

Substance Abuse Prevention

Resource Directory of

Trainers and Speakers

in Maine

October 2004

Some entries updated 10/09

Using the Directory

What is this Directory?

This directory is an alphabetical listing of providers of services across the State of Maine. They provide an assortment of trainings, workshops, technical assistance and speakers in seventeen prevention categories plus an interesting combination of "other" related topics. The *Directory* also identifies where in the state these organizations and individuals will provide their services, and if there are related expenses. Now you can find some answers to:

- Who provides . . .
- What services . . .
- Where . . .
- And for how much.

How do I use the Directory?

To find a resource, look through the Resource Directory Index at the front of the Directory. All providers are listed alphabetically under broad topic areas, such as Family Dynamics and Violence Prevention. You will find the names of the individuals, the organizations they are affiliated with, if any, and the titles of their particular presentations. If a providers services fall under more than one heading, he or she will be listed more than once.

When you find a provider who interests you, go to the body of the document, and find that individual/organization in alphabetical order. The resource pages for each person include contact and fee information, a description of the service and other details.

Please contact the providers directly for the particulars of services and any related costs.

Can other resources be added?

New additions, deletions and corrections can be submitted to the Office of Substance Abuse by using the *Additions and Changes* form provided in the back of this document.

Who can I contact for more information or for assistance?

Office of Substance Abuse
Information and Resource Center
41 Anthony Ave.
11 State House Station
Augusta, ME 04333-0011

Ph: (Toll Free in Maine): 1-800-499-0027 or 207-287-8900

TTY (Toll Free in Maine): 1-800-215-7604 or 1-800-606-0215

Fax: (207) 287-8910 **E-Mail:** osa.ircosa@maine.gov **Web:** <http://www.maineosa.org>

Listing of resources in this Directory should not be construed or interpreted as an endorsement by the Office of Substance Abuse (OSA).

In accordance with federal and state laws, the Maine Office of Substance Abuse, DHHS, does not discriminate on the basis of disability, race, color, creed, gender, age or national origin in admission or access to treatment, services or employment in its programs and activities.

This information is available in alternate formats upon request.

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Substance Abuse Prevention
Resource Directory of
Trainers and Speakers
In Maine

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- III: Resources Listed in Alphabetical Order
(Organizations Listed First – Followed by Individuals)
- IV: Additions & Changes Form

Directory Index

Adolescent Chemical Dependency

Name	Organization	Title
Lakari, Carl	Project Aware/Carl Lakari Inc	Youth Empowerment Workshops
Smith, Barbara M.Ed.		Alcoholism and the Teenage Brain: How Kids Get Addicted

Adventure Based Prevention Program

Name	Organization	Title
Barker, Linda B.A.	South Portland Police Department	Adventure Based Activities
Cross, Dave	Action Learning Consultants	Introductory/Advanced Action learning Concepts
Dowling, Kevin LSW		Team Building/Decision Making
Drug Demand Reduction Progra	Maine National Guard-Dept. of Defense, Veteran's & Emergency Management	Adventure Program
Sauffer, Chuck	Bullyfree ME	Adventure Based Prevention Program

Asset Development

Name	Organization	Title
Duffey, Tim	Common Ground in Prevention	Asset Development
Sterling, Lauren	Governor's Children's Cabinet	The Asset Approach to Positive Youth Development

Family Dynamics

Name	Organization	Title
	Mid Coast Hospital, Addiction Resource Center	Family Dynamics
Roy, Laurent B.	Community Family Consultant	Supporting Successful Parenting
Smith, Barbara M.Ed.		Alcoholism and the Family

Grant Writing

Name	Organization	Title
Barker, Linda B.A.	South Portland Police Department	Grant Writing
Lakari, Carl	Project Aware/Carl Lakari Inc	Non-Profit Capacity Building and Grant Writing Services
Sterling, Lauren	Governor's Children's Cabinet	Grant Writing

Interactive Theater

Name	Organization	Title
	Improbable Players	Substance Abuse Education
	Young Adult Abuse Prevention Program (YAAPP)	Middle School Presentations
	Young Adult Abuse Prevention Program (YAAPP)	High School Presentations
Dowling, Kevin LSW		Interactive Theater/Social Drama
Plourde, Cathy	ADD Verb Productions Arts & Education	Interactive Theater

Mentoring

Name	Organization	Title
	University of Maine Cooperative Extension	Teen Parent Program
Sterling, Lauren	Governor's Children's Cabinet	College/Community Mentoring

Other -

Name	Organization	Title
	Maine Association of Child Abuse & Neglect Councils	Utilization of Focus Groups
	Center for Grieving Children	Grief & Loss/Crisis Intervention
	AdCare Educational Institute of Maine	Youth Empowerment and Policy Group

Other -

Name	Organization	Title
	Maine Center for Disease Control & Prevention	Healthy Maine
	Maine Center for Disease Control & Prevention	
	Maine Center for Disease Control & Prevention	Healthy Maine
	Maine Youth Action Network	Regional Trainings
Armstrong, Jean		Stories of Transformation
Berger, Tim	LISTEN	
Drug Demand Reduction Progra	Maine National Guard-Dept. of Defense, Veteran's & Emergency Management	
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Educator Programs
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Student Programs
Kempe, Martha	The Community School	Alternative Education
McWilliams, Sheryl S. MPH, RN	Parkview Adventist Medical Center	Lifestyle Choices
McWilliams, Sheryl S. MPH, RN	Parkview Adventist Medical Center	Understanding Stress and How to Deal With It.
Nichols, Helen	Community School	Alternative Education
Pecukonis, Stephen	HRD Associates	Group Dynamics
Perry, Robert E.		HIV/AIDS Education
Rudoff, Fran	KIDS Consortium	KIDS as Planners: Implementing Service Learning
Rudoff, Fran	KIDS Consortium	KIDS as Planners:Implem enting Service Learning
Rudoff, Fran	KIDS Consortium	KIDS as Planners: Implementing Service Learning
Stern, Kate Executive Director	York County Child Abuse & Neglect Council, Inc.	Child Abuse Prevention Program
Stevens, Jeri LCPC	Chandler Bay Resources	Communication Skills
Stevens, Jeri LCPC	Chandler Bay Resources	Stress: The Ultimate Toxin
Tash, Renee	Mayo Regional Hospital	Be Proud Be Responsible
Tash, Renee	Mayo Regional Hospital	"Get Real About AIDS" HIV/AIDS Prevention
Vassallo, Andrea	Healthy Kids	Recognizing & Reporting Abuse

Parenting for Prevention

Name	Organization	Title
	Maine Association of Child Abuse & Neglect Councils	Parenting for Prevention
	University of Maine Cooperative Extension	Parents are Teachers, Too
Duffey, Tim	Common Ground in Prevention	Parenting for Prevention
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Parent Programs
Smith, Barbara M.Ed.		Parenting for Prevention
Stern, Kate Executive Director	York County Child Abuse & Neglect Council, Inc.	
Stevens, Jeri LCPC	Chandler Bay Resources	Parents Working With Schools
Troy, Carol	The Women's Project at PROP	Alcohol-Related Birth Defects
Troy, Carol	The Women's Project at PROP	Your Children and You in Early Recovery
Vassallo, Andrea	Healthy Kids	How to Talk so Kids Will Listen
Vassallo, Andrea	Healthy Kids	Safe Touch/Problem Touch
Vassallo, Andrea	Healthy Kids	Dignified Discipline Class

Resiliency

Name	Organization	Title
Duffey, Tim	Common Ground in Prevention	Resiliency
Grant, Bob	Camp Kieve/The Leadership Decisions Institute	Resiliency Training
Judkins, Randy B.S.	R. Judkins "EnterSURprises"	Full Esteem Ahead
Rudoff, Fran	KIDS Consortium	Service Learning as a Strategy for Resiliency

Self-destructive Behavior

Name	Organization	Title
Dutil, Linda R.N.		"A Dose of Reality"

Smoking Prevention

Name	Organization	Title
	Maine Center for Disease Control & Prevention	Healthy Maine
Barker, Linda B.A.	South Portland Police Department	Smokeless Saturday Program
Dutil, Linda R.N.		"A Puff of Reality"
McWilliams, Sheryl S. MPH, RN	Parkview Adventist Medical Center	Breathe Free Plan to Quit Smoking
Plourde, Cathy	ADD Verb Productions Arts & Education	Butt of Course
Tash, Renee	Mayo Regional Hospital	N.O.T. Program

Substance Abuse Education for Staff/Other Adults

Name	Organization	Title
	Mid Coast Hospital, Addiction Resource Center	Substance Abuse Education for Staff
	Maine Criminal Justice Academy-DITEP	Drug Impairment Training for Education Professionals
Bailey, Aaron	Brunswick Police Department	
Goggins, Carl F. Jr. CCDC, DAC	Straight Talk	Substance Abuse
Miller, Rebecca RN, CSPI	Northern New England Poison Center	Substance Abuse Education for Staff/Other Adults
Smith, Barbara M.Ed.		Substance Abuse Education
Smith, Barbara M.Ed.		Alcohol Abuse: Its Effect on the Family
Tash, Renee	Mayo Regional Hospital	Here's Looking At You
Troy, Carol	The Women's Project at PROP	Fetal Alcohol Syndrome/Fetal Alcohol Effects (FAS/FAE)
Troy, Carol	The Women's Project at PROP	Prescription Drug Abuse

Suicide Prevention

Name	Organization	Title
Williams, Linda	Medical Care Development	Youth Suicide Prevention & Gatekeeper Training

Talking to Kids About Drugs (For Parents)

Name	Organization	Title
Smith, Barbara M.Ed.		Talking to Kids About Alcohol & Drugs

Violence Prevention

Name	Organization	Title
	New Hope For Women	Domestic and Dating Violence Project
	Maine Association of Child Abuse & Neglect Councils	Child Abuse & Prevention Related Issues
	WomanCare	Violence Prevention
	Next Step	Domestic Violence Project
	Family Crisis Services	
	Caring Unlimited	
	Abused Women's Advocacy Project	
	Young Adult Abuse Prevention Program (YAAPP)	Faculty/Staff Training
	Young Adult Abuse Prevention Program (YAAPP)	Youth Educator Program
	Rape Response Services	Sexual Assault Crisis Center
	Family Violence Project	Domestic Violence Prevention
Armstrong, Jean		Bullying
Davis, Stan	Stop Bullying Now	Stop Bullying Now
Hall Dreher, Susan MHSA	Sexual Assault Support Services of Midcoast Maine	Sexual Harassment and/or Sexual Assault Prevention.
Kennedy, Ed LSW	Jaycee Crime Prevention	Jaycee Crime Prevention Program
Luce, James L. SGT.	Maine State Police	First Responder to Critical Incident
Luce, James L. SGT.	Maine State Police	Violence In The Workplace
Luce, James L. SGT.	Maine State Police	Dealing with a Suicidal Person
Marble, Katherine	Healthy Community Coalition	Peace in our Families.
McIntyre, Marty	Sexual Assault Crisis Center	Sexual Harassment: Awareness and Response
Meo, Darcy	Sexual Assault Crisis Center	Violence Prevention
Plourde, Cathy	ADD Verb Productions Arts & Education	You the Man
Roberts, Kim	Maine Coalition to End Domestic Violence	Maine Coalition to End Domestic Violence
Saufler, Chuck	Bullyfree ME	Violence Prevention Program
Saufler, Chuck	Bullyfree ME	Bullying Prevention
Stark, Francine	Spruce Run Association	Domestic Violence Project

Abused Women's Advocacy Project
P.O. Box 713
Auburn, ME 04210-0713

Regions Served: Oxford / Androscoggin / Franklin

Home Phone #:
Work Phone #: (207) 795-6744
Toll Free #:
Fax #: (207) 795-6814
TTY #:
Email: awap@awap.org

Fee: Yes
Negotiable
Travel Expenses: No
Other Charges: No

Web Page: www.awap.org

1 Topic Area: Violence Prevention

Name: Domestic Violence Project

Description Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.

Service Training or Workshop
 Speaker
 Technical Assistance

The Maine Coalition to End Domestic Violence was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. MCEDV consists of a state office and member projects, which together provide direct services (a 24-hour hotline system at each project; emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine.

Notes:

AdCare Educational Institute of Maine
75 Stone St.
Augusta, ME 04330

Regions Served: All of Maine

Home Phone #:	Fee:	No
Work Phone #: (207) 626-3615		
Toll Free #: (800) 886-3933	Travel Expenses:	Yes
Fax #: (207) 621-2550	Other Charges:	No
TTY #:		
Email: mhaywood@neias.org		
Web Page: www.neias.org/YEP		

1	Topic Area: Other -	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Youth Empowerment and Policy Group		<input checked="" type="checkbox"/> Speaker
	Description		<input type="checkbox"/> Technical Assistance
	This is a group of high school and college age youth who are aggressively working on improving underage drinking law enforcement in the state of Maine and who can provide youth led workshops on how to improve the enforcement of underage drinking laws.		

The Youth Empowerment and Policy Group was established in 2001. The group has made some major impact on underage drinking in relation to athletic policies in schools, with the document they developed passing through legislature for the Dept. of Ed. To look at. This year they have already made several steps in implementing the new document that focuses on underage drinking and law enforcement.

Notes:

Caring Unlimited
P.O. Box 590
Sanford, ME 04073

Regions Served: York

Home Phone #:
Work Phone #: (207) 490-3227
Toll Free #: (800) 239-7298
Fax #: (207) 490-2186
TTY #:
Email: caring@gwi.net

Fee: No
Other

Travel Expenses: No
Other Charges: No

Web Page: www.caring-unlimited.org

- 1 Topic Area:** Violence Prevention **Service** Training or Workshop
Name: Domestic Violence Project Speaker
 Technical Assistance
Description Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.

Caring Unlimited, York County's Domestic Violence Program was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. Caring Unlimited provides direct services (a 24-hour hotline, emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine.

Notes:

Center for Grieving Children
P.O. Box 1438
Portland, ME 04104

Regions Served: All of Maine

Home Phone #:
Work Phone #: (207) 775-5216 106
Toll Free #:
Fax #: (207) 773-7417
TTY #:
Email: patricia@cgcmaine.org
Web Page: www.cgcmaine.org

Fee: Yes
Negotiable
Travel Expenses: Yes
Other Charges: Yes

1 **Topic Area:** Other -

Name: Grief & Loss/Crisis Intervention

Description The outreach program provides education, assistance, training and networking to schools, businesses and communities. Workshops are provided on such topics as grief and loss, talking to children about death or life threatening illness, developing a school or business crisis plan. Training on our Peer Support Model used to run our groups is also available. We are part of a national network which includes six Centers in Maine. Other programs provide peer support groups to families who are grieving the death or coping with the life threatening illness of a family member or friend. We also run peer support groups in collaboration with two Portland schools for children from war-torn countries. In addition, we respond to current events, for example this year we are providing some Sunday afternoons of outreach to military families where one or more parents have been deployed.

Service Training or Workshop
 Speaker
 Technical Assistance

The Center for Grieving Children has a 16 year history working with children and their families when someone in their family has died or has been diagnosed with a life threatening illness.

Patricia Ellen is Assistant Program Director at the Center for Grieving Children. She has a B.A. and M.A. in education with over 25 years of experience in designing and presenting workshops. Patricia participated in a week long cultural competency training. She is also trained as an interfaith minister and a body-mind counselor. She has been on staff for over three years.

Anne Lynch is Executive Director at the Center for Grieving Children. She graduated with a B.A. in Business and a post graduate diploma in Education with over 15 years teaching experience in Ireland and the U.S. She was a volunteer facilitator at the Center for 3 years and has been a staff member for 8 years.

Notes:

Family Crisis Services
P.O. Box 704
Portland, ME 04104

Regions Served: Cumberland, Sagadahoc

Home Phone #:	Fee:	No
Work Phone #: (207) 767-4952		Negotiable
Toll Free #: (207) 767-8109	Travel Expenses:	No
Fax #:	Other Charges:	No
TTY #:		
Email:		

Web Page: www.familycrisis.org

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|----------|--|----------------|--|
| 1 | Topic Area: Violence Prevention | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Domestic Violence Project | | <input checked="" type="checkbox"/> Speaker |
| | Description Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools. | | <input checked="" type="checkbox"/> Technical Assistance |

Family Crisis Services was founded in 1977 to help battered women and their children. We provide direct services, 24 hr hotline, emergency shelter, referrals and information, court advocacy, support groups, monitoring of batterer's education programs, as well as public information, training for law enforcement agencies, medical professionals and state and local entities in Cumberland and Sagadahoc Counties.

Notes:

Family Violence Project
P.O. Box 304
Augusta, ME 04332-0304

Regions Served: Kennebec / Somerset

Home Phone #:	Fee:	Yes
Work Phone #: (207) 623-8637		
Toll Free #:	Travel Expenses:	No
Fax #:	Other Charges:	No
TTY #:		
Email: fvpmail@mint.net		
Web Page: http://home.gwi.net/~circle/fvp/		

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Domestic Violence Prevention		<input checked="" type="checkbox"/> Speaker
	Description: Provides education, shelter, advocacy and intervention services. Some children's services are also provided.		<input checked="" type="checkbox"/> Technical Assistance

The Family Violence Project is an independent, nonprofit organization dedicated to serving the special needs of women, children, and men who are experiencing domestic abuse. Our services to families and individuals are free. Businesses and institutions are asked to pay a fee for educational trainings or presentations. The Somerset County office phone number is 474-8860.

Notes:

Improbable Players
P.O. Box 746
Watertown, MA 02471-0746

Regions Served: All of Maine

Home Phone #: **Fee:** Yes
Work Phone #: (617) 926-8124
Toll Free #: (800) 437-4303 **Travel Expenses:** Yes
Fax #: (617) 926-8315 **Other Charges:** No
TTY #:
Email: players@improbableplayers.org
Web Page: www.improbableplayers.org

1	Topic Area: Interactive Theater	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Substance Abuse Education		<input checked="" type="checkbox"/> Speaker
	Description		<input checked="" type="checkbox"/> Technical Assistance

The Improbable Players offer eight different plays that spotlight tough social problems as they relate to substance abuse: alcoholism in the family, relationship violence, HIV/AIDS, elderly health issues and many others. All of the actors and staff of The Improbable Players are in recovery from alcohol or other drug abuse. The Improbable Players also offer a variety of role-play workshops customized for your organization's/school's needs.

In 1984, a unique group of professional actors, who were also recovering alcoholics and addicts, formed a touring theater company with the goal of spreading the word of hope and recovery from substance abuse. The Improbable Players are highly regarded as pioneers in the use of drama in prevention. Their original show, "I'll Never Do That!" has played to over a quarter of a million people in schools from elementary to college, community organizations, businesses, and conferences nationwide. The Improbable Players are often tapped to create new works for professional conferences and training sessions about the impact of substance abuse on the workplace, elderly problems with domestic abuse, and the judicial system, among others.

Notes:

Maine Association of Child Abuse & Neglect
Councils
62 Portland Rd. #15
Kennebunk, ME 04043

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 985-5975
Toll Free #: **Travel Expenses:** Yes
Fax #: (207) 985-1758 **Other Charges:** No
TTY #:
Email: kates@yccanc.org

Web Page: www.youthalternatives.org

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- | | | |
|----------|---|---|
| 1 | Topic Area: Parenting for Prevention
Name: Parenting for Prevention
Description: Reaching out to parents in creative ways to provide education and support. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Violence Prevention
Name: Child Abuse & Prevention Related Issues
Description: Training available in identifying, reporting and mobilizing the community to prevent child abuse. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Other -
Name: Utilization of Focus Groups
Description: Provides education and training for facilitators to organize and conduct focus groups for the purpose of getting consumer feedback. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Kate Stern offers extensive experience in the area of training, community education, and mobilizing the community around issues of child abuse. She is the President of the Maine Association of Child Abuse Councils, and can refer callers to their local resources on child abuse prevention.

Notes:

The community and school health coalitions provide referrals to trainers or speakers on physical activity, nutrition and tobacco. To locate the partnership in your area, visit the Health Maine web site at: <http://www.healthymainepartnerships.org>

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Notes:

Maine Criminal Justice Academy-DITEP
15 Oak Grove Road
Vassalboro, ME 04989

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 877-8009
Toll Free #: **Travel Expenses:** No
Fax #: **Other Charges:** No
TTY #:
Email: James.A.Lyman@maine.gov

Web Page:

- 1 **Topic Area:** Substance Abuse Education for Staff/Other Adults **Service** Training or Workshop
Name: Drug Impairment Training for Education Professionals Speaker
Description: The goal of DITEP is to enable education professionals to identify chemically impaired individuals and types of drugs for the purpose of ensuring a safe learning environment. Participants in this seminar will be better able to recognize substances of abuse and impaired individuals and be able to make referrals utilizing the appropriate resources. Technical Assistance

Contact James Lyman for Drug Impairment Training for Education Professionals (DITEP) availability in your area.

Notes:

Maine Youth Action Network
510 Cumberland Ave.
Portland, ME 04101

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 874-0060
Toll Free #: **Travel Expenses:** No
Fax #: (207) 874-1155 **Other Charges:** No
TTY #:
Email:
Web Page: www.myan.org

1 **Topic Area:** Other - **Service** Training or Workshop
Name: Regional Trainings Speaker
 Technical Assistance
Description MYAN is working with Healthy Maine Partnerships (HMP) to provide local Youth Advocacy Programs (YAP) with ongoing training and technical assistance. MYAN will work with YAP coordinators and youth to build and develop strong peer advocacy programs.

Notes:

Mid Coast Hospital, Addiction Resource Center
66 Baribeau Drive
Brunswick, ME 04011

Regions Served: Cumberland, Waldo / Knox / Lincoln / Sagadahoc

Home Phone #: **Fee:** No
Work Phone #: (207) 373-6950
Toll Free #: **Travel Expenses:** No
Fax #: (207) 373-6959 **Other Charges:** No
TTY #:
Email: mhylen@midcoasthealth.com

Web Page:

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- | | | |
|----------|--|--|
| 1 | Topic Area: Family Dynamics
Name: Family Dynamics
Description: How are families profoundly affected by drug and alcohol abuse? What is the genetic piece? How can families rebuild? Families have tremendous power, how can it be mobilized? | Service <input type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Substance Abuse Education for Staff/Other Adults
Name: Substance Abuse Education for Staff
Description: Training will offer an overview of the general issues within chemical dependency. It will identify the stages of use, describe the signs and symptoms and address themes in treatment. Resources in the community with be explored. | Service <input type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

Services are available in Lincoln, Sagadahoc and Northern Cumberland counties. Michele Hylen is the manager of the Addiction Resource Center and serves as contact person. Speakers will vary depending upon the topic.

Notes:

New Hope For Women
P.O. Box A
Rockland, ME 04841-0733

Regions Served: Knox, Lincoln, Waldo

Home Phone #: **Fee:** No
Work Phone #: (207) 594-2128
Toll Free #: (800) 522-3304 **Travel Expenses:** No
Fax #: (207) 594-0811 **Other Charges:** No
TTY #:
Email: newhope@newhopeforwomen.org

Web Page: www.newhopeforwomen.org

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Domestic and Dating Violence Project		<input checked="" type="checkbox"/> Speaker
	Description Provides information on the dynamics of domestic and dating violence and the effects of abuse on the family. Provides customized workshops to law enforcement, medical personnel, schools, etc., The program also provides temporary shelter for women and their children in crisis, support groups, crisis counseling, court advocacy, and transitional housing. Program offers 36 Hour hotline training for volunteers in the fall and spring.		<input checked="" type="checkbox"/> Technical Assistance

New Hope For Women has provided services for Waldo, Knox and Lincoln counties since 1981.

Notes:

Next Step
P.O. Box 1465
Ellsworth, ME 04605

Regions Served: Hancock

Home Phone #:		Fee:	No
Work Phone #: (207) 667-0176			
Toll Free #: (800) 315-5579		Travel Expenses:	No
Fax #: (207) 667-8033		Other Charges:	No
TTY #:			
Email: nextstep@nextstepdvproject.org			
Web Page: www.nextstepdvproject.org			

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Domestic Violence Project		<input checked="" type="checkbox"/> Speaker
	Description Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals and schools.		<input checked="" type="checkbox"/> Technical Assistance

The Next Step Domestic Violence Project of Hancock County is a private, nonprofit organization devoted to serving the needs of people affected by domestic violence through education and social change. For state-wide referrals, call the Maine Coalition to End Domestic Violence at (207) 941-1194.

Notes:

Rape Response Services
P.O. Box 2516
Bangor, ME 04402-2516

Regions Served: Piscataquis / Penobscot

Home Phone #:
Work Phone #: (207) 941-2980
Toll Free #: (800) 310-0000
Fax #: (207) 941-2982
TTY #: (888) 458-5599
Email: rrsdir@raperesponseservices.org

Fee: No

Travel Expenses: No

Other Charges: No

Web Page: www.raperesponseservices.org

1 Topic Area: Violence Prevention
Name: Sexual Assault Crisis Center
Description: 24 hour hotline for people affected by any kind of sexual assault (rape, incest, abuse, harassment). Support groups. education programs in schools.

Service Training or Workshop
 Speaker
 Technical Assistance

Parent education focuses on talking with children about sexual abuse.
Trainings for businesses regarding sexual harassment.

Notes:

University of Maine Cooperative Extension
5741 Libby Hall
Orono, ME 04469-5741

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 581-3188
Toll Free #: (800) 287-0274 **Travel Expenses:** No
Fax #: (207) 581-1387 **Other Charges:** No
TTY #: (800) 287-8957
Email:
Web Page: www.umext.maine.edu

- 1 **Topic Area:** Parenting for Prevention **Service** Training or Workshop
Name: Parents are Teachers, Too Speaker
Description A home visitation, parent education program. Technical Assistance
- 2 **Topic Area:** Mentoring **Service** Training or Workshop
Name: Teen Parent Program Speaker
Description Offers home visitation parent education and "doula"/mentor volunteers with teen moms.. Technical Assistance

The University of Maine Cooperative Extension has 16 county offices located throughout Maine. County staff, working in collaboration with local citizen advisory boards, determine what educational programs will best serve county residents. Staff then design and deliver programs (such as the ones listed above) and provide resources on a wide range of topics related to sustainable agriculture, natural resources, children, youth and families. Programs will vary from county to county. For a listing of county offices, their toll-free numbers and programs, visit the web site listed above.

Notes:

WomanCare
P.O. Box 192
Dover-Foxcroft, ME 04426

Regions Served: Piscataquis / Penobscot

Home Phone #: **Fee:** No
Work Phone #: (207) 564-8165
Toll Free #: (888) 564-8165 **Travel Expenses:** No
Fax #: (207) 564-7418 **Other Charges:** No
TTY #:
Email: wmncare@wmncare.org
Web Page: www.wmncare.org

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Violence Prevention		<input checked="" type="checkbox"/> Speaker
	Description Womancare offers community and school-based programs about domestic and dating violence and healthy relationships.		<input checked="" type="checkbox"/> Technical Assistance

Womancare offers a variety of age appropriate programs for children from Headstart to High School. We also offer education and training tailored to the needs and interests of adult groups. Serving Piscataquis and Southwestern Penobscot county.

Notes:

Young Adult Abuse Prevention Program
 (YAAPP)
 P.O. Box 704
 Portland, ME 04104

Regions Served: Cumberland, Sagadahoc

Home Phone #: **Fee:** No
Work Phone #: (207) 767-4952
Toll Free #: **Travel Expenses:** No
Fax #: **Other Charges:** No
TTY #:
Email:

Web Page: www.familycrisis.org

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|---|--|---|
| 1 | <p>Topic Area: Violence Prevention</p> <p>Name: Faculty/Staff Training</p> <p>Description Designed to educate faculty/staff on the dynamics of dating violence as well as other oppressive relationships that are a result of power dichotomies in current social culture. This presentation provides information on how to intervene in abusive relationships, community resources, and how to create a non-oppressive school environment. The Youth Educators may be a part of this presentation so that the faculty/staff are informed from a student's perspective.</p> | <p>Service <input checked="" type="checkbox"/> Training or Workshop
 <input type="checkbox"/> Speaker
 <input type="checkbox"/> Technical Assistance</p> |
| 2 | <p>Topic Area: Violence Prevention</p> <p>Name: Youth Educator Program</p> <p>Description YAAPP trains high school students to work with us as youth educators. After a 30-hr training, they meet regularly for continuing support, education and creative process. This program provides the youth educators with the opportunity to use theater as a means for social change through presenting in the Middle School presentations and the Faculty/Staff trainings.</p> | <p>Service <input checked="" type="checkbox"/> Training or Workshop
 <input type="checkbox"/> Speaker
 <input type="checkbox"/> Technical Assistance</p> |

Armstrong, Jean

Regions Served: All of Maine

88 Glenwood Ave
Portland, ME 04103

Home Phone #: **Fee:** Yes
Work Phone #: (207) 879-1886
Toll Free #: **Travel Expenses:** No
Fax #: **Other Charges:** No
TTY #:
Email: strongvoice12@yahoo.com

Web Page:

- | | | |
|----------|--|---|
| 1 | Topic Area: Violence Prevention
Name: Bullying
Description: Storytelling Performance and Workshops for school age students | Service
<input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Other -
Name: Stories of Transformation
Description: Good Choices or a selection of Strong Women Stories. Performance with stories selected to empower audience members. Workshops also available to provide participants or staff with storytelling process in telling personal stories/ or traditional stories of overcoming obstacles, faith, hope, etc. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

Jean Armstrong is a storyteller who performs shows and provides workshops for children and adults. Bullying and Peace shows emphasize good choices in problem solving using traditional folklore and personal stories. Performances are upbeat, fun, funny thought provoking and entertaining. Workshops use exercises for peacemaking, taking other's perspective and non-violent solutions. Programs are developed according to your needs.

Notes:

Bailey, Aaron

Brunswick Police Department
28 Federal St.
Brunswick, ME 04011

Regions Served: Cumberland

Home Phone #: **Fee:** No
Work Phone #: (207) 725-5521
Toll Free #: **Travel Expenses:** No
Fax #: (207) 725-6627 **Other Charges:** No
TTY #:
Email: abailey@brunswickpd.org
Web Page: www.brunswickpd.org

- 1 **Topic Area:** Substance Abuse Education for Staff/Other Adults **Service** Training or Workshop
- Name:** Drug Impairment Training for Education Professionals Speaker
 Technical Assistance
- Description** The goal of DITEP is to enable education professionals to identify chemically impaired individuals and types of drugs for the purpose of ensuring a safe learning environment. Participants in this seminar will be better able to recognize substances of abuse and impaired individuals and be able to make referrals utilizing the appropriate resources.

The instructors from the Brunswick Police Dept. are Det/SRO Aaron Bailey, Cmdr Rick Desjardins and Sgt. Mike Moody. There are other instructors throughout the state. For those names, people can contact James Lyman at the Maine Criminal Justice Academy (877-8009)

Notes:

Barker, Linda B.A.

South Portland Police Department
30 Anthoine Street
South Portland, ME 04106

Regions Served: Cumberland

Home Phone #: (207) 892-4540

Fee: Yes

Work Phone #: (207) 799-5511

Negotiable

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 799-4810

Other Charges: No

TTY #: (207) 799-4810

Email: lindba@southportland.org

Web Page:

- | | | |
|----------|--|--|
| 1 | Topic Area: Grant Writing
Name: Grant Writing
Description: Offers assistance with writing grants. | Service <input type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Adventure Based Prevention Program
Name: Adventure Based Activities
Description: D.A.R.E. Alternatives Program provides positive risk activities to area youth. Activities such as horseback riding, mountain bike riding, rock climbing, whitewater rafting, canoeing and hiking are utilized to provide fun alternatives to drug use and as an opportunity to develop new skills. | Service <input type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Smoking Prevention
Name: Smokeless Saturday Program
Description: Facilitates the "Smokeless Saturday" program for 1st time offenders of the tobacco law. Offered state-wide. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Barker, Linda B.A.

Linda Barker has been with the South Portland Police Department since 1981. She is the coordinator of the D.A.R.E. Alternatives Program which provides positive risk activities, such as horseback riding, mountain bike riding and rock climbing. Linda also serves as the coordinator for the Greater Portland Regional D.A.R.E. Alternatives Program which distributes resources from an Office of Substance Abuse Grant. She holds a B.A. degree in Criminal Justice, is a certified D.A.R.E. instructor, and holds certification in Addictions Certificate Counseling Program. Linda is a School Resource Officer. She brought "Smokeless Saturday" (an intervention program for 1st time offenders) to Maine in 1997. This program serves teens state-wide through court, police or parent referral. Contact for areas in which services can be provided.

Notes:

Berger, Tim

LISTEN

Regions Served: Kennebec / Somerset, Oxford /
Androscoggin / Franklin, Waldo / Knox
/ Lincoln / Sagadahoc

RR 2, Box 610A

Bridgton, ME 04009

Home Phone #: (207) 647-9386

Fee: Yes

Work Phone #: (603) 252-9386

Negotiable

Toll Free #:

Travel Expenses: No

Fax #:

Other Charges: No

TTY #:

Email:

Web Page:

1 **Topic Area:** Other -

Service Training or Workshop

Name:

Speaker

Description Smoking, Drinking and Drug presentations to
schools. 4th grade thru 12th grade for all or
part of a day. Classroom or assembly.

Technical Assistance

Tim Berger has 24 years of drug education experience in high schools, middle schools and elementary schools throughout New England. He can provide over 100 references from teachers who have used his programs for many years. Serving the Augusta area and regions south and west of Augusta.

Notes:

Cross, Dave

Action Learning Consultants
P.O. Box 4646
Augusta, ME 04330-1646

Regions Served: All of Maine

Home Phone #: (207) 582-4344

Fee: Yes

Work Phone #: (207) 939-7814

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 582-4344

Other Charges: No

TTY #:

Email: davidcross@metacrawler.com

Web Page:

- | | | | |
|----------|--|----------------|--|
| 1 | Topic Area: Adventure Based Prevention Program | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Introductory/Advanced Action learning Concepts | | <input checked="" type="checkbox"/> Speaker |
| | Description: On or off-site exploration into the benefits of team building through participation in activities and discussions toward general/specific goals. For youth, adult and professional/non-profit organizations. Advanced program utilizes models and direct transfer to life/workplace experiences. Create a high performance team. | | <input type="checkbox"/> Technical Assistance |

Dave Cross is the former Director of the USM Action Learning Center, with 15 years of experience managing and delivering impactful team and personal development programs and courses for youth groups, college students, adult and professional populations. Dave has been a team-building consultant for over 10 years.

Notes:

Davis, Stan

Stop Bullying Now
409 N. Wayne Rd.
Wayne, ME 04284

Regions Served: All of Maine

Home Phone #:	Fee:	Yes
Work Phone #: (207) 685-9639		
Toll Free #:	Travel Expenses:	Yes
Fax #:	Other Charges:	No
TTY #:		
Email: stan@stopbullyingnow.com		
Web Page: www.stopbullyingnow.com		

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Stop Bullying Now		<input checked="" type="checkbox"/> Speaker
	Description Providing Training for school staff and students in strategies that work to prevent bullying.		<input checked="" type="checkbox"/> Technical Assistance

Stan Davis is a therapist, school counselor and bullying prevention consultant. He is the author of "Schools Where Everyone Belongs: Practical Strategies to Reduce Bullying".

Notes:

Dowling, Kevin LSW

Regions Served: All of Maine

P.O. Box 776

Rockland, ME 04841

Home Phone #: (207) 691-3555

Fee: Yes

Work Phone #: (207) 563-3596 30

Negotiable

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 563-1067

Other Charges: Yes

TTY #:

Email: dowling@lincolnacademy.org

Web Page:

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|----------|--|----------------|--|
| 1 | Topic Area: Interactive Theater | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Interactive Theater/Social Drama | | <input checked="" type="checkbox"/> Speaker |
| | Description Interactive Theater is a dramatic technique which portrays socially sensitive issues. The audience becomes an integral part of the performance via their questions and comments to the cast. | | <input checked="" type="checkbox"/> Technical Assistance |
| | | | |
| 2 | Topic Area: Adventure Based Prevention Program | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Team Building/Decision Making | | <input checked="" type="checkbox"/> Speaker |
| | Description Training promotes team building, social responsibility, decision making, problem solving, communication, trust, personal responsibility. Uses physical metaphors to explore the above listed areas. | | <input checked="" type="checkbox"/> Technical Assistance |

Kevin Dowling is a Licensed Social Worker, a Chemical Health Coordinator and a Experiential Therapist. He works for a private secondary school in Maine. Kevin is well know for his interactive theater initiative and adventure based counseling.

Notes:

Drug Demand Reduction Program,

Maine National Guard-Dept. of Defense,
 Veteran's & Emergency Management
 74 Drummond Ave.
 Waterville, ME 04901

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 430-5250
Toll Free #: **Travel Expenses:** No
Fax #: (207) 873-4613 **Other Charges:** No
TTY #:
Email: ddr@me.ngb.army.mil

Web Page: www.me.ngb.army.mil/ddr

- | | | |
|---|--|--|
| 1 | Topic Area: Other -

Name:

Description: Hooked on Fishing | Service <input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Adventure Based Prevention Program

Name: Adventure Program

Description: 6 week experiential program for 7th grade. Activities involve group problem solving, leadership development and building trust. Takes place in the school, facilitated by trained National Guard members. Follow-on sessions are available on our ROPES course. | Service <input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

No fee.

Notes:

Duffey, Tim

Common Ground in Prevention
P.O. Box 448
Gorham, ME 04038-0448

Regions Served: All of Maine

Home Phone #: (207) 839-6998

Fee: Yes

Work Phone #: (207) 642-6268

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 642-6274

Other Charges: No

TTY #:

Email: timduffy@pivot.net

Web Page:

1 Topic Area: Parenting for Prevention

Service Training or Workshop

Name: Parenting for Prevention

Speaker

Technical Assistance

Description The key role parents play in establishing the foundation of prevention for their children is the cornerstone of the information presented in these sessions. Drawing from the fields of resilience and developmental assets research, parents are provided with a clear picture of the essential elements that will support their children in being less likely to engage in risk-taking behavior and more likely to thrive. Parents will be encouraged to intentionally build their parenting legacy.

2 Topic Area: Asset Development

Service Training or Workshop

Name: Asset Development

Speaker

Technical Assistance

Description Significant research has been conducted on 40 key building blocks of development that are essential in the first two decades of a child's life. Based on the work of Search Institute, these sessions highlight the findings of this research and the directions it points us toward in our actions for children and youth. Individual, organizational and community wide applications of the research can be included. Over 500 communities across the United States are using this framework to guide their work for children and youth. Learn what others are doing to create more developmentally attentive communities.

Duffey, Tim

3 Topic Area: Resiliency

Name: Resiliency

Description A growing body of research in the fields of psychology, psychiatry, sociology and education are showing that children, youth and adults can bounce back from adversity and stressful life experiences AND experience life success if their relationships and environments provide specific protective characteristics. Explore how this ability to successfully adapt to life's challenges can be facilitated in ourselves and those around us.

Service Training or Workshop
 Speaker
 Technical Assistance

Tim Duffey has over 20 years experience in education, having served as a school counselor, director of guidance, and Maine Department of Education consultant. In addition, he has over five years of extensive training and community mobilizing experience.

Mr. Duffey is president of the consulting and training business Common Ground in Prevention through which he designs and conducts training events and regional conferences related to strength-based research. He is also a national speaker and trainee with Search Institute and has served as Feature Editor of the journal Resiliency in Action, the only national journal dedicated to resiliency research and its practical application.

Tim is an experienced speaker and trainer on topics including student assistance programs, resiliency research, developmental assets, and effective team and meeting structures. He is a skilled facilitator and has extensive experience building multi-sector community initiatives focused on improving conditions for children and youth. He is a frequent author and speaker on these topics. His written work has been featured in the Student Assistance Journal, Reaching Today's Youth, and Resiliency in Action.

Mr. Duffey holds Bachelor of Science and Masters of Education degrees from North Dakota State University, Fargo, ND. He is Past President of the National Association of Student Assistance Professionals (NASAP).

Notes:

Dutil, Linda R.N.

Regions Served: All of Maine

38 Edgemont Ave.

Waterville, ME 04901

Home Phone #: (207) 872-2537

Fee: Yes

Work Phone #: (207) 872-2537

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 872-6624

Other Charges: No

TTY #:

Email: dutil@adelphia.net

Web Page: www.dose-of-reality.com

- | | | |
|----------|---|---|
| 1 | Topic Area: Smoking Prevention
Name: "A Puff of Reality"
Description: I give assemblies to elementary school children (grades 4, 5, 6 preferred) on the dangers of smoking and tobacco use. I "light" a smoking machine which produces the disgusting tar and resin. I talk about the content of tobacco, how tobacco ads are tricky, the physical side effects/disease processes, the addicting component of nicotine and share heart wrenching stories. | Service
<input type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Self-destructive Behavior
Name: "A Dose of Reality"
Description: I give assemblies to Jr. High and High School students concerning drugs, underage drinking, suicide and the consequences of making poor choices. With all of my tubes, blades, charcoal and ER equipment, I actually show the teens what happens as the result of an overdose. I talk about facing the fears of peer pressure and explain that everyone has the power to make good choices. | Service
<input type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

A native of Massachusetts, Linda Dutil has lived in the state of Maine for the past 15 years with her husband and their three school aged children.

In her experience as an emergency room nurse, Linda has seen the ugly impact of poor decisions young people sometimes make. She has presented her program to thousands of junior high and high school students across the Country.

Notes:

Goggins, Carl F. Jr. CCDC, DAC, PhD

Straight Talk

Regions Served: Hancock / Washington, Piscataquis / Penobscot

23 Skyline Drive

Holden, Me 04429-8910

Home Phone #:

Fee: Yes

Work Phone #: (207) 989-8416

Negotiable

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 989-8416

Other Charges: No

TTY #:

Email: semperprimus@cs.com

Web Page:

1	Topic Area: Substance Abuse Education for Staff/Other Adults	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Substance Abuse		<input checked="" type="checkbox"/> Speaker
	Description Provide methods of identification and implementation of prevention programs.		<input checked="" type="checkbox"/> Technical Assistance

Carl Goggins is a retired decorated United States Army Non-Commissioned Officer. He holds a Bachelors and a Masters degree in Chemical Dependency Counseling, and a Ph.D. in chemical dependency therapy. Carl is a New England School of Addiction Studies Graduate and a member of International Who's Who of Entrepreneurs. The National Board of Addiction Examiners have certified Carl as a Chemical Dependency Counselor.

Notes:

Grant, Bob

Camp Kieve/The Leadership Decisions
Institute
P.O. Box 169
Nobleboro,, ME 04555

Regions Served: All of Maine

Home Phone #: **Fee:** Yes
Work Phone #: (207) 563-6212
Toll Free #: **Travel Expenses:** No
Fax #: (207) 563-5833 **Other Charges:** No
TTY #:
Email: bobg@kieve.org

Web Page: www.kieve.org

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- | | | |
|----------|--|---|
| 1 | Topic Area: Other -
Name: Student Programs
Description Offers a 1 to 5 day LDI Program at Kieve (Residential) or in your community (Outreach). LDI is a primary prevention program with classes in developing interpersonal skills, relationships, teambuilding, drug resistance and internal communication. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Parenting for Prevention
Name: Parent Programs
Description Offers a workshop for parents, teachers and community members. Participants will learn strategies to help support responsible decision making by young people. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Resiliency
Name: Resiliency Training
Description Works with institutions and other groups, including leaders, educators, parents and community leaders to offer a variety of educational experiences that develop the capacity of young people to make healthy, caring and responsible decisions. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

Grant, Bob

4 **Topic Area:** Other -

Name: Educator Programs

Description Workshops at your school or at Kieve that focus on communication, conflict resolution and team building. Provides training in LDI follow-up curriculum.

Service Training or Workshop

Speaker

Technical Assistance

Bob Grant, Director of Kieve's Leadership Decisions Institute, is a former law enforcement officer who worked with juveniles before, during and after adjudication. He has been educating middle-school students, their parents and teachers since 1989 and has been with L.D.I. since 1994.

Notes:

Hall Dreher, Susan MHSA

Sexual Assault Support Services of Midcoast
Maine
P.O. Box 990
Brunswick, ME 04011

Regions Served: Cumberland, Lincoln, Sagadahoc

Home Phone #: **Fee:** No
Work Phone #: (207) 725-2181
Toll Free #: **Travel Expenses:** Yes
Fax #: (207) 798-6943 **Other Charges:** Yes
TTY #:
Email: sassmm.dir@netquarters.net

Web Page:

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Sexual Harassment and/or Sexual Assault Prevention.		<input checked="" type="checkbox"/> Speaker
	Description: Provides an overview of what sexual harassment and sexual assault is - or is not. Looks at extent and impact of sexual violence. Also, policy development and implementation in response to sexual harassment.		<input checked="" type="checkbox"/> Technical Assistance

Susan Hall Dreher has 25 + years in the social service field. She has provided numerous workshops for law enforcement agencies, health care providers and educational institutions concerning the impact and effective response(s) to sexual violence. Sexual Assault Support Services of Midcoast Maine serves Cumberland, Lincoln and Sagadahoc counties.

Notes:

Judkins, Randy B.S.

R. Judkins "EnterSURprises"

160 Delaware Court

Portland, ME 04103

Regions Served: All of Maine

Home Phone #: (207) 899-1216

Work Phone #: (207) 899-1216

Toll Free #: (877) 391-4660

Fax #:

TTY #:

Email: laughlife@aol.com

Web Page: www.randyjudkins.com

Fee: Yes

Negotiable

Travel Expenses: Yes

Other Charges: No

1 **Topic Area:** Resiliency

Name: Full Esteem Ahead

Description An interactive presentation/performance that inspires teachers and students to develop skills in resiliency, teambuilding and personal assets in order to make Healthy Choices.

Service Training or Workshop

Speaker

Technical Assistance

Randy Judkins is a former high school teacher. Since 1975 he has presented in almost every school district in the state of Maine. His many highlights include; a keynote speaker for the annual P.R.I.D.E Convention, Teen Institute and Natural Helper convention appearances, numerous statewide Wellness and Resiliency Conferences.

Notes:

Kempe, Martha

The Community School
P.O. Box 555
79 Washington St.
Camden, ME 04843

Regions Served: All of Maine

Home Phone #: **Fee:** Yes
Work Phone #: (207) 236-3000
Toll Free #: **Travel Expenses:** Yes
Fax #: (207) 236-2505 **Other Charges:** No
TTY #:
Email: martha@thecommunityschool.org

Web Page: www.thecommunityschool.org

1	Topic Area: Other -	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Alternative Education		<input checked="" type="checkbox"/> Speaker
	Description Learn how alternative education can be used as a primary prevention service. Includes discussions on how to create a positive learning environment for non-traditional learners. Designed for teachers, administrators and prevention specialists.		<input checked="" type="checkbox"/> Technical Assistance

Martha Kempe is the director of the Passages Program which focuses on parents between the ages of 15 and 20 who have not yet completed their high school education.

Notes:

Kennedy, Ed LSW

Jaycee Crime Prevention
P.O. Box A
Thomaston, ME 04861

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 354-3163
Toll Free #: **Travel Expenses:** Yes
Fax #: **Other Charges:** Yes
TTY #:
Email: edward.kennedy@state.me.us

Web Page:

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|----------|---|----------------|--|
| 1 | Topic Area: Violence Prevention | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Jaycee Crime Prevention Program | | <input checked="" type="checkbox"/> Speaker |
| | Description Helps juveniles to think about the impact and consequences of making poor choices concerning violence and substance abuse. The personal testimonies of two inmates from Maine State Prison, relating how substance abuse can lead to crime and violence is included in this 90 minute workshop. The workshop is offered to schools and community groups. | | <input type="checkbox"/> Technical Assistance |

Ed Kennedy has worked at the Maine State Prison for 18 years. In the past he has worked as a public school teacher. He currently is licensed at the L.S.W. level. Ed has been coordinator of the Jaycee Crime Prevention program for 13 years.

Travel restricted to a 150 mile radius of Thomaston.

Notes:

Lakari, Carl

Project Aware/Carl Lakari Inc
36 Rocky Hill Road
Saco, ME 04072

Regions Served: All of Maine

Home Phone #:	Fee:	Yes
Work Phone #: (207) 282-5598		
Toll Free #:	Travel Expenses:	No
Fax #:	Other Charges:	No
TTY #:		
Email: clakari@maine.rr.com		

Web Page:

- | | | | |
|----------|--|----------------|--|
| 1 | Topic Area: Adolescent Chemical Dependency | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Youth Empowerment Workshops | | <input checked="" type="checkbox"/> Speaker |
| | Description Youth Empowerment Workshops are intensive high-energy, participatory, FUN sessions that use a variety of interactive and creative expression techniques to promote youth empowerment and raise awareness about substance abuse, including youth prescription drug abuse. Workshops will engage youth directly in problem solving and the substance abuse awareness and prevention process, facilitate meaningful dialogue among youth and their communities, provide a safe venue and creative outlet for the expression of complex emotions and serve as a springboard for further community or school based youth action. | | <input checked="" type="checkbox"/> Technical Assistance |

Lakari, Carl

2 **Topic Area:** Grant Writing

- Service** Training or Workshop
 Speaker
 Technical Assistance

Name: Non-Profit Capacity Building and Grant Writing Services

Description Carl Lakari has been assisting state government and non-profit agencies with capacity building and resource development for over 20 years. Carl has coordinated, developed and submitted successful HUD grants for community based organizations, municipalities and State agencies across the country. Overall, he has helped raise over \$25 million in 13 states for people who are homeless or of very low income and have AIDS, mental illness and/or substance abuse issues. He has extensive experience in providing Continuum of Care and HOPWA technical assistance. He has worked with numerous clients in Maine and throughout the country to develop housing and supportive services for people with substance abuse issues.

The workshops are co-facilitated by Katey Branch and Carl Lakari. Artist, massage therapist and workshop facilitator, Katey Branch brings to the project over 20 years of experience practicing and teaching the healing and creative arts. She facilitated an improvisational theatre group called "Reaching Out to Teens", directed a mentoring program for ninth graders "Partners for the Future", facilitated "Theatre from the Ground Up" a theatre program for youth and conducted a creative expression workshop for girls called "What's Up." In her work, Katey utilizes techniques such as movement, theater games, creative expression exercises, holistic health practices and interactive discussion to educate, explore issues of power and promote self-awareness.

Carl Lakari brings to the project over 20 years of experience providing facilitation, consulting, program coordination, housing and resource development services to individuals, community groups, non-profit organizations and government agencies. In recovery for 16 years, Carl has first-hand knowledge of addiction and the issues surrounding substance use, its affects and origins. He has facilitated numerous focus and/or process groups, classes, workshops and meetings, including forums on substance abuse, personal transformation workshops and creative movement groups. He has coordinated and completed successful projects in housing for people struggling with substance abuse, and co-founded a community center providing programs in community development, progressive social change and the arts. Carl has worked extensively with Maine substance abuse providers and within the Maine substance abuse community. Carl and Katey co-facilitate "Powerful Play" a highly interactive small-group workshop exploring masculine and feminine interactions and expressions.

Notes:

Luce, James L. SGT.

Maine State Police
164 State House Station
Internal Affairs
Augusta, ME 04333-0169

Regions Served: All of Maine

Home Phone #: (207) 377-4609

Fee: No

Work Phone #: (207) 624-7292

Toll Free #:

Travel Expenses: No

Fax #: (207) 287-3427

Other Charges: No

TTY #:

Email: James.L.Luce@maine.gov

Web Page:

- | | | |
|----------|---|---|
| 1 | Topic Area: Violence Prevention
Name: Violence In The Workplace
Description: Learn from the enforcement perspective, how to deal with volatile situations in the workplace. Learn what to do and not to do. How to implement an intervention; some negotiation tips and tactical considerations. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Violence Prevention
Name: First Responder to Critical Incident
Description: Some basic Do's and Don'ts of managing a critical incident prior to the arrival of additional help. Basic negotiation guidelines, officer safety and scene management. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Violence Prevention
Name: Dealing with a Suicidal Person
Description: Guidelines for managing a crisis situation with a suicidal person. Evaluation of the lethality and negotiation do' and don'ts. The mechanics of negotiation and why it works. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Sergeant James L. Luce, has been with the Maine State Police for 21+ years. He has been a patrol trooper for 11 years , a detective in the CID II for 4 years, Patrol supervisor for 1 year, CID supervisor for 1 year, 4 years in Internal Affairs and team leader of the Crisis Negotiation Team for 3 years. Past involvement with the Maine Youth Suicide Prevention Committee and the Maine Childhood Injury Prevention Program. Speaker at seminars in & out of state on Crisis Negotiation, Violence in the Workplace, Dealing with Suicidal Persons and First Responder to a Crisis Incidents. Workshops can be modified to accommodate the specific needs of the organization, school or group.

Notes:

Marble, Katherine

Healthy Community Coalition
Peace in our Families
20 Church St.
Wilton, ME 04294

Regions Served: Oxford / Androscoggin / Franklin

Home Phone #: **Fee:** No
Work Phone #: (207) 645-3136
Toll Free #: (800) 525-3136 **Travel Expenses:** No
Fax #: (20) 645-4138 **Other Charges:** No
TTY #:
Email: hcc@fchn.org

Web Page: www.fchn.org/HCC

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Peace in our Families.		<input checked="" type="checkbox"/> Speaker
	Description Peace in Our Families is a community-wide campaign in Franklin County to end domestic violence. Their primary goal is to reduce violence in the community by extending a hand to both the victims and the perpetrators of violence. Participating individuals and groups share the facts about violence, how to recognize abuse, and how to help someone who is being abused.		<input checked="" type="checkbox"/> Technical Assistance

Katie Marble is a Health Educator at the Healthy Community Coalition (HCC) in Wilton. She is the coordinator of Peace in Our Families domestic violence audit program. Katie is a graduate of the University of Maine at Presque Isle with a B.S. in Health Education. She is also a Certified Health Education Specialist.

Notes:

McIntyre, Marty

Sexual Assault Crisis Center
P.O. Box 6
Auburn, ME 04212-0006

Regions Served: Androscoggin

Home Phone #: (204) 524-3912

Fee: No

Work Phone #: (207) 784-5272

Toll Free #:

Travel Expenses: No

Fax #: (207) 777-3231

Other Charges: No

TTY #:

Email: saccdir@aol.com

Web Page:

1 Topic Area: Violence Prevention

Service Training or Workshop

Name: Sexual Harassment: Awareness and Response

Speaker

Technical Assistance

Description Information about sexual harassment, what it is or isn't, its effects, and how to respond when it occurs.

Marty McIntyre has been the Executive Director of the Sexual Assault Crisis Center for 15 years. She has been providing sexual harassment presentations and trainings for the past 6 years.

Services are provided primarily in Androscoggin County. Fees not charged for school presentations. Fees for sexual harassment training for businesses or organizations are negotiable.

Notes:

McWilliams, Sheryl S. MPH, RN

Parkview Adventist Medical Center
329 Maine Street
Brunswick, ME 04011

Regions Served: All of Maine

Home Phone #: **Fee:** Yes
Work Phone #: (207) 373-2216 Negotiable
Toll Free #: **Travel Expenses:** Yes
Fax #: (207) 373-2209 **Other Charges:** No
TTY #: (207) 725-1889
Email: smcwilliams@parkviewamc.org
Web Page: www.parkviewamc.org

- | | | |
|----------|---|---|
| 1 | Topic Area: Other -
Name: Lifestyle Choices
Description: An intensive approach to living well, free from addiction and disease. Learn to make choices that will positively affect your health and your future. The focus is upon nutrition, fitness, values clarification and stress management. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Smoking Prevention
Name: Breathe Free Plan to Quit Smoking
Description: Private consultation or 9 session group stop smoking program. Focus is upon plan development, assessment and tools for quitting. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Other -
Name: Understanding Stress and How to Deal With It.
Description: Workshops and one-on-one sessions provide education and techniques on effective ways to reduce stress to health professionals and lay audiences. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Sheryl S. McWilliams is a Registered Nurse with a Master's Degree in Public Health. She has lectured all over the world and throughout the United States. She has authored and co-authored many health related articles published in a variety of publications. Her focus is upon lifestyle medicine.

Notes:

Meo, Darcy

Sexual Assault Crisis Center
P.O. Box 6
Auburn, ME 04212

Regions Served: Androscoggin

Home Phone #: **Fee:** No
Work Phone #: (207) 784-5272
Toll Free #: (207) 777-3231 **Travel Expenses:** No
Fax #: **Other Charges:** No
TTY #:
Email: saccedc@aol.com
Web Page: www.sacc1984.com

1	Topic Area: Violence Prevention	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Violence Prevention		<input checked="" type="checkbox"/> Speaker
	Description Workshops for grades 3-12 about sexual assault, sexual harassment, drug facilitated sexual assault, healthy relationships and bystander training.		<input checked="" type="checkbox"/> Technical Assistance

Darcy Meo is the Education Coordinator for the Sexual Assault Crisis Center. She works with grades 3-12 and college-age students, providing interactive presentations about sexual assault, sexual harassment and healthy relationships. Services are provided in Androscoggin County.

Notes:

Miller, Rebecca RN, CSPI

Northern New England Poison Center
22 Bramhall St.
Portland, ME 04102-3175

Regions Served: All of Maine

Home Phone #:
Work Phone #: (207) 662-7224
Toll Free #:
Fax #: (207) 662-5941
TTY #:
Email: miller@mmc.org

Fee: No
Other:
Travel Expenses: No
Other Charges: No

Web Page:

- 1 **Topic Area:** Substance Abuse Education for Staff/Other Adults **Service** Training or Workshop
Name: Substance Abuse Education for Staff/Other Adults Speaker Technical Assistance
Description: Discussion about current trends in illicit drugs, OTC medications and general substance abuse information.

Rebecca Miller, RN, BSN has worked at the Northern New England Poison Control Center (NNEPC) for over 21 years. NNEPC is located at Maine Medical Center and currently serves the states of Maine, New Hampshire and Vermont. Rebecca currently staffs the call center phones as a Certified Specialist in Poison Information (CSPI) and is the education specialist for the State of Maine. Rebecca has been active with many state and local agencies in Maine such as the Maine Inhalant Abuse Workgroup and provides trainings and presentations about substance abuse.

Service free; however, donations to NNEPC gratefully accepted.

Notes:

Nichols, Helen

Community School
Box 555
Camden, ME 04843

Regions Served: All of Maine

Home Phone #: **Fee:** Yes
Work Phone #: (207) 236-8404 112
Toll Free #: **Travel Expenses:** Yes
Fax #: (207) 236-2505 **Other Charges:** No
TTY #:
Email: helen@thecommunityschool.org
Web Page: www.thecommunityschool.org

1 **Topic Area:** Other - **Service** Training or Workshop
Name: Alternative Education Speaker
 Technical Assistance
Description Learn how alternative education can be used as a primary prevention service. Includes discussions on how to create a positive learning environment for non-traditional learners. Designed for teachers, administrators and prevention specialists.

Notes:

Pecukonis, Stephen

HRD Associates
P.O. Box 251
Topsham, ME 04086

Regions Served: All of Maine

Home Phone #:	Fee:	Yes
Work Phone #: (207) 666-8302		
Toll Free #:	Travel Expenses:	No
Fax #: (207) 729-8418	Other Charges:	No
TTY #:		
Email: stevepec@aol.com		

Web Page:

1	Topic Area: Other -	Service	<input checked="" type="checkbox"/> Training or Workshop
	Name: Group Dynamics		<input checked="" type="checkbox"/> Speaker
	Description Training and consulting in group skills, decision making, team building, communication skills and conflict resolution.		<input type="checkbox"/> Technical Assistance

Stephen P. Pecukonis is Principal Consultant with HRD Associates, a human resource development training and consulting firm he founded in 1985. Steve provides training and consulting services to client organizations in the fields of business and industry, government, education, healthcare and social services. Over his tenure as an independent consultant he has developed special expertise in the areas of training design and facilitation, interpersonal communication, conflict resolution, managing change, leadership and management skills development, performance management, team-building and personal growth.

Notes:

Perry, Robert E.

Regions Served: All of Maine

229 Northern Ave. Apt. 2

Augusta, ME 04330

Home Phone #: (207) 623-0172

Fee: Yes

Work Phone #: (207) 623-0172

Negotiable

Toll Free #:

Travel Expenses: Yes

Fax #:

Other Charges: Yes

TTY #:

Email:

Web Page:

1 **Topic Area:** Other -

Service Training or Workshop

Name: HIV/AIDS Education

Speaker

Description Provides HIV training and education to school administrators, parents and school age children from K - 12th grade.

Technical Assistance

Robert Perry is a 1989 graduate of the Wedge Program, a National HIV Prevention Program. He also received additional HIV Prevention training through Merrymeeting AIDS Support Services. Presently, Robert holds the office of Chairman for a biannual retreat held for people living with HIV and AIDS. He was the 1997 recipient of the Jefferson Award.

Notes:

Plourde, Cathy

ADD Verb Productions Arts & Education
P.O. Box 3853
Portland, ME 04104

Regions Served: All of Maine

Home Phone #:
Work Phone #: (207) 653-4554
Toll Free #:
Fax #: (207) 772-1167
TTY #:
Email: cathy@addverbproductions.com
Web Page: addverbproductions.com

Fee: Yes
Negotiable
Travel Expenses: Yes
Other Charges: Yes

- | | | |
|----------|---|---|
| 1 | Topic Area: Violence Prevention
Name: You the Man
Description: One man play on relationship violence and sexual assault. 45 minutes to be followed by discussion with county sexual assault /domestic violence resources | Service
<input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Interactive Theater
Name: Interactive Theater
Description: Specializes in working with adolescents or individuals who interact with adolescents. Theater is used as an education tool to bring various issues faced by adolescents to the surface to create opportunities for communication, awareness and change. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Smoking Prevention
Name: Butt of Course
Description: 9 actor play available for school groups to produce themselves. Suitable for high school to perform for middle school. | Service
<input type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

Cathy Plourde holds a Masters degree in Theater and Social Change. She is currently certified as a teacher. Cathy has been a provider in the field of interactive theater since 1990.

Notes:

Roberts, Kim

Maine Coalition to End Domestic Violence
170 Park Street
Bangor, ME 04401

Regions Served: All of Maine

Home Phone #:
Work Phone #: (207) 941-1194
Toll Free #:
Fax #: (207) 941-2327
TTY #:
Email: mcedv@mcedv.net
Web Page: www.mcedv.org

Fee: Yes
Negotiable
Travel Expenses: Yes
Other Charges: No

- 1 **Topic Area:** Violence Prevention **Service** Training or Workshop
Name: Maine Coalition to End Domestic Violence Speaker
 Technical Assistance
Description Provides information on the dynamics of domestic violence and the effects of abuse on the family. Workshops can be customized for law enforcement, medical professionals, schools and other organizations.

The Maine Coalition to End Domestic Violence was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. MCEDV consists of a state office and member projects, which together provide direct services (a 24-hour hotline system at each project; emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine. Services available statewide by member programs.

Notes:

Roy, Laurent B.

Community Family Consultant

Regions Served: Cumberland, Kennebec / Somerset, Oxford / Androscoggin / Franklin, Waldo / Knox / Lincoln / Sagadahoc, York

87 Indian Carry Road
West Bath, ME 04530

Home Phone #: (207) 442-0447

Fee: Yes

Work Phone #:

Negotiable

Toll Free #:

Travel Expenses: No

Fax #:

Other Charges: No

TTY #:

Email: lbkeroy@suscom.maine.net

Web Page:

1 Topic Area: Family Dynamics

Service Training or Workshop

Name: Supporting Successful Parenting

Speaker

Technical Assistance

Description A workshop for parents to learn communication and coping skills to improve family relationships and focus on identifying issues and problem solve.

Laurent B. Roy : Marriage counselor and social worker since 1962, family life educator since 1970, trainer-consultant since 1980, private practice since 1985.

Notes:

Rudoff, Fran

KIDS Consortium
223 Main St.
Auburn, ME 04210

Regions Served: All of Maine

Home Phone #: **Fee:** Yes
Work Phone #: (207) 784-0956
Toll Free #: **Travel Expenses:** Yes
Fax #: (207) 784-6733 **Other Charges:** No
TTY #:
Email: frudoff@kidsconsortium.org
Web Page: www.kidsconsortium.org

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|----------|--|--|
| 1 | Topic Area: Other -

Name: KIDS as Planners: Implementing Service Learning

Description Service-Learning 101: Acquaints newcomers to service learning with a basic understanding of this teaching strategy--including key terms and techniques for integrating service-learning into the classroom and developing student ownership. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Other -

Name: KIDS as Planners:Implem enting Service Learning

Description Next Steps: Familiarizes educators with the steps, tools and templates for planning and implementing a KIDs project in a standards-based classroom--from generating ideas to project implementation, celebration and evaluation. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Other -

Name: KIDS as Planners: Implementing Service Learning

Description Collaboration/Teambuilding: Developing a collaborative environment in the classroom is essential to implementing a successful service-learning project. In this workshop, participants will gain insights on group development and preparation for collaboration as well as identify steps for integrating team building activities into a service-learning experience. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Rudoff, Fran

4 **Topic Area:** Resiliency

Name: Service Learning as a Strategy for Resiliency

Description School and community environments which foster a sense of caring and support, high expectations and opportunities for meaningful participation enable young people to develop problem-solving skills, social competence, autonomy and a sense of purpose and future-- attributes that help them to "bounce back" from at-risk environments and lead healthy and productive lives.

Service Training or Workshop
 Speaker
 Technical Assistance

Francine Rudoff is the Executive Director of KIDS Consortium. She has over twenty five years of experience directing initiatives that connect schools and communities as well as community planning and natural resource policy projects. Ms. Rudoff is responsible for managing all aspects of the work of KIDS consortium. She oversees a staff of seven and collaborates with school-community leadership teams from over 40 school districts in Maine and other New England states on the integration of service learning and citizenship education into local practice, policy and culture.

Now in its second decade, the KIDS Consortium is a nationally recognized leader in the rapidly expanding service learning movement, which promotes learning through community involvement as a way to strengthen students, schools and communities.

Notes:

Saufler, Chuck

Bullyfree ME

Regions Served: Cumberland, Waldo / Knox / Lincoln / Sagadahoc, York

2 Maxwell St.

Bath, ME 04530

Home Phone #: (207) 442-0063

Fee: Yes

Work Phone #: (207) 443-9145

Toll Free #:

Travel Expenses: Yes

Fax #:

Other Charges: Yes

TTY #:

Email: csaufler@westbath.u47.k12.me.us

Web Page: <http://www.bullyfreeme.com>

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- | | | |
|----------|--|---|
| 1 | Topic Area: Violence Prevention
Name: Violence Prevention Program
Description: Workshops are designed to focus on all aspects of violence prevention, especially harassment of elementary school age children. Length of workshops can easily be designed from 1 hour to a full day depending on group needs. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Violence Prevention
Name: Bullying Prevention
Description: Staff training, consultation and program development. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Adventure Based Prevention Program
Name: Adventure Based Prevention Program
Description: Provides consultation and training for program providers, such as schools and community groups. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Chuck Saufler has over 10 years of experience working in the field of adventure based prevention. He has provided workshops and training for the Maine Principal's Association, as well as numerous workshops for teachers, school administrators and parents. He has been coordinator of the Maine Project Against Bullying for the past 3 years.

Notes:

Smith, Barbara M.Ed.

Regions Served: Cumberland, York

88 Park St. #34

Portland, ME 04101

Home Phone #: (207) 772-8539

Fee: Yes

Work Phone #: (207) 282-5957

Negotiable

Toll Free #:

Travel Expenses: Yes

Fax #: (207) 282-7983

Other Charges: Yes

TTY #:

Email: bsullivansmith@yahoo.com

Web Page:

- | | | |
|----------|--|--|
| 1 | Topic Area: Substance Abuse Education for Staff/Other Adults

Name: Alcohol Abuse: Its Effect on the Family

Description: This presentation provides training on how alcoholism effects all members of the family. Ways in which to break the cycle of family addiction will be addressed. | Service <input type="checkbox"/> Training or Workshop

<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Substance Abuse Education for Staff/Other Adults

Name: Substance Abuse Education

Description: Presentation provides training on how substance abuse effects adults in the workplace and in the family. | Service <input type="checkbox"/> Training or Workshop

<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Adolescent Chemical Dependency

Name: Alcoholism and the Teenage Brain: How Kids Get Addicted

Description: Kids who drink before the age of 15 are four times more likely to develop the disease of alcoholism than teens who do not drink. This session explains the brain chemistry of addiction by showing how alcohol can decrease a teenager's ability to perform on tests, cause loss of motor skills, and make learning more difficult. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Stark, Francine

Spruce Run Association
P.O. Box 653
Bangor, ME 04402

Regions Served: Piscataquis / Penobscot

Home Phone #:
Work Phone #: (207) 945-5102
Toll Free #: (800) 863-9909
Fax #: (207) 990-4252
TTY #:
Email: francinejgs@yahoo.com
Web Page: www.sprucerun.net

Fee: Yes
Negotiable
Travel Expenses: No
Other Charges: No

- 1 **Topic Area:** Violence Prevention **Service** Training or Workshop
Name: Domestic Violence Project Speaker
 Technical Assistance
Description Provides information on the dynamics of domestic violence and the effects of abuse on the family, as well as information about appropriate responses to abuse and services available. Workshops can be customized for any audience.

The Maine Coalition to End Domestic Violence was formed in 1977 by women who joined together to help battered women and their children and to work toward ending domestic abuse in Maine. MCEDV consists of a state office and member projects, which together provide direct services (a 24-hour hotline system at each project; emergency shelter, referrals and information; court advocacy; support groups; and monitoring of batterer's education programs) as well as public information, technical assistance, and training for law enforcement agencies, medical professionals, and state and local entities in Maine. All of Maine's counties are served by domestic violence projects.

Notes:

Sterling, Lauren

Governor's Children's Cabinet
State House Station 170
AMHI Complex, CETA Bldg.
Augusta, ME 04333-0170

Regions Served: All of Maine

Home Phone #: (207) 873-6205

Fee: No

Work Phone #: (207) 287-4349 13

Toll Free #:

Travel Expenses: No

Fax #: (207) 287-4375

Other Charges: No

TTY #:

Email: lauren.sterling@maine.gov

Web Page: www.maine.gov/cabinet/homepage.htm

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- | | | | |
|----------|--|----------------|--|
| 1 | Topic Area: Asset Development | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: The Asset Approach to Positive Youth Development | | <input checked="" type="checkbox"/> Speaker |
| | Description: Provides an overview of national research-based 40 Developmental Assets approach to positive youth development. Provides national and Maine data to support youth serving organizations, clubs, groups and schools' need to incorporate approach into staff training and direct service to children and youth. | | <input checked="" type="checkbox"/> Technical Assistance |
|
 | | | |
| 2 | Topic Area: Grant Writing | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: Grant Writing | | <input checked="" type="checkbox"/> Speaker |
| | Description: Call for information. Fee | | <input checked="" type="checkbox"/> Technical Assistance |
|
 | | | |
| 3 | Topic Area: Mentoring | Service | <input checked="" type="checkbox"/> Training or Workshop |
| | Name: College/Community Mentoring | | <input checked="" type="checkbox"/> Speaker |
| | Description: Provides detailed plans for how to design, implement and evaluate a college/community mentoring program collaboration. | | <input checked="" type="checkbox"/> Technical Assistance |

Notes:

Stern, Kate Executive Director

York County Child Abuse & Neglect Council,
Inc.
62 Portland Rd, Suite 15
Kennebunk, ME 04043

Regions Served: York

Home Phone #: **Fee:** No
Work Phone #: (20) 985-5975
Toll Free #: **Travel Expenses:** No
Fax #: (207) 985-1758 **Other Charges:** No
TTY #:
Email: preventchildabuse@yccanc.org

Web Page: www.yccanc.org

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- | | | |
|----------|--|--|
| 1 | Topic Area: Parenting for Prevention
Name: Parenting for Prevention
Description: Offers programs and activities for parents that provide support and information on the development of healthy, nurturing parenting skills. Workshops, conferences, professional development classes, and awareness presentations to community groups are also provided. The council also collaborates with other child advocates to enhance the well-being of children and families. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Other -
Name: Child Abuse Prevention Program
Description: Provides educational programs for children about personal body safety and understanding what child abuse is and how it can be prevented. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

The Council is dedicated to the prevention of child abuse in all its forms - physical, emotional, sexual and neglect. Serving York county.

Notes:

Stevens, Jeri LCPC

Chandler Bay Resources
60 Front St
Waterville, ME 04901

Regions Served: All of Maine

Home Phone #: (207) 872-7558

Fee: Yes

Work Phone #:

Negotiable

Toll Free #:

Travel Expenses: Yes

Fax #:

Other Charges: No

TTY #:

Email: jeri@chandlerbayresources.com

Web Page: www.chandlerbayresources.com

- | | | |
|----------|--|--|
| 1 | Topic Area: Other -
Name: Communication Skills
Description: Workshops provide techniques on developing effective speaking and listening skills. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Other -
Name: Stress: The Ultimate Toxin
Description: This stress management workshop will help individuals evaluate levels of stress, harm to the body, harm to relationships and work and will teach new skills for stress management. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Parenting for Prevention
Name: Parents Working With Schools
Description: Training and workshops for both teachers and parent groups. Focus on how to get schools and parents to work together as a team to help meet the needs of children. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

Jeri Stevens is a Licensed Clinical Professional Counselor who has worked in the mental health field for 20 years. A major focus of her work is teaching people the necessary skills to help them make better life choices. Jeri works with both adolescents and adults.

Notes:

Tash, Renee

Mayo Regional Hospital
Counseling Program
897 W. Main St.
Dover-Foxcroft, ME 04426

Regions Served: Piscataquis / Penobscot

Home Phone #:
Work Phone #: (207) 564-4276
Toll Free #: (800) 792-8242
Fax #: (207) 564-4478
TTY #:
Email: rtash@mayohospital.com

Fee: Yes
Negotiable

Travel Expenses: Yes
Other Charges: No

Web Page: www.mayohospital.com

- | | | |
|----------|---|---|
| 1 | Topic Area: Other -
Name: "Get Real About AIDS" HIV/AIDS Prevention
Description: "Get Real About AIDS" provides education concerning safer sex and risk reduction to youth that are not sexually active. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Other -
Name: Be Proud Be Responsible
Description: "Be Proud Be Responsible" provides safer sex education for sexually active teens who are also involved with drugs. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Substance Abuse Education for Staff/Other Adults
Name: Here's Looking At You
Description: "Here's Looking At You" is a curriculum- based (K-12) grade drug and alcohol prevention program offered to schools. The program is designed to educate teachers and staff members to be better equipped to educate youth in drug prevention. | Service
<input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Tash, Renee

4 **Topic Area:** Smoking Prevention

Name: N.O.T. Program

Description Not On Tobacco is a smoking cessation/reduction program from the American Lung Association specifically designed for teens

Service Training or Workshop

Speaker

Technical Assistance

Renee Tash has over 3 years of experience in the field of mental health and drug treatment. She holds an Associate's degree in Chemical Addiction Counseling and is a presenter and trainer in three HIV/AIDS Prevention Programs. Presently, Renee is the coordinator of Adolescent Services at Mayo Regional Hospital.

.....

Notes:

Troy, Carol

The Women's Project at PROP
510 Cumberland Ave.
Portland, ME 04101

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 874-1140 243
Toll Free #: (800) 698-4959
Fax #: (207) 874-1182
TTY #:
Email: ctroy@propeople.org

Travel Expenses: No

Other Charges: No

Web Page:

- | | | |
|---|--|--|
| 1 | Topic Area: Parenting for Prevention
Name: Alcohol-Related Birth Defects
Description: An overview of the effects of alcohol on the developing fetus, Fetal Alcohol Syndrome and the current research on drinking during pregnancy. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Parenting for Prevention
Name: Your Children and You in Early Recovery
Description: Provides parents in early recovery from substance abuse an understanding of the changing dynamics of the parent/child relationship. This 2-part workshop also focuses on relapse prevention and resources. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Substance Abuse Education for Staff/Other Adults
Name: Fetal Alcohol Syndrome/Fetal Alcohol Effects (FAS/FAE)
Description: Workshops include information on the identification of, and increasing understanding of FAS/FAE, importance of prevention, services needed, resources and cost to individuals, families and communities. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input checked="" type="checkbox"/> Technical Assistance |

Vassallo, Andrea

Healthy Kids
P.O. Box 689
Damariscotta, ME 04543

Regions Served: All of Maine

Home Phone #: **Fee:** No
Work Phone #: (207) 563-1818
Toll Free #: **Travel Expenses:** No
Fax #: (207) 563-6381 **Other Charges:** No
TTY #:
Email: lccanc@gwi.net

Web Page:

- | | | |
|----------|--|---|
| 1 | Topic Area: Parenting for Prevention
Name: How to Talk so Kids Will Listen
Description: This is a four week class designed to help parents develop better communication with their children, learn how to set effective limits, and develop positive discipline skills. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 2 | Topic Area: Parenting for Prevention
Name: Dignified Discipline Class
Description: This 1 1/2 - 2 hour workshop is designed to help parents learn how to avoid common power struggles and to discipline more effectively. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |
| 3 | Topic Area: Parenting for Prevention
Name: Safe Touch/Problem Touch
Description: A personal safety program designed to teach assertiveness and body safety skills to children. This workshop is also available to parents who want to know how to protect their children from potentially dangerous situations. | Service <input checked="" type="checkbox"/> Training or Workshop
<input checked="" type="checkbox"/> Speaker
<input type="checkbox"/> Technical Assistance |

Vassallo, Andrea

4 **Topic Area:** Other -

Name: Recognizing & Reporting Abuse

Description This program is designed for teachers and child care providers, though parents are always welcome. Topics discussed are recognizing signs of physical, emotional, and sexual abuse, the process of reporting abuse, and the role of the mandated reporter. Shaken Baby Syndrome and its prevention are also covered.

Service Training or Workshop
 Speaker
 Technical Assistance

Healthy Kids is the Child Abuse and Neglect Council of Lincoln County. We are one of sixteen county councils mandated to work towards preventing child abuse and neglect in the State of Maine. Healthy Kids, also houses the Lincoln Healthy Families Home Visiting Program. Healthy Kids is a non-profit 501(c)3 organization. All Healthy Kids services are provided free of charge.

Notes:

Williams, Linda

Medical Care Development
11 Parkwood Drive
Augusta, ME 04330

Regions Served: All of Maine

Home Phone #:
Work Phone #: (207) 622-7566 243
Toll Free #:
Fax #: (207) 622-3616
TTY #:
Email: lwilliams@mcd.org
Web Page: www.mcd.org/suicide.asp

Fee: Yes
Negotiable
Travel Expenses: Yes
Other Charges: No

- 1 **Topic Area:** Suicide Prevention **Service** Training or Workshop
Name: Youth Suicide Prevention & Gatekeeper Training Speaker
 Technical Assistance
- Description** Gatekeeper training is a full-day training designed for adults who serve as the first line of recognition and referral for a distressed youth, possibly at risk for suicide. Training is designed to increase general knowledge about suicide, teach basic intervention skills and increase confidence in using them. Other suicide prevention educational opportunities are also available.
-

Notes:

ADDITIONS/CHANGES to the *Substance Abuse Prevention Resource Directory*

Please return this form to: Leanne Morin, Office of Substance Abuse, Information and Resource Center,
 11 State House Station, 41 Anthony Ave. Augusta, ME 04333-0011
FAX: 287-8910 Questions? Please call 1-800-499-0027 or 287-8916.

Please use this form to submit additions or other changes to the *Substance Abuse Prevention Resource Directory*.

_____ Adding a resource _____ Correcting a resource _____ Deleting a resource _____ No Changes

Submitted by: _____ Phone #: _____

Provider's Name: _____

Organization's Name: _____

Mailing Address: _____

Home Phone: _____ Toll Free #: _____ TTY# _____

Work Phone: _____ Web Address: _____

FAX #: _____ Email Address: _____

IF ADDING A RESOURCE: Please identify **one** Topic area for each program in which you provide services. Enter the topic number below and provide descriptive information. **Attach additional sheets if you want to list additional services that you provide.**

Topic Areas

- 1 = Stages of Addiction
- 2 = Adolescent Chemical Dependency
- 3 = Adventure Based Prevention Programs
- 4 = Mentoring
- 5 = Asset Development
- 6 = Evaluation

- 7 = Family Dynamics
- 8 = Grant Writing
- 9 = Interactive Theater
- 10 = Music
- 11 = Parenting for Prevention
- 13 = Resiliency
- 14 = Ropes Course Programming
- 15 = Self-destructive Behavior

- 16 = Suicide Prevention
- 17 = Substance Abuse Education for Staff/Other Adults
- 18 = Violence Prevention
- 19 = Smoking Prevention
- 20 = Talking to Kids About Drugs (For Parents)
- 21 = Other - _____

_____ Name: _____

Description: _____

Training/Workshops: Y N
 Speaker: Y N
 Technical Assistance: Y N
 (Example: Onsite Support,
 Phone Consultation, Etc.)

_____ Name: _____

Description: _____

Training/Workshops: Y N
 Speaker: Y N
 Technical Assistance: Y N
 (Example: Onsite Support,
 Phone Consultation, Etc.)

Where will you provide services?

Statewide? Y N If not statewide, then in what Counties? _____

Do you charge a fee for services? Y N (Is it negotiable, sliding scale, free to non-profits, other: _____)

Do you request reimbursement for travel expenses? Y N Any other charges? Y N

Please include 2-3 sentences with additional biographic or other pertinent information.