



PREVENTION WORKS IN MAINE

HIV/AIDS PREVENTION EDUCATION FOR SEXUAL HEALTH

A newsletter for health educators working with school aged youth

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THE COLLEAGUE CORNER

A Time to Reflect



There are red letter days in all of our lives when we meet someone who makes a lasting impression and completely changes our world. Lois Cooper enriched the lives of others every day with her passionate and positive involvement. She

was one of those unique individuals who truly understood the gift of life and went about living life to the fullest extent possible.

Our dear friend and colleague, Lois Cooper, died on May 16. She worked as a consultant to the Maine Department of Education HIV Prevention Education Program doing teacher trainings in HIV prevention curricula. She collaborated in the writing of three curricula that are used currently in many high schools and middle schools in Maine.

In honor of this incredible woman, we would like to invite you to share with others some comments or stories you have about Lois. We will compile your feedback and post it to our website in the next few weeks. Please [e-mail](#) us. Thank you.

Sincerely,

Jean Zimmerman, Program Coordinator



JUNE 27TH IS NATIONAL HIV TESTING DAY

More than 1 million Americans are living with HIV infection and about 1 in 5 doesn't know it, according to the Centers for Disease Control and Prevention (CDC). The CDC recommends that everyone between the ages of 13 and 64 get tested for HIV at least once in their lives.

RESOURCES: [Maine HIV Testing Sites](#), MDOE; [National HIV and STD Testing Resources](#), U.S. CDC; [Find HIV or STD Testing Sites](#), NPIN/U.S. CDC; [GreaterThan.org](#), Greater Than AIDS; [Testing and Medical Care Saves Lives](#), Vital Signs/U.S. CDC.

TRAINING OPPORTUNITIES

Feedback wanted

How can we best provide HIV prevention training that meets your needs? We need to hear from you. Please take a few minutes to share y our comments with us. All names will be put into a drawing for a fabulous prize! Your input is valuable so thank you.

Click here: [FEEDBACK](#).



Did you know...

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when low-income teens live in places with high income inequality, the risk of pregnancy is even higher.

The United States ranks first among developed countries when it comes to income inequality. Perhaps this fact helps explain why US teens are 10 times more likely to get pregnant than teens in Switzerland, a country with a significantly narrower wealth gap.

(Source: [Huffington Post](#)/study by National Economic Research Bureau)

FACT: Teens say parents most influence their decisions about sex and 87% say it would be much easier for them to postpone sex and avoid teen pregnancy if they were able to have more open, honest conversations about these topics with their parents. (Source:

[National Campaign to Prevent Teen and Unplanned Pregnancy](#))

NOTE: [LD 1770—An Act to Encourage Parental Involvement in Education](#) was passed/signed by Governor, 3/30/12.



TEEN PREGNANCY

Teen pregnancy is more prevalent in states with high income inequality. Many research studies have confirmed that living in poverty increases the chances of teen pregnancy, new information suggests that

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MEDICAL PROGRESS

amfAR Applauds FDA Panel Recommendation on Pre-Exposure Prophylaxis (PrEP), Urges Swift Action on Approval—Potentially adding a new weapon to the HIV prevention arsenal, an FDA advisory panel has recommended the approval of the antiretroviral drug Truvada for pre-exposure prophylaxis (PrEP). Several clinical trials over the past few years have shown that the once-daily pill, when taken consistently, significantly reduces the chances of acquiring HIV. The FDA is expected to make its decision in June. Read more [here](#).

BULLYING PREVENTION RESOURCES

[stopbullying.gov](#)

Recently, the U.S. departments of Health and Human Services and Education unveiled an enhanced website that encourages children, parents, educators, and communities to take action to prevent and respond to bullying. Visit: [StopBullying.gov](#).

Standing up, Not Standing By

A free cyberbullying toolkit for educators at:

<http://www.common sense media.org/educators/cyberbullying-toolkit>

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QUICK LINKS

[Family Planning Association of Me](#)
[HIV/AIDS Info Resource](#)
[HIV, STD, and Viral Hepatitis Program, MCDC](#)
[Maine Integrated Youth Health Survey](#)
[Teen and Young Adult Health Program, MCDC](#)