

## ALZHEIMER'S/DEMENTIA SUPPORT SERVICES LINCOLN COUNTY

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor  
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor  
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland  
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor  
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773
- MMC Geriatric Center, Scarborough  
871-2847

**Geriatricians:** *Physicians specializing in the care of the elderly.*

John Andrews, MD	6 St Andrews Lane	Boothbay Harbor	633-5353
Edward Kitfield, MD	66 Water Street	Wiscasset	882-6008

**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Lawyer Referral and Information Service	1-800-860-1460		
Legal Services for the Elderly	1-800-750-5353		
Volunteer Lawyers Project	1-800-442-4293		
Carl "Chip" Griffin	59 Atlantic Avenue	Boothbay Harbor	633-6300

**In-Home Respite:** *Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Senior Spectrum	1-800-639-1553
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**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Riverside at Chase Point	Damariscotta	563-4625
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**Adult Day Services:** *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

Riverside Adult Day Center 51 Schooner Street Damariscotta 563-4625

**Home Health Agencies:** *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

Bridges			1-800-876-9212
Miles Home Health & Hospice	40 Belvedere Rd	Damariscotta	1-800-636-6125
St Andrews HHA	3 St Andrews Lane	Boothbay Harbor	633-2121
Kno-Wal-Lin	RR 1 Box 83	Damariscotta	563-5119
Miles Home Health	RR 2	Damariscotta	563-4592

**Residential Care/Assisted Living Facilities with Alzheimer's Units:** *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement.*

Alz	Riverside at Chase Point (AL)	Damariscotta	563-4200
Alz	Fieldcrest Manor NH	126 Depot Street Waldoboro	832-5343
Alz	St. Andrews Village "Safe Havens"	145 Emery Lane Boothbay Hrbr	633-0920

**Nursing Facilities with Alzheimer's Units:** *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care.*

Alz	Fieldcrest Manor NH	Depot Street	Waldoboro	832-5343
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**FOR MORE INFORMATION CALL:**

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
PORTLAND, ME  
1-800-660-2871**

***This list does not constitute an endorsement or a recommendation.***

11/97

Updated 2/98, 10/98, 5/99, 3/00, 3/01, 12/01, 7/02