422

***FOR MORE INFORMATION CALL:***

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
PORTLAND, ME  
1-800-660-2871**

***This list does not constitute an endorsement or a recommendation.***

11/97

Updated 2/98, 10/98, 5/99, 1/00, 3/01, 12/01, 7/02