

**ALZHEIMER'S/DEMENTIA SUPPORT SERVICES  
KENNEBEC COUNTY**

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor  
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor  
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland  
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor  
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773
- MMC Geriatric Center, Scarborough  
871-2847

**Geriatricians:** *Physicians specializing in the care of the elderly.*

Laurel Coleman, MD	40 Glenridge Drive	Augusta	623-2593
Karen Gershman, MD	40 Glenridge Drive	Augusta	623-2593
Roland Knausenberger, MD, FACP	180 KMD	Waterville	872-2900

**Geriatric Psychiatrists:** *Psychiatrists specializing in the care of the elderly.*

Whitney Houghton, MD	402 Water Street	Hallowell	626-5750
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**Neurologists:** *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

Julius Ciembroniewicz, MD	16 Middle St.	Augusta	622-6271
Dr. Pakiam	56 Winthrop Street	Augusta	626-0481
Iain Sanderson, MD	Togus VA	Togus	623-8411
Peter Bridgman, MD	325 E. Kennedy Mem Dr.	Waterville	872-7585
Marvin Eisengart, MD	325 E. Kennedy Mem Dr.	Waterville	873-1990

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**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Advocates for Medicare Patients	72 Winthrop Street	Augusta	621-0374
Lawyer Referral and Information Service			1-800-860-1460
Legal Services for the Elderly			1-800-750-5353
Maine State Bar Association	PO Box 788	Augusta	622-1460
Tobi Leanne Schneider	49 Silver Street	Waterville	873-7755
Tel-Law	124 State Street	Augusta	622-1470
Volunteer Lawyers Project			1-800-442-4293
John Nale	P.O. Box 2611	Waterville	873-4304

**In-Home Respite:** *Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Senior Spectrum	1 Weston Court	Augusta	1-800-639-1553
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**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Alzheimer Care Center	154 Dresden Avenue	Gardiner	626-1769
Gardiner Skilled Nursing Unit		Gardiner	582-4662
Muskie Center	38 Gold Street	Waterville	873-4745

**Adult Day Services:** *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

(Alz)	Alzheimer Care Center	154 Dresden Avenue	Gardiner	626-1770
	Wm.S Cohen Community Ctr	P.O. Box 272	Hallowell	626-7777
	Muskie Ctr Adult Day Prog	38 Gold Street	Waterville	873-4745
	Heritage Rehab	457 Old Lewiston Rd	Winthrop	377-8453

**Adult Social Night Programs:** *Night programs provide structured activities in a safe environment.*

(Alz)	The Twilight Club	Rte. 226, RR9 Box 1560	Chelsea	588-0826
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**Home Health Agencies:** *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Bridges	320 Water Street	Augusta	1-800-876-9212
Griffiths Assoc.	538 Western Avenue	Augusta	621-1125
Healthreach Network	150 Dresden Ave	Gardiner	626-3435
Home Health Svs Hotline		Augusta	621-8222
Home Choice Health Care	Rt. 1 Box 270	Belgrade	495-2072
Hillside Care	21 Warren Street	Hallowell	622-7071
Nursing & Home Care SOS	39 Central Street	Hallowell	623-1655
Care & Comfort	105 Kennedy Mem Dr	Waterville	872-5300
Healthreach Network	212 Main Street	Waterville	873-6880

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Helping Hands	410 China Rd.	Winslow	873-0011
Tebolt & Bolduc	RR3, Box 7230	Winslow	873-3742

**Residential Care / Assisted Living Facilities with Alzheimer's Units:** *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Alz	Alzheimer Care Center	154 Dresden Avenue	Gardiner	626-1770
Alz	Evergreen RCF	141 West River Road	Waterville	861-8002
Alz	RH Dolley Retirement Home	5 Choate Street	Winslow	877-2230

**Nursing Facilities with Alzheimer's Units:** *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Alz	Maine Veterans' Home	RR7, Box 901 Cony Rd	Augusta	622-2454
Alz	Glenridge	40 Glenridge Drive	Augusta	623-2593
Alz	Mt. St Joseph's	7 Highwood Street	Waterville	873-0705

**FOR MORE INFORMATION CALL:**

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
PORTLAND, ME  
1-800-660-2871**

***This list does not constitute an endorsement or a recommendation.***

11/97

Updated 2/98, 10/98, 5/99, 3/00, 3/01, 12/01, 7/02