

CACFP

MONTHLY UPDATE

In this issue of the CACFP Monthly Update

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Welcome to this month's edition of the CACFP Monthly Update! The Monthly Update is your one stop to stay informed about all the updates, changes and exciting things happening in the Child and Adult Care Food Program.

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CACFP Contacts

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Language Assistance

The Department of Education website has been updated with instructions to support Sponsors who require language assistance.

The following changes have been made:

Language Assistance has been added:

- It's own page:

<https://www.maine.gov/doe/about/languageassistance>

- At the very top above the search bar

- In the footer under Contact Us

- On our Contact Us page:

<https://www.maine.gov/doe/about/contact>

- On our Constituent Concerns page:

<https://www.maine.gov/doe/contact/complaint>



Claims

Claims must be in “Approved” status by the following dates:

April Claim is due by July 1, 2024

May Claim is due by July 30, 2024

June Claim is due by August 29, 2024

July Claim is due by September 30, 2024

August Claim is due by October 30, 2024

September Claim is due by November 29, 2024

Claims not submitted by the dates above will be late and then will follow the 1 in 3 year exception rule.

CACFP Open Office Hours

After receiving great feedback last year, our office has scheduled virtual “Open Office Hours” to assist with agreement renewal questions and technical assistance. We encourage all Sponsors to save questions and plan on attending one of these virtual [“Open Office Hours”](#).

July 2, 2024 - 12:30pm to 1:30pm

July 10, 2024 - 9:00am to 10:00am

July 16, 2024 - 8:00am-9:00am

July 24, 2024 - 1:00pm to 2:00pm

July 30, 2024 - 2:30pm to 3:30pm

August 8, 2024 - 12:00pm to 1:00pm

August 14, 2024 - 7:15am to 8:15am

August 22, 2024 - 9:00am to 10:00am

August 27, 2024 - 7:00am to 8:00am

September 6, 2024 - 11:00am to 12:00pm

September 11, 2024 - 2:00pm to 3:00pm

September 16, 2024 - 2:30pm to 3:30pm

September 19, 2024 - 8:00am to 9:00am

September 24, 2024 - 3:00pm to 4:00pm

September 26, 2024 - 10:00am to 11:00am

September 30, 2024 - 2:00pm to 3:00pm

[CACFP Basic Training - July 11, 2024 - 9:00am to 1:00pm](#)

CACFP Agreements for 2025 are Open!

Below are the Agreement Renewal Assignments. This chart shows who to contact regarding your 2025 agreement. ****Please be aware our current staff priority is completing Administrative Reviews-saving questions and utilizing the “Open Office Hours” assists with this priority.****

All Sponsors are Fine Tooth Comb this year- please use the **Step-by-Step Guide in the Help Section** to assist with your agreement renewal.

Agreement Renewal Assignments	
Sponsor Name	Reviewer
Alfond Youth Center	April
Androscoggin HS & CC	April
Annette's Daycare, LLC	April
Aroostook Band of MICMACS	April
Aroostook County Action Program, Inc.	April
Auburn Public Schools	Christina
Auburn-Lewiston YMCA	April
Augusta Boys and Girls Club	April
Bangor Public Schools	Christina
Bangor YMCA	April

Bath Area YMCA	April
Belfast Area Child Care Services	April
Bethel Kids Care LLC	April
Boys and Girls Clubs of Southern Maine	April
Catherine Morrill Day Nursery	April
Catholic Charities Maine (Child Care Centers)	April
Central Lincoln County YMCA	April
Community Concepts, Inc.	Alissa
Deer Isle-Stonington CSD	Christina
Donna's Daycare and Preschool	April
Down East Family YMCA	April
Downeast Community Partners	April
Duprey Enterprises, Inc.	April
Family Focus- 91 providers	Alissa
Firehouse Child Care Center, Inc	April
Good Samaritan Agency	April
Half Pints Daycare Center	April
Hand in Hand/Mano en Mano	April
Happy Days Childcare and Learning Center	Troy
HOME, Inc.	Troy
Horizons Unlimited, Inc.	Alissa
Horsin' Around Childcare	Troy
Houlton Band of Maliseet Indians	Troy
Indian Township School Department/Daycare	Troy
KereBear Child Care LLC	Troy

KuriouCity Childcare & Learning Center	Troy
KVCAP	Troy
Lever's Daycare Center, Inc.	Troy
Lewiston Public Schools	Christina
Lil' Bucks n' Does Daycare	Troy
Maine Youth Alliance/The Game Loft	Troy
Midcoast Maine Community Action	Troy
Milestones Preschool and Childcare, LLC	Troy
Mis Primeros Pasos	Troy
Mrs. Kaitie's Laugh and Learn Academy	Troy
Old Town Orono YMCA	Troy
Opportunity Alliance	Troy
OT to Play	Troy
Oxford School Age CC & Preschool Program	Troy
Penobscot Nation Children's Center	Troy
Penobscot Nation Youth Program	Alissa
Penquis CAP, Inc. - 99 providers	Troy
Pettengill Learning Academy LLC	Alissa
PJ's Child Care	Alissa
Pollywogs to Speckled Frogs	Alissa
Poppy Patch Learning Center	Alissa
Portland Public Schools	Christina
Portsmouth Naval Shipyard	Alissa
Precious Little Ones	Alissa
RSU 03/MSAD 03	Christina

RSU 10	Christina
RSU 24	Christina
RSU 53/MSAD 53	Christina
RSU 54/MSAD 54	Christina
RSU 56	Christina
RSU 88/MSAD 24	Christina
Sanford Public Schools	Christina
So. Kennebec Child Dev. Corp.	Alissa
South Portland Public Schools	Christina
Step by Step Child Care	Alissa
Stepping Stones Early Learning Center	Alissa
Sunshine Daycare	Alissa
The Housing Foundation	Alissa
The Quimby Center	Alissa
Tiny Town Childcare	Alissa
Totally Kidz	Alissa

University of Maine at Farmington	Alissa
Waldo Community Action Partners	Troy
Westbrook Public Schools	Christina
Western Maine Community Action	Troy
Wiscasset Town of	Alissa
York County CAP	Alissa
Youth and Family Outreach	Alissa
YWCA Central Maine	Alissa

Updated Income Eligibility Forms (IEFs), CACFP Income Guidelines & WIC Flyer:

Updated IEFs for all programs, updated CACFP Income Guidelines, and the updated WIC Flyer for July 1, 2024-September 30, 2025 will be available on the [Forms](#) page of our Maine CACFP website on July 1st. They can be found under the heading “Income Eligibility Forms”

Programs collecting IEFs between July 1, 2024 through September 30, 2025 must use the updated IEFs and Income Guidelines.

Programs required to post the WIC flyer (all CACFP programs except for Adult Centers and At Risk Afterschool Programs) must replace their older WIC flyer with the updated version.

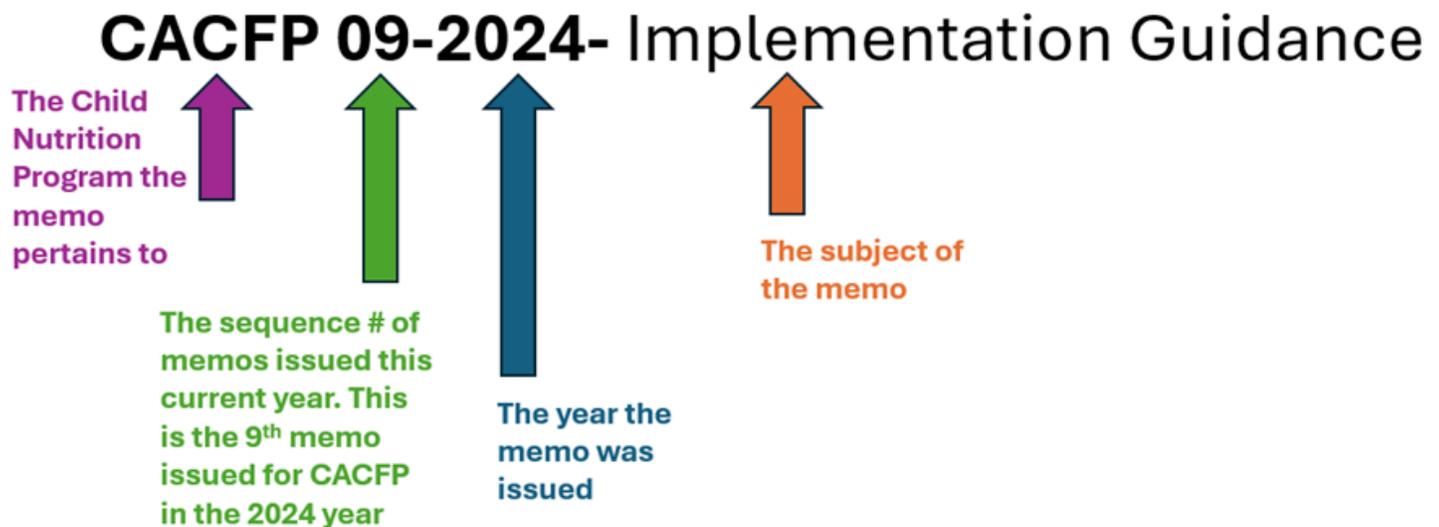
CACFP Policy Memos

Did you know that USDA Policy Memo's are posted on the Child Nutrition [website](#)?

The State Agency AND your sponsoring agency are required to keep USDA Memos for three years plus current.

How are you keeping track of these memos?

CACFP Policy Memos issued by USDA are specifically labeled so that you can easily tell if you have all memos for any given year.



It is important to know that some memos will apply to multiple Child Nutrition Programs like this one:

SP 22-2024, CACFP 08-2024, SFSP 13-2024- Geographic Preference Expansion Related to the Final Rule titled, Child Nutrition Programs: Meal Patterns Consistent With the 2020-2025 Dietary Guidelines for Americans

You can see the memo regarding “Geographic Preference...” is the 8th memo issued for CACFP in the 2024 year, but it also contains information that applies to School Nutrition Programs (SP) and the Summer Food Service Program (SFSP).

Please check the [Policy Memo Webpage](#) often and make sure you have a folder (virtual or physical) where you can keep copies of all USDA Memos and correspondence from the State Agency by year.

Child Nutrition Meal Pattern Final Rule: Updates to Nutrition Requirements in CACFP

USDA's Food and Nutrition Service published the final rule titled, [Child Nutrition Programs: Meal Patterns Consistent With the 2020-2025 Dietary Guidelines for Americans](#), which is the next step in continuing the science-based improvement of school meals and other USDA child nutrition programs, including CACFP. The changes in this rule are based on a comprehensive review of the Dietary Guidelines for Americans, 2020-2025, thousands of stakeholder comments regarding child nutrition program meal patterns, and lessons learned from prior rulemakings.

See below for a summary of meal pattern changes affecting CACFP with upcoming implementation dates. Please note: Maine is choosing to adopt the new Meal Modification policy as of July 1, 2024. As always, please reach out to State Agency CACFP Nutrition Consultants with any questions.

	Updated Requirements	Implementation Date
Added Sugars	<ul style="list-style-type: none"> • Breakfast Cereals: Must contain no more than 6 grams of added sugars per dry ounce. • Yogurt: Must contain no more than 12 grams of added sugars per 6 ounce. 	Oct. 1, 2025
Flavored Milk	No change. Maintains the current requirement to allow CACFP operators to offer flavored and unflavored, fat-free and low-fat milk to participants ages 6 and older.	N/A
Meal Modifications	<ul style="list-style-type: none"> • Clarifies that both state licensed healthcare professionals and registered dietitians may write medical statements to request meal modifications on behalf of participants with disabilities. • Defines a state licensed healthcare professional as an individual authorized to write medical prescriptions under state law. • Regarding non-disability requests, makes clear in regulation that USDA encourages institutions and facilities to meet participants' non-disability dietary preferences when planning and preparing CACFP meals. 	October 1, 2025
Substituting Vegetables for Grains	<ul style="list-style-type: none"> • Allows sponsors, institutions, and facilities serving primarily American Indian or Alaska Native participants to substitute vegetables to meet the grains requirement. • Allows all sponsors, institutions, and facilities in Guam and Hawaii to substitute vegetables to meet the grains requirement. 	July 1, 2024
Nuts and Seeds	Allows nuts and seeds to credit for the full meats/meat alternates component, removing the 50 percent crediting limit for nuts and seeds at breakfast, lunch, and supper.	July 1, 2024
Geographic Preference Expansion	<ul style="list-style-type: none"> • Expands the geographic preference option to allow "locally grown," "locally raised," or "locally caught" as procurement specifications (e.g., a written description of the product or service that the vendor must meet to be considered responsive and responsible) for unprocessed or minimally processed food items. • Continues to allow state agencies and program operators to adopt their own definition of "local" and does not prescribe a federal definition of "local" for the purpose of procuring local foods. 	July 1, 2024

Fluid Milk Substitutes	Per 8 fluid ounces: <ul style="list-style-type: none"> • Vitamin A – 150 mcg retinol activity equivalents (RAE) • Vitamin D – 2.5 mcg 	July 1, 2024
Whole Grains	Adds in regulation the current definition of whole grain-rich: <i>“the grain content of a product is between 50 and 100 percent whole grain with any remaining grains being enriched.”</i>	July 1, 2024
Miscellaneous Changes	<ul style="list-style-type: none"> • Changes references to “dry beans and peas (legumes)” to “beans, peas, and lentils.” • Changes references from “food components” to “meal components.” 	July 1, 2024
Miscellaneous Changes Continued	Updates CACFP definitions: <ul style="list-style-type: none"> • Removes outdated language in the definition of “Functionally impaired adult.” • Adds definition for “meal component.” <i>Meal component</i> means one of the food groups which comprise reimbursable meals. The meal components are: fruits, vegetables, grains, meats/meat alternates, and fluid milk. Updates requirements for CACFP meals as follows: <ul style="list-style-type: none"> • Revises certain endnotes for clarity and combines related footnotes to improve readability in meal pattern tables. • Updates the meats/meat alternates row at 7 CFR 226.20(c), in meal pattern tables for children age 1 through 18 and adult participants, to use ounce equivalents and refer to meats/meat alternates sources generally, instead of listing specific foods within the category. 	July 1, 2024

Complex Recipes

You may have more complex recipes with several ingredients that also need to be standardized. Below are some ideas on how to serve these items.

- Try to find a recipe that has already been standardized. There are some great resources available, and you can probably find one similar to what you currently use. Try the *Child Nutrition Recipe Box* or the *USDA CACFP Recipes for Child Care Homes and Adult Day Care*. They both have standardized recipes for popular items.
- Find training on standardizing recipes and create your own.
 - *The Food Buying Guide Series on the iLearn Center*: A three-module online learning opportunity that reviews the Food Buying Guide for CNPs, the Recipe Analysis Workbook (RAW), and Product Formulation Statements.
 - *Team Nutrition Recipes*: A variety of resources about recipes and standardization.
 - *The USDA Recipe Standardization Guide for School Nutrition Programs*: A “how-to” guide on recipe standardization for school nutrition recipe developers designed to be a complete source of information on recipe standardization from conception to implementation of a recipe.

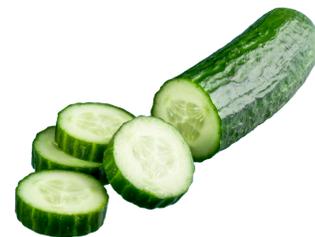
This is a comprehensive “how-to” guide on creating standardized recipes. Starting on pg. 75, there is a standardized recipe template that may be helpful to you. The template is not fillable; however, it provides a good starting point. There is a fillable standardized recipe template available in the CACFP Resources and Training Material section of our [website](#).

Summer Harvest of the Month

It is not too late to pledge for Summer Maine Harvest of the Month (HOM)! Summer is the best and easiest time to source locally sourced ingredients for your child nutrition program. If you have never participated in Harvest of the Month, Summer is also a great time to get your feet wet before pledging for the full school year (September through June). Be part of a statewide campaign to encourage the use of seasonally available, locally produced food in child nutrition programs across Maine!



**By pledging for Summer,
You are agreeing to:**



Serve the local HOM ingredient twice on your monthly menu
Display HOM materials provided by Maine DOE's Child Nutrition Team

You are also encouraged to incorporate HOM themed activities, including taste tests, field trips, or classroom curriculum!

You receive:

Printed marketing materials (posters, fact sheets, recipe cards)
Program training and ongoing technical support, as needed
A monthly newsletter
Recognition for participating in HOM

The Summer Harvest of the Month includes:

July: Summer Squash

August: Cucumbers

Pledges for the School Year HOM (September-June) will be available later in the summer!

[Follow this link to pledge for Summer HOM!](#)

ServSafe-Manager

Class and Exam

Monmouth Memorial School

130 Academy Road

Monmouth

Tuesday, August 27, 2024 - 8:30am-3:00pm

Wednesday, August 28, 2024 - 8:30am-approx. noon for the test

The class is for school food service and CACFP only

Books are ordered and mail once registration has ended

Please note start times for each day

Bring photo id, pen or pencils with erasers

You must provide an email address as certificates are sent via email.

Please note testing start time on the second day

Lunch is NOT provided. Please bring a lunch.

Charge for the class is \$102

Payable by credit card, at the time of registration.

The link to register is in the title above.

ServSafe-Manager

Class and Exam

Messalonskee High School
131 Messalonskee High Drive
Oakland

Thursday August 22, 2024 - 8:30am-3:00pm

Friday, August 23, 2024 - 8:30am-approx. noon for the test

The class is for school food service and CACFP only

Books are ordered and mail once registration has ended

Please note start times for each day

Bring photo id, pen or pencils with erasers

You must provide an email address as certificates are sent via email.

Please note testing start time on the second day

Lunch is provided on the first day.

Charge for the class is \$102

Payable by credit card, at the time of registration.

The link to register is in the title above.