

Co-occurring Integration Initiative

Offices of Substance Abuse, Adult Mental Health and Children's Behavioral Health, Maine Department of Health and Human Services

The Issue:

- ❑ 10 million Americans need treatment for co-occurring mental health and substance abuse conditions in any given year
- ❑ Of those with COD, about 70% do not receive treatment and of those treated, only 19% receive treatment for both conditions
- ❑ COD is highly prevalent in MH and SA populations

The issue in Maine: based on COSII (Co-occurring State Integration Initiative) data, 2005-2010:

- ❑ 71% of those with COD in Maine report monthly income of less than \$1,000
- ❑ 75% had been arrested at least once in their lifetimes
- ❑ 76% suffer from mood disorders
- ❑ 43% exhibited symptoms of impairment from use of drugs, especially alcohol, marijuana and opiates
- ❑ Less than half (49%) feel in control of their lives



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The Office of Substance Abuse Treatment Team is responsible for assisting service providers with the coordination, planning, and implementation of alcohol and drug abuse programs as well as with delivery of co-occurring, integrated care. The Maine Co-occurring Integration Initiative focuses on improving state infrastructure to enhance provider capacity to deliver integrated behavioral health services at all levels of care.

Program Goals:

- ❑ Identify standardized screening and assessment protocols
- ❑ Develop complementary regulatory standards
- ❑ Improve agency/ provider treatment competence
- ❑ Enhance financial incentives for integrated care
- ❑ Enhance capacity for data and information sharing

Priority Populations:

Youth, adults and families who have any combination of mental health, substance use and other complex conditions, including medical concerns

Program Activities:

- ❑ Develop Department Policy related to Integrated Services
- ❑ Identify and implement standardized screening tool statewide.
- ❑ Require Co-occurring capability in all provider contracts
- ❑ Provide integrated language to be included in all agency licensing regulations.
- ❑ Implement data collection related to prevalence of COD in Maine.
- ❑ Create agency self assessment
- ❑ Support 30 pilot sites in becoming co-occurring capable and treating project enrollees from an integrated perspective
- ❑ Develop and provide technical assistance and trainings on integration
- ❑ Develop learning communities among providers and other COSIG States
- ❑ Organize and facilitate work groups and committees focusing on Clinical Practices, Workforce Development, Consumer Concerns, finances
- ❑ Partner with other Department and provider stakeholders on strategies to increase awareness of the importance of integration across the Department
- ❑ Strengthen the connection between Offices of Substance Abuse and Adult Mental Health

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