



Fourth North American Workshop on Rainbow Smelt Welcome to Portland, Maine!

Transportation –

The Holiday Inn by the Bay offers free shuttle service to all hotel guests within the Portland area. Taxi services are also available. A few of the area taxi services are:

ASAP Taxi – 207-791-2727

American Taxi – 207-749-1600

Airport Cab – 207-899-5335

Some nearby restaurants –

Numbers before restaurant names correspond to numbers on the map on the last page

Breakfast Diners

1. Becky's Diner

390 Commercial Street, Portland, 04101

207-773-7070

<http://www.beckysdiner.com/>

A Portland classic, Becky's Diner is located on the waterfront surrounded by the fish piers. A traditional breakfast diner with a bit of local flair. Open daily.

Casual Dining and Pub Fare

2. Portland Pie Co.

51 York Street, Portland, 04101

207-772-1231

<http://www.portlandpie.com/>

Located a few blocks from the Holiday Inn, Portland Pie offers creative pizza choices, appetizers, sandwiches, and pastas. Portland Pie offers both bar-style and sit-down dining, local brews and a full bar. On Monday night, we will be having a Happy Hour event at Portland Pie beginning at 6pm.

3. Three Dollar Dewey's

241 Commercial Street, Portland, 04101

207-772-3100

<http://www.threedollardeweys.com/>

Located a few blocks down from the hotel and close to Portland's waterfront, Three Dollar Dewey's maintains one of the largest selections of Maine's brews on tap and in bottle, a broad menu of seafood chowders, sandwiches, and burgers. Open for lunch and dinner, the restaurant offers bar, bench, and table style seating.

4. Norm's Bar and Grill

617 Congress Street, Portland, 04101

207-828-9944

<http://www.normsbarandgrill.com/>

Located close to the business center of town, Norm's has been a neighborhood eatery for over 15 years. They serve great specials in addition to their regular menu for both lunch and dinner. A great atmosphere and excellent food.

5. Flatbread Company

72 Commercial Street #5, Portland, 04101

207-772-8777

<http://www.flatbreadcompany.com/>

Located on Portland's waterfront, Flatbread cooks all of their pizzas in hand built wood fire ovens. Flatbread features food from local farms and is committed to providing food that is fresh, minimally processed, and grown close to home. Open for both lunch and dinner.

6. The Great Lost Bear

540 Forest Avenue, Portland, 04101

207-772-0300

<http://www.greatlostbear.com/>

One of Portland's most famous pub-style restaurants, the Bear offers a large variety of food for lunch and dinner, including sandwiches, burritos, burgers, entrees, much more, and boasts the privilege of having one of the largest beer menus in New England. Located a cab-ride away from the hotel.

Brew Pubs

7. Gritty McDuff's

396 Fore Street, Portland, 04101

207-772-2739

<http://www.grittys.com/>

Located in Portland's Old Port district, Gritty's is one of Portland's landmarks. Gritty's keeps all of their home-brewed beers on tap year round, rotating one or two taps for their seasonal selections offering and features pub fare to compliment. Open for lunch, dinner, and late night, you can sit at the bar, at a bench style table with a larger group, or at smaller tables.

8. Sebago Brewing Company

164 Middle Street, Portland, 04101

207-775-2337

<http://www.sebagobrewing.com/>

Located in Portland's Old Port area, Sebago feature's a large beer selection, all brewed from all malt, giving their beers a signature sweet and thick taste. Sebago's menu offers a wide variety of food for both lunch and dinner, including lobster quesadillas, entrée portioned salads, pastas, burgers, and seafood entrees.

Sushi

9. Yosako

1 Danforth Street, Portland, 04101

207-780-0880

Located close to the hotel, Yosako offers a full sushi menu as well as other Japanese food. Both table and sushi bar seating are available. A lunch menu is offered.

10. Sapporo

230 Commercial Street, Portland, 04101

207-772-1233

<http://www.sappororestaurant.com/>

Located on Portland's waterfront, Sapporo is a modern style sushi restaurant which also offers a full entrée menu including tempura, udon, and curries.

11. Fuji

29 Exchange Street, Portland, 04101

207-773-2900

<http://www.fujimaine.com/>

Located in Portland's Old Port area, Fuji offers a full sushi menu and Japanese steak house style hibachi tables. Fuji is located in the center of Exchange Street, one of Portland's best shopping streets. Fuji is a great lunch-time stop for sushi or an exciting hibachi dinner for a larger party.

Seafood and Raw Bars

12. J's Oyster Bar

5 Portland Pier, Portland, 04101

207-772-4828

<http://www.jsoyster.com/>

Located on one of Portland's piers, J's Oyster bar is one of the most talked about raw bars in New England. J's offers a full raw bar as well as entrees. J's is a small place centered around raw oysters, local fair, and local flair.

13. Old Port Sea Grill

93 Commercial Street, Portland, 04101

207-879-6100

<http://www.theoldportseagrill.com/home.php>

Located close to Portland's waterfront, the Old Port Sea Grill features the largest selection of oysters on the half shell in town, with varieties from across New England and Canada. They also offer a full menu of seafood entrees.

14. Gilbert's Chowder House

92 Commercial Street, Portland, 04101

207-871-5636

<http://www.gilbertschowderhouse.com/>

Located on Portland's waterfront, Gilbert's boasts the most award-winning chowder in town. One of the Portland mainstays, Gilbert's menu offers seafood in all styles: chowders, fried appetizer fritters, baked and stuffed, or in sandwiches and rolls. Open for both lunch and dinner.

Upscale Dining

15. The Corner Room

110 Exchange Street, Portland, 04101

207-879-4747

http://www.thefrontroomrestaurant.com/index.php?option=com_content&view=article&id=28&Itemid=64

Located in the Old Port district, the Corner is one of the three Portland restaurants by chef and owner Harding Lee Smith, an award winning chef committed to featuring local food and homemade breads, pastas, and cured meats. The Corner Room features a rustic-style Italian menu with antipasti, pizzas and pastas, and Italian inspired entrees for both lunch and dinner.

16. The Grill Room

84 Exchange Street, Portland, 04101

207-774-2333

http://www.thefrontroomrestaurant.com/index.php?option=com_content&view=article&id=2&Itemid=3

Located in the heart of the Old Port district and another of chef Harding Lee Smith's 'Rooms', the Grill Room features all natural beef from Wolfneck Farms in Freeport, Maine paired with excellent sides including lobster mashed potatoes. Extremely fresh raw Maine oysters are offered on the appetizer menu as well as a few hard-to-find items including escargot. A lighter lunch menu and bar menu are also available.

17. The Front Room

73 Congress Street, Portland, 04101

207-773-3366

http://www.thefrontroomrestaurant.com/index.php?option=com_content&view=article&id=6&Itemid=12

The original of the 'Room' restaurants, the Front Room quickly became a local and award-winning favorite when it opened in 2006. The Front Room prepares classic comfort food with simple, local, and high-quality ingredients. Open everyday for brunch (8am – 2:30pm) and dinner, the Front Room is located a cab ride away from the hotel and is well worth the ride.

18. Fore Street

288 Fore Street, Portland, 04101

207-775-2717

<http://www.forestreet.biz/>

Located in the Old Port district, Fore Street was named one of the best restaurants in the United States in 2002. Fore Street's interior surrounds a brick wood-burning oven, grill, and turnspit, visible from most tables. Fore Street's menu features ingredients from a community of Maine farmers, fishermen, foragers, and cheesemakers, each at the peak of their season. Reservations are recommended.

19. Street & Co.

33 Wharf Street, Portland, 04101

207-775-0887

<http://www.streetandcompany.net/home>

Located in the heart of the Old Port district on a pedestrian-only road, left unpaved and the original cobblestone exposed, Street & Co. believes in creating excellent meals from few and simple ingredients. Their menu is centered around Maine seafood and changes almost daily depending on the availability of fresh food from local farmers and fishermen.

