

CURRENT TOBACCO TREATMENT COVERAGE OVERVIEW - MAINE									
Insurance Coverage for Nicotine Replacement Therapy, Bupropion & Counseling									
Updated: January 8, 2008									
Source of coverage	Nicotine Patch	Nicotine Gum	Spray	Lozenge	Inhaler	Zyban	Chantix (varenicline)	Smoking Cessation Programs	Counseling
Medicaid* (MaineCare)	Up to 3 months supply / year; CO PAY (3.00); requires provider script although over the counter medication	Up to 3 months supply / year; CO PAY (3.00); requires provider script although over the counter medication	LIMIT: w/prior authorization, if gum and patch tried and failed or if presence of a condition that prevents usage of preferred drug or interaction with another drug and preferred drugs exists COPAY, provider apptmt	LIMIT: Available to patients not able to tolerate patch or gum COPAY; provider apptmt	LIMIT: w/prior authorization, if gum and patch tried and failed or if presence of a condition that prevents usage of preferred drug or interaction with another drug and preferred drugs exists COPAY, provider apptmt	Bupropion SR 100 and 150mg instead, which is the generic form of Zyban. COPAY, provider apptmt	Up to 6 mos. w/COPAY; effective 1/1/08, available w/o prior authorization; Note: patch and gum prescribed with Chantix, may be paid, with prior authorization	not covered	99402 - used alone or in addition to appropriate code (3/patient/calendar year/doctor); effective 1/1/08 new codes 99406 3-10 minutes; and 99407 10+ mins
Dirigo	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown	Harvard Pilgrim plan-- available 1/1/08; coverage unknown
Anthem**	LIMIT: Standard Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	LIMIT: Standard Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	LIMIT: Base Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	LIMIT: Base Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	LIMIT Base Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	LIMIT Base Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	LIMIT Base Coverage includes: Covered with prescription \$200 / year (after deductible is met), \$400 / lifetime (for all NRT and Zyban) \$10 PCP co pay	Smoking cessation classes provided through a hospital or physician's office \$35/class, \$70 lifetime	Base coverage could include: 2 physician follow-up visits annually
Self-insured Plan ***	covered w/no co pay , annual or lifetime limits or deductibles	covered w/no co pay , annual or lifetime limits or deductibles	covered w/no co pay , annual or lifetime limits or deductibles	covered w/no co pay , annual or lifetime limits or deductibles	covered w/no co pay , annual or lifetime limits or deductibles	covered w/no co pay , annual or lifetime limits or deductibles	covered w/no co pay , annual or lifetime limits or deductibles	100% of cost; no lifetime limits on classes	unlimited MD visits
Maine Tobacco Helpline	free up to 8 weeks, 2 refills/year for uninsured	free up to 8 weeks, 2 refills/year for uninsured	not covered	free up to 8 weeks, 2 refills/year for uninsured; 2d course of treatment 6 mos after last call	not covered	not covered	not covered	N/A	free for any caller; initial assessment plus 4 proactive follow up calls; unlimited add'l support calls (if caller calls in)
Medicare (updated 1/08)	Not covered b/c OTC	Not covered b/c OTC	May be covered - depends on Part D drug plan	May be covered -d depends on Part D drug plan	May be covered - depends on Part D drug plan	May be covered - depends on Part D drug plan	May be covered - depends on Part D drug plan	not covered	2 cessation attempts covered per year - each attempt may include a maximum of four intermediate or intensive sessions (cover up to 8 sessions in 12 mo period).****
*pharmacotherapy coverage based on Prescription Drug List (PDL) revised 10/07									
**current as of 11/07; largest small group insurer; may represent most comprehensive tobacco cessation coverage among non-self-insured plans									
***Self insured plan of Maine Health through Anthem									
Note: Bupropion hydrochloride is sold in generic form under brands Wellbutrin (for depression) and Zyban (for smoking cessation). Although Wellbutrin and Zyban contain same active ingredient only generic bupropion and Zyban are approved by the FDA for smoking cessation Rx.									
****Counseling covered if has illness caused/ complicated by smoking or other tobacco use, such as heart disease; or is taking medications that tobacco use interferes with (including drugs to treat diabetes, high blood pressure)									