



CHILD NUTRITION PROGRAMS **FARM & SEA TO SCHOOL**

CACFP Resources

Presented by:

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CACFP Farm & Sea to School Resources

✓ **Harvest of the Month**

Pledge to Harvest of the Month!

✓ **Fishermen Feeding Mainers**

Free Maine-Caught Fish!

✓ **Additional Resources**

Recipes, videos, & more!



CHILD NUTRITION PROGRAMS **HARVEST OF THE MONTH**

Maine Harvest of the Month



Harvest of the Month (HOM) is a nationwide marketing campaign that promotes the use of seasonally available, local products in schools. Each month, a different local product is highlighted, and participating schools pledge to serve the product and promote it through educational materials and activities.

Join Maine Harvest of the Month (HOM)!



You are pledging to:

- Serve the local HOM product at least 2x per month
- Display HOM materials provided by DOE Child Nutrition

In return you receive:

- Monthly Toolkits including:
 - Posters
 - Fact and recipe sheets
 - Stickers
- Monthly Newsletter email
- Additional resources & support from Farm & Sea to School Coordinator

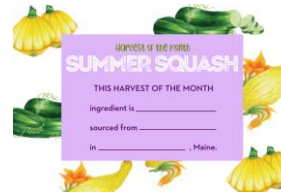
HOM Toolkits



Posters!



Source cards!



Fun fact sheets with recipes!



Plus, stickers!

Fishermen Feeding Mainers (FFM)

In Partnership with Maine Coast Fishermen's Association (MCFA)



CHILD NUTRITION PROGRAMS

FARM & SEA TO SCHOOL

Fishermen Feeding Mainers (FFM)

- Program offered in partnership with Maine Coast Fishermen's Association (MCFA)
- Provides free locally caught fish to schools and CACFP sponsor sites
- Frozen groundfish filets- (i.e. Haddock, Cod, Flounder)
- Pickup is in Portland
- Sign up to receive emails when free fish is available!



Additional Resources

✓ **Farm to ECE Training**

Free training module from
MCD Global Health

✓ **Child Nutrition Website**

Additional Farm & Sea to
School resources

✓ **Maine Federation of
Farmers Markets**

Find your local market!



FARM TO EARLY CARE AND EDUCATION

THE BASICS

Learn about the three core components of the Farm to ECE model and the steps for starting and growing Farm to ECE programming at your ECE site.

Farm to Early Care and Education for Maine

Farm to ECE Basics

- Free training module
- Farm to ECE Model: 3 core components
 - Education
 - Gardening
 - Local foods purchasing
- www.farm2ece4me.org/training
- *Part of MCD Global Health's Healthy Kids Healthy Future Program*

Maine Federation of Farmers' Markets

Find a farmers' market near you!

- Great resource for finding locally produced food near you
- Cultivate a relationship with your local farmer or producer!

The screenshot shows the website's search interface. At the top, there is a navigation bar with links for Home, Blog, Donate, and a phone number (207-370-1524). Social media icons for Facebook, Twitter, and Instagram are also present. Below the navigation bar, there are tabs for About MFFM, Bumper Crop, Market Managers, Market Members, and Shoppers. The main content area is titled "Find a Market Near You" and features a search form with a "City/State or ZIP code" field containing "04101" and a "Distance" dropdown menu set to "5 Miles". A "FIND A MARKET" button is located to the right of the search form. Below the search form is a map of the Portland area with several orange location pins. To the left of the map, there is a list of three markets found within 5 miles of 04101:

- Portland Farmers' Market - Deering Oaks**
Distance: 0.75 miles
Deering Oaks Park
Portland, ME 04102
[Show on Map](#)
- Woodfords Corner Farmers' Market**
Distance: 1.61 miles
202 Woodfords St.
Portland, ME 04103
[Show on Map](#)
- Portland Winter Farmers' Market**
Distance: 2.18 miles
Maine Girls Academy Gymnasium
Portland, ME 04102

[Find a Market Near You - Maine Federation of Farmers' Markets - new \(mainefarmersmarkets.org\)](https://mainefarmersmarkets.org)

Child Nutrition Website

Farm & Sea to School Page

- Videos
- Recipes
- Additional HOM materials for download and printing



Farm & Sea to School

The Farm and Sea to School Program promotes the use of Maine-grown, raised, and caught ingredients in delivering meals to students throughout the state. Harvest of the Month program information is found [here](#).



[Farm and Sea to School | Department of Education \(maine.gov\)](https://www.maine.gov/education/farm-and-sea-to-school)