

The Healthy, Hunger-Free Kids Act of 2010

WATER:

(the Act), Public Law 111-296, establishes a requirement for making water available to children in the National School Lunch Program (NSLP). The purpose of this memorandum is to provide guidance on the implementation of this provision.

Section 203 of the Act amends section 9(a) of the Richard B. Russell National School Lunch Act (42 U.S.C. (1758(a)) by requiring schools participating in the NSLP to make potable water available to children at no charge in the place where lunch meals are served during the meal service. There are a variety of ways that schools can implement this requirement. For example, schools can offer water pitchers and cups on lunch tables, a water fountain, or a faucet that allows students to fill their own bottles or cups with drinking water. Whatever solution is chosen, the water must be available without restriction in the location where meals are served. Schools should be working toward developing a reasonable method to implement this requirement.

While potable water is required to be made available to students, it is not considered part of the reimbursable meal and students are not required to take water. There is no separate funding available for this provision and reimbursement may not be claimed. However, reasonable costs associated with providing potable water would be an allowable cost to the non-profit food service account.

We understand that some food service areas and/or procedures may require significant changes to properly incorporate this provision. We also recognize the range of complexities that may be involved in a school's ability to implement this provision. Therefore, we encourage schools to comply with this requirement as soon as possible, but not later than the beginning of School Year 2011-12.

The Food and Nutrition Service (FNS) plans to issue a proposed rule regarding water availability in conjunction with the proposed nutrition standards for all foods sold in schools. FNS will issue separate guidance to implement a similar provision in the Child and Adult Care Food Program.

State agencies should direct any questions concerning this guidance to the appropriate FNS Regional Office. Regional Offices with questions should contact the Child Nutrition Division.



MILK:

The Healthy, Hunger-Free Kids Act of 2010 (the Act), Public Law 111-296, modifies requirements for fluid milk in the National School Lunch Program and School Breakfast Program. The purpose of this memorandum is to provide guidance on the implementation of these modifications.

Section 202 of the Act amends section 9(a)(2)(A) of the Richard B. Russell National School Lunch Act (42 U.S.C. 1758(a)(2) (A)) by requiring that a variety of fluid milk be served consistent with the most recent Dietary Guidelines for Americans. The 2010 Dietary Guidelines recommend that persons over two years of age consume fat-free or low-fat (1%) fluid milk. To offer milk variety consistent with this recommendation, school food authorities must offer at least two choices from the following: fat-free milk, low-fat (1%) milk, fat-free or low-fat lactose reduced milk, fat-free or low-fat lactose-free milk, fat-free or low-fat buttermilk, and fat-free or low-fat acidified milk. Such products must be pasteurized fluid milk that meets State and local standards, as currently required in 7 CFR 210.10(m)(1)(ii).

The proposed rule, *Nutrition Standards in the National School Lunch and School Breakfast Programs*, published in the Federal Register on January 13, 2011, includes a similar provision that addresses the allowable fat content of milk and also addresses flavored milk. Until an implementing rule goes into effect, plain or flavored low-fat and fat-free milk may be offered to meet the variety requirements described above.

We understand that many contracts are in place and would need to be altered to comply with this requirement. School food authorities should work to comply with this requirement as soon as possible, but not later than the beginning of School Year 2011-2012.

State agencies should direct any questions concerning this guidance to the appropriate FNS Regional Office. Regional Offices with questions should contact the Child Nutrition Division.

The Stool



Picture a stool with three legs. It sits soundly on the floor. It does not rock or tip over. It supports you when you are tired or reaching for the stars.

Let's rebuild that stool. First, obtain a School Lunch tray. Then add one leg called a School District. If you stand the tray up on the one leg, it will quickly fall over. You need to add more support, a second leg called a State Agency is added. Again, the tray stool falls over. The third leg called the USDA must now be added and magically the stool will stand. Assuming that all legs are the same length (they all provide equal support) the stool will be firm and level. The legs share the load so all tasks are spread out over the three legs. Maybe the names of the legs are different for you but it still takes three legs to build a stool.

Now you think more legs can be added to make the stool stronger but at some point it will become difficult to manage and provide equal support. It may even make the base weaker with the leg attachments. The stool will always need at least three legs to stand solid.

So think in threes!!!

Spring Informational Meeting

Wednesday, May 11, 2011. Augusta Armory, Western Ave., Augusta, ME

Registration begins at 8: AM. The meeting is scheduled for 8:30 AM - 4:00 PM

The majority of this meeting will cover the Healthy, Hunger-Free Kids Act of 2010.

The training will cover provisions in the Act affecting the following Child Nutrition Programs: National School Lunch, School Breakfast Program and the Summer Food Service Program. We strongly encourage at least one representative from your district to attend. Speakers will be from the Child Nutrition office as well as USDA Northeast Regional Office.

Lisa Brown will also be on hand from the Department of Health and Human Services, Health Inspection Program and will be providing updates on the new rules, regulations and any changes coming from her office.



Summer Training Dates

Maine Child Nutrition

Summer Food Service Program Training

All Training's will take place in Room 103 at 111 Sewall St, Augusta, Cross Office Building

April 22 for Summer Camps and Nonprofit's 12:30 -4

April 28th for Schools 12:30 -4 (we will try to do a video conference with 3 sites)

The Video Conference Sites are: Houlton Jr/Sr High School and Caribou Tech Center.

If interested in being a site, please contact Amy.Webb@maine.gov

Fresh Fruit and Vegetable Program

Questions about the Fresh Fruit and Vegetable Program should be directed to [Gail Lombardi](#) or [Stephanie Cummings](#).

Announcements for next year will be made in early May.

"Now You're Cooking"

is being offered Tuesday, June 28 & Wednesday, June 29, 2011 at Enfield Station School (near Howland & Lincoln). This food production course is designed to teach creative approaches to recipe and menu modification. This fast paced course is enjoyable, fun and you will prepare and taste the items. This two day course will give you new ideas to use in your school and help in increase participation. Participants are required to attend both days. Best of all, it is free to participants and can be used for SNA certification. Register early as space is limited. Contact April Taylor at 207-624-6666 or email

[April Taylor](#)

Registration Form: [NYC Class Flyer June 2011](#)

The next two State Shut Down days are:
Tuesday, April 19th, and Friday, May 27th.

Maine Child Nutrition now offers 3 list serve options!!!

All Food Service Directors and managers **must** be on the Child Nutrition List Serve to remain current. This is the method that all announcements of regulation changes, meetings, late checks and other current topics are shared with all. The list serve is for Maine Food Service staff. The list is not given out to anyone and vendors are not members. DOE staff does control the membership and the posting. This should be a resource to all. If you should change your address you will need to register with the list serve again. maintaining the current email status is the responsibility of the members. [Join Child Nutrition list serve NOW](#)

There also is a farm to School list serve. it has members that include producers, school food service staff school health coordinators, interested public members, nurses and many more. join today at no cost to stay current and share with others. Sharing keeps all members current!

[Farm to school list serve join NOW](#)

Fresh Fruit and Vegetable program has a list serve to keep all informed. This is required for schools that have accepted the grant. at least one active person must be a member of the list serve. the is the most effective way to hear the news in a timely fashion. [Join FFVP list serve NOW](#)

The list serve you join on your own and unsubscribe on your own. If your address changes unsubscribe the old address and subscribe with the new address. the list serve are monitored for exchange of information and not used for sales or membership lists.