Inhalant Abuse Prevention:
Key Resources

- **Maine Office of Substance Abuse**. The Maine Office of Substance Abuse **Information & Resource Center** (IRC) offers resources free to anyone in Maine. Resources include books, pamphlets, videos and referrals to other resources. An online searchable catalog is available, which contains many of the resources identified below.
  http://maineosa.org/irc **E-mail**: osa.ircosa@maine.gov
  Phone: 1-800-499-0027 or 207-287-8900 **TTY**: 1-800-606-0215
- **Northern New England Poison Center.** Poison Specialists are available 24 hours a day, 7 days a week to answer questions about inhalant abuse and other poison related questions. Lectures and presentations for adults or children are available upon request. Call 1-800-222-1222 for further information.
- **New England Inhalant Abuse Prevention Coalition**, for questions about inhalant abuse, contact us at 1-800-419-8398 or www.inhalantprevention.org.
- **Massachusetts Department of Public Health Inhalant Abuse Task Force Adult Handouts**, and an inhalant prevention brochure (youth audience). Available by calling 617-624-5143 or e-mailing questions.bsas@state.ma.us. Many of the handouts are available at http://www.state.ma.us/dph/inhalant/ but have been modified to remove the names of products, how they may be abused, and their euphoric effects.
- **Virginia Inhalant Prevention Resource Guide**, K-12. State of the art inhalant prevention curriculum guide including lessons and background material. Developed by Isabel Burk, Director, The Health Network (845-638-3569) for the Virginia Dept of Education. Downloadable from http://www.healthnetwork.org/. In public domain.
- "**Danger! Toxic Chemicals**" This is an inhalant prevention video targeted for students in grades five to nine. The video explains the dangers of inhalants and models refusal skills. It does not show what products are being abused or how to abuse them. Highly recommended because it uses the approach that inhalants are not really drugs, but are poisons, toxins, and pollutants. Publisher: Hazelden Foundation. Video, VHS format, 1999, Grades 5-8, 14 minutes; 1-800-328-9000; Item 4063. $203.00
- **National Inhalant and Poison Awareness Week Local Coordinator's Kit**. National Inhalant Abuse Coalition. This kit contains everything a school, community agency, or state program needs to conduct a community awareness campaign. It has complete guidelines for coordinators, news releases, and fact sheets, PSA scripts, camera ready art and suggestions for special events and more. Harvey Weiss, Executive Director. 1-800-269-4237. Very informative website: www.inhalants.org (not edited for children).
- "**NIDA Research Report: Inhalant Abuse**." Published by the National Institute on Drug Abuse. This is a good overview of the inhalant problem. It is suitable for parents and as an introduction to the issue for professionals. Revised 2004. At http://www.nida.nih.gov/ResearchReports/Inhalants/Inhalants.html. This may be downloaded and copied or ordered (NIH Publication No. 00-3818) from NCADI 1-800-729-6686.
- "**CSAT Substance Abuse Treatment Advisory, Volume 3, Issue 1: Inhalants**." Revised 2004. This newsletter gives current information and statistics on inhalants, such as what they are, how they're used, who is using them, why they're popular, what they do to the body, and what their long-term effects are. Also discussed is the addictiveness of inhalants and how inhalant users receive treatment. Additional resources are listed. Bibliography. This may be ordered (NIH publication no: 00-3818; NCADI no: MS922 at NCADI) or downloaded at http://ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=16506.
- **Web-based classes** for parents and a web-based class for youth-serving professionals, New England Inhalant Abuse Prevention Coalition. www.inhalantabusetraining.org

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Maine Inhalant Abuse Prevention Work Group
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For more information about inhalants please contact
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Email: osa.ircosa@maine.gov Web Address: http://maineosa.org/irc