

Office of Substance Abuse Information & Resource Center Maine Department of Health and Human Services

In FY 2009, the IRC:

- Distributed over 181,000 items.
- Responded to more than 2,200 requests for information. The most highly requested topics were:

Treatment Services

Alcohol

Opiates/Heroin/Methadone

Parent Information

- Added over 229 new items to the collection.
- Provided a staffed information table at 32 conferences statewide.



Paul R. LePage, Governor

Mary C. Mayhew, Commissioner

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For more information:

www.maineosa.org/irc

The Maine Office of Substance Abuse (OSA) is the single state administrative authority responsible for the planning, development, implementation, regulation, and evaluation of substance abuse services.

The Office provides leadership in substance abuse prevention, intervention, and treatment. Its goal is to enhance the health and safety of Maine citizens through the reduction of the overall impact of substance use, abuse, and dependency.

Information and Resource Center (IRC): The IRC serves Maine citizens statewide. Substance abuse books, videos and pamphlets can be searched using the online library catalog at:

www.maineosa.org/irc

Library materials are available on loan, and pamphlets and other publications are distributed free of charge. IRC staff supports a toll-free number in which they provide substance abuse information to the public, as well as refer callers seeking treatment services to licensed treatment agencies. A list of support group meetings throughout the state is maintained. The IRC serves as the distribution center for the Maine Youth Suicide Prevention Program and the Partnership for a Tobacco-Free Maine, Maine CDC.

IRC Services: Use of IRC services is free to the public. The only cost to use the IRC is postage to return borrowed items.

- **Books:** This is a collection of consumer and professional materials, including sample curricula. 3 week loan to any individual.
- **Pamphlets & Posters:** We have an assortment of pamphlets and posters on substance abuse topics for both treatment and prevention. Availability and quantities vary.
- **Videos & DVDs:** These are loaned to Maine schools, hospitals, treatment facilities, law enforcement agencies, churches, businesses, civic groups, self-help groups and other organizations for use in their prevention, education, and treatment programs.
- **Information:** We provide literature searches and general research assistance.
- **Outreach:** We staff information tables at selected professional conferences and community-wide health fairs. We send materials for distribution at smaller venues.
- **Publications:** Publications issued by the Office of Substance Abuse and other selected agencies are available free from the IRC. They can also be accessed on the OSA web site. Requests for printed copies can also be filled if supplies allow.

Population Served: Individuals, schools, colleges, treatment agencies, correctional facilities, hospitals, businesses and organizations throughout Maine.

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