

# VIDEOS

## from the Maine Office of Substance Abuse INFORMATION & RESOURCE CENTER

### How do I find out what **videos** are available?

It's easy. Just follow these steps:

1. Go to our online catalog: <http://osairc.informe.org/> (Basic search screen)
2. Click on the words **SEARCH VIDEOS**
3. Using the **video subject headings** provided on the back of this sheet, conduct a *Subjects begins with* search.

This search would find all videos on the subject *steroids*.

<input checked="" type="checkbox"/>	begin with		
<input type="checkbox"/>	contain		
Find: <input type="text" value="Subjects"/>	that <input type="checkbox"/>	closely match the word(s) <input type="text" value="steroids"/>	<input type="button" value="Search"/>
<input type="checkbox"/>	stem from		
<input type="checkbox"/>	sound like		

### How do I **limit** a search to **videos** for a **specific audience**?

1. Select Combination search.
2. Type a subject (as a subject) in the 1<sup>st</sup> search block and an audience level (as a note) in the 2<sup>nd</sup> search block. Audience levels: **Prim, Elem, Jr, Sr, Adult, College, Prof**

Find :	<input type="text" value="alcohol"/>	as a	<input type="text" value="Subject"/>	(Term 1)	<input type="button" value="Search"/>
<input checked="" type="checkbox"/>	and	<input type="checkbox"/>	or	<input type="checkbox"/>	not
	<input type="text" value="elem"/>	as a	<input type="text" value="Note"/>	(Term 2)	
<input checked="" type="checkbox"/>	and	<input type="checkbox"/>	or	<input type="checkbox"/>	not
	<input type="text"/>	as a	<input type="text" value="Subject"/>	(Term 3)	

The above search would find videos on **alcohol** geared to **elementary** aged students. Audience levels serve as general guidelines. We recommend previewing all videos to determine appropriateness for your audience.

Prim = K-2, Elem=3-5, Jr = 6-8 Sr = 9-12, Adult , College, Prof=videos for professional training

## VIDEO SUBJECT HEADINGS

Addictions/Other	Emotions	Steroids
Adolescent Use, Abuse and Dependencies	Employee Assistance Programs	Stress/Depression
Adult Children of Alcoholics	Family-Alcohol/Drug Dependency	Suicide
AIDS/HIV	Fetal Alcohol and Drug Effects	Tobacco
Alcohol	Firearms	Toleration ( <i>defined as respect for others, diversity, dealing with prejudice</i> )
Alcohol/Drug Dependency	Gambling	Violence/Conflict Resolution
Amphetamines	Impaired Driving	Violence/Child Abuse
Athletics	Inhalants	Violence/Dating
Bullying	Marijuana	Violence/Domestic
Children of Alcoholics	Mental Illness/Mental Health	Violence Prevention
Cocaine	Native Americans	Women
Codependency	Opiates/Heroin	<b>Additional TERMS</b> (also assigned if applicable):
Communication	Parenting	Open Captioned
Corrections	Peer Pressure/Peer Resources	Closed Captioned
Decision Making	Prevention	Signed
Drugs	Recovery/Treatment	Study Guide
Dual Diagnosis	Risk/Resiliency/Protective Factors	Maine Office of Substance Abuse ( <i>created by</i> )
Eating Disorders	Self Esteem/Self Awareness	Spanish Language
Education	Self Help	
Elderly		

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### How do I order videos? There are 5 ways to place an order:

1. Call us toll-free at 1-800-499-0027 or on our TTY at 1-800-215-7604
2. E-mail a request to [osa.ircosa@maine.gov](mailto:osa.ircosa@maine.gov)
3. Fill out the online request form available on our web site: <http://maineosa.org/irc/>
4. Fax a request to 207-287-8910.
5. **NEW! Schedule videos yourself** using our online booking system. **Call for details.**

Please do not hesitate to contact us for any assistance in using our system or finding the resources you need.