

# AMERICAN INDIAN RESOURCES

## Toolkits

A Guide to Suicide Prevention for American Indian and Alaska Native Communities

<http://www.oneskycenter.org/documents/AGuidetoSuicidePreventionDRAFT.pdf>

Assessment and Planning Toolkit for Suicide Prevention in First Nations Communities

[http://www.naho.ca/firstnations/english/documents/NAHO\\_Suicide\\_Eng.pdf](http://www.naho.ca/firstnations/english/documents/NAHO_Suicide_Eng.pdf)

## Websites

Indian Health Service Community Suicide Prevention Website - [www.ihs.gov/NonMedicalPrograms/nspn/](http://www.ihs.gov/NonMedicalPrograms/nspn/)

One Sky Center - [www.oneskycenter.org](http://www.oneskycenter.org)

Oregon Health & Science University

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Fax: 503-494-2907

The One Sky Center, funded by a cooperative agreement with the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration with its Center for Substance Abuse Prevention and Center for Substance Abuse Treatment, is the first National Resource Center for American Indians and Alaska Natives dedicated to improving prevention and treatment of substance abuse and mental health.

First Nations Behavioral Health Association - [www.fnbha.org](http://www.fnbha.org)

National Organization for People of Color Against Suicide - [www.nopcas.com](http://www.nopcas.com)

Tri-Ethnic Center - <http://triethniccenter.colostate.edu>

Tribal Connections—Your American Indian/Alaska Native Community Health and Information Resource Portal to the Internet - [www.tribalconnections.org/](http://www.tribalconnections.org/)

Homicide and Suicide Among Native Americans, 1979-1992 Violence Surveillance Summary Series, No. 2 from the National Center for Injury Prevention and Control at [www.cdc.gov/ncipc/pub-res/natam.htm](http://www.cdc.gov/ncipc/pub-res/natam.htm)

Suicidality and help-seeking behaviors in American Indian youth (#143)

[www rtc.pdx.edu/pgDataTrends2007.shtml](http://www rtc.pdx.edu/pgDataTrends2007.shtml)

Acting on What We Know: Preventing Youth Suicide in First Nations

[http://www hc-sc.gc.ca/fnih-spni/pubs/suicide/prev\\_youth-jeunes/index\\_e.html](http://www hc-sc.gc.ca/fnih-spni/pubs/suicide/prev_youth-jeunes/index_e.html)

Suicide-Related Research in Canada: A Descriptive Overview (2003)

[http://www.phac-aspc.gc.ca/publicat/mh-sm/suicide-research/pdf/suicide\\_research\\_e.pdf](http://www.phac-aspc.gc.ca/publicat/mh-sm/suicide-research/pdf/suicide_research_e.pdf)

## Books and Articles

Lester, D. (2001). *Suicide in American Indians*. New York: Nova Science.

LaFramboise, T., (2006). American Indian Youth Suicide Prevention. *The Prevention Researcher*, 13 (3), 16-18.

Maine

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## General Resources

Suicide Prevention Resource Center: <http://www.sprc.org>  
American Foundation for Suicide Prevention: <http://www.afsp.org>  
American Association of Suicidology: <http://www.suicidology.org>  
Stop A Suicide Today! Screening for Mental Health: <http://www.stopasuicide.org>  
The Center for Suicide Prevention: <http://suicideinfo.ca>  
SAVE: Suicide Awareness Voices of Education: <http://www.save.org>  
Suicide Prevention Action Network (SPAN) USA, Inc.: <http://www.spanusa.org>  
The National Organization for People of Color Against Suicide: <http://www.nopcas.com>  
Link National Resource Center for Suicide Prevention & Aftercare: <http://www.thelink.org>  
National Strategy for Suicide Prevention: <http://www.mentalhealth.samhsa.gov/suicideprevention>  
National Alliance on Mental Illness (NAMI): <http://www.nami.org>  
GLBT National Help Center: <http://www.glnh.org>  
Maine Youth Suicide Prevent Program: <http://www.mainesuicideprevention.org>

## Hotlines

Native Youth Crisis Hotline 1-877-209-1266

Native Americans aged 15-24 years have the highest suicide rate in their age group—more than triple the national average. This toll-free, 24 hour hotline was established to help these youth cope with issues such as suicidality, violence, drug/alcohol abuse, and tobacco addiction. Accessible from the U.S. and Canada.

National Suicide Prevention Lifeline - <http://suicidehotlines.com/national.html>

1-800-273 TALK

1-800-273-8255

Maine Crisis Hotline

1-888-568-1112

*Developed by the Maine Youth Suicide Prevention Program*

