

Cold Weather Survival Workshop

Presented by
Maine Local Roads Center,
Maine Department of Public Safety
and Fins & Furs Adventures

A cooperative Program by the
Maine Department of Transportation
and
Federal Highway Administration

Who should attend:

Anyone who is exposed to extreme elements, especially snow plow operators and other public workers who are at risk for becoming trapped in bad weather or who may chance upon stranded motorists and require emergency skills.

What will be Covered:

This course will show how to prepare mentally for being stranded in life-threatening weather; equipment and clothing needed to survive the cold. Symptoms of hypothermia and carbon monoxide poisoning and their treatment will also be taught.