

MAINE DEPARTMENT OF INLAND FISHERIES AND WILDLIFE



Forest Management Recommendations for Brook Trout

Background

Brook trout (*Salvelinus fontinalis*), commonly referred to as squaretail, brookie, and speckled trout, are native to Maine and are the most preferred sport fish sought by Maine anglers. Size may vary, depending on water temperature, productivity, and food sources, but 3 year-old brook trout in Maine lakes may range from 7.5 to 17.5 inches long. Stream populations are typically slower growing, and lengths of 6 to 10 inches are more common place, although some populations mature and reproduce at lengths smaller than 6 inches.

Maine is the last stronghold for wild brook trout in the eastern United States. There are more than twice as many watersheds supporting wild populations in Maine than all of the other 16 states within the historical eastern brook trout range combined. Maine is also the only remaining state with extensive intact lake and pond dwelling populations of wild brook trout.

Brook trout require clean, cool, well oxygenated water and are very sensitive to changes in habitat and water quality. Rivers and streams typically provide spawning and nursery habitat. Adults are commonly resident in streams, but migrate throughout and between drainages to meet seasonal life history requirements.

Stream habitat suitability is maintained by the presence of intact, mature wooded riparian corridors that conserve forest soils, provide shade to reduce stream warming, protect stream water quality, provide cover for fish, and provide a source of woody debris and leaf litter from mature trees that maintain in-stream habitat for fish and the aquatic insects they feed upon. Floodplain and fringe wetlands associated with streams can be a significant source of springs and groundwater discharge that maintain stream flows and cool temperatures during warm low flow summer periods. Protection of these important riparian and wetland functions ensures that the overall health of the stream habitat and watershed is maintained.

Maine brook trout fisheries are unique and highly valuable, but they are vulnerable to habitat alteration that may be caused by poorly planned and implemented land management activities. Well planned forestry operations can protect habitat and help ensure that forests remain as forest; a compatible land use for brook trout and many other fish and wildlife.

Forest Management Recommendations

Brook trout are not afforded any special state or federal regulatory protection for forestry operations, and as such management recommendations are advisory.

The MDIFW recommends following Best Management Practices (BMPs) during all road and trail building activities, as well as timber harvesting. BMPs are detailed in the booklet titled *Best Management Practices for Forestry*, which offers guidance on managing and protecting water quality, installing road-stream crossings, and providing fish passage. This booklet is available at: http://www.maine.gov/doc/mfs/pubs/bmp_manual.htm or contact the Maine Forest Service at 1-800-367-0223.

Potential harmful impacts to fish and wildlife may be further minimized by designating low impact “riparian management zones” adjacent to streams and stream-associated fringe and floodplain wetlands in forest management and harvest plans. Smaller streams may be greatly influenced by land management practices; these systems benefit the most from well-managed and intact riparian corridors.

The MDIFW also recommends limiting the harvest of trees and alteration of other vegetation within 100 feet of streams and their associated fringe and floodplain wetlands to maintain an intact and stable mature stand of trees, characterized by heavy crown closure (at least 60 – 70%) and resistance to wind-throw. In some situations wider buffers should be considered where severe site conditions (e.g., steep slope, vulnerable soils, poor drainage, etc) increase risk to soil and stand stability. Any harvest within the riparian management zone should be selective with a goal of maintaining relatively uniform crown closure.