



MAINE DEPARTMENT
OF EDUCATION

CHILD NUTRITION UPDATES

Presented by: Jane McLucas, Child Nutrition



IMPLEMENTATION TIMELINE FOR UPDATING THE SCHOOL MEAL STANDARDS FINAL RULE

School meals will continue to include fruits and vegetables, emphasize whole grains, and give kids the right balance of nutrients for healthy, tasty meals. For the first time, schools will focus on products with less added sugar, especially in school breakfast.



Added Sugar Guidelines

Product-based Limits: must be implemented by July 1, 2025

- Breakfast cereals: no more than 6 grams of added sugars per dry ounce
- Yogurt: no more than 12 grams of added sugars per 6 ounces
- Flavored milk: no more than 10 grams of added sugars per 8 fluid ounces

Weekly Limits: must be implemented by July 1, 2027

- Calories from added sugars must be less than 10 percent of total weekly calories
- Weekly limits will be in addition to product-based limits



Sodium Guidelines

Schools may maintain current sodium limits through school year 2026-2027

By July 1, 2027, schools must implement a 15 percent reduction for school lunch and a 10 percent reduction for school breakfast

Meal Planning Flexibilities

Substituting Veggies for Fruits at **Breakfast**

Continues to allow schools to substitute vegetables for fruits at school breakfast and simplifies the vegetable variety requirement

For School Year 2024-2025 only: schools may offer any vegetables in place of fruits at breakfast, with no subgroup variety requirements

Starting SY 2025-2026: schools that chose to offer vegetable in place of fruits at breakfast must offer vegetables from two different vegetable subgroups over the course of the week

Meal Planning Flexibilities

Grains and Meat/Meat Alternates at Breakfast

- Establishes a combined grains and meats/meat alternates meal component at K-12 school breakfast
- Removes the requirement for schools to offer 1-ounce equivalent of grains each day at school breakfast
- Schools may offer grains, meats/meat alternates, or a combination of both to meet this combined component requirement

Afterschool Snack Program

Aligns the National School Lunch Program afterschool snack service meal pattern for K-12 children with the Child and Adult Care Food Program snack meal pattern, as required by the National School Lunch Act

Schools offering NSLP snacks must implement these changes by July 1, 2025.

Need more info
on this or
remove the slide

Nuts and Seeds



- Allows nuts and seeds to credit for the full meats/meat alternates component in all Child Nutrition Programs and meals
- Removes the 50 percent crediting limit for nuts and seeds at breakfast, lunch, and supper

Beans, Peas and Lentils

Terminology Change

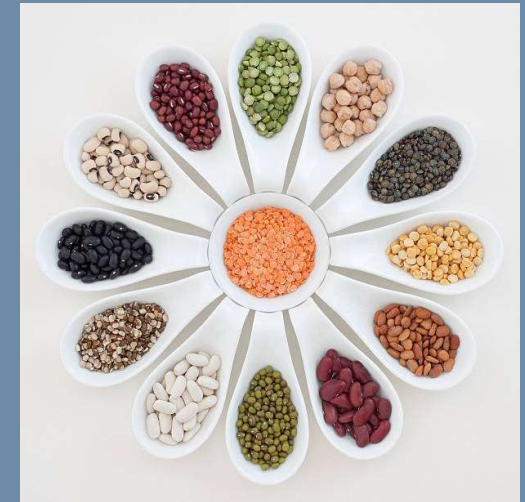
The “legumes(beans and peas)” vegetable subgroup will be referred to as “ beans, peas, and lentils”

Meal Pattern Change

Allows schools to count beans, peas, and lentils offered as a meat alternate at school lunch toward the weekly beans, peas, and lentils vegetable subgroup requirement

Beans, peas, and lentils offered as a meat alternate would not count toward the daily or weekly vegetable meal component requirements

Schools using this option would be required to offer more vegetables to meet the daily and weekly vegetable meal component requirements



Smart Snacks: Bean Dip Exemption

Exempts bean dip, including hummus, from the total fat standard in the Smart Snacks in School regulations

Bean dip continues to be subject to all other Smart Snacks in School requirements



Administrative and Operational Changes

Meal Modifications

Explains in regulation that State licensed healthcare professionals may write medical statements on behalf of participants with disabilities in the school meal programs and Child and Adult Care Food Program

Expands authority to write medical statements to registered dietitians

Geographic Preference Option

Allows Child Nutrition Program operators to use local as a product specification for unprocessed locally grown, raised, and caught foods

Professional Standards

Allows State agencies to approve the hiring of an individual to serve as a school nutrition program director in a medium or large local educational agency who does not hold a bachelor's or an associate's degree

Directors hired under this exception must have:

- A high school diploma or GED, and
- 10 or more years of school nutrition program experience



Buy American

Limited Exceptions



Allows for use of the FAR Non available articles list and/or is not produced or manufactured in the US



Competitive bids reveal the costs of a US product are significantly higher than the non-domestic product



48 CFR 25.104(a) FAR Non available Articles List:
<https://www.ecfr.gov/current/title-48/chapter-1/subchapter-D/part-25/subpart-25.1/section-25.104>

Cap on non-domestic purchases

- Gradually phase in 5% cap on non-domestic food purchases
- SY26, the cap will be 10%
- SY29, the cap will be 8%
- SY32, the cap will be 5%

Other Changes

- Documentation & Reporting
- Procurement Procedures
- Definition of “Substantially”
- Clarification of harvested, farmed, and wild caught fish

Updates and Reminders



USDA Foods

- Have you been ordering monthly?
- Have you verified your SENS data?
- Important information about USDA Foods can be found on the Child Nutrition Webpage

Unanticipated School Closure Waiver

- Maine has been offered and accepted waivers to provide non-congregate meal service in the NSLP, SBP, SFSP, NSLP SSO, and the 'at-risk' component of the CACFP, when congregate meal service operations in schools are limited due to **natural disasters, unscheduled major building repairs, court ordered relating to school safety or other issues, labor-management disputes**, or, when approved by the state agency, for similar unanticipated cause.
- FNS has the authority to issue statewide waivers under Section 12(I) of the Richard B. Russell National School Lunch Act, 42 U.S.C. 1760(I)
- Maine **may NOT approve** a waiver for a local program for more than 10 consecutive operating days with approval from FNS.
- If you want to use these waivers you must request authorization by filling in the **SY2025 Unanticipated School Closure with Remote Learning Waiver Request**. This will be created in MS Forms again to capture the information we need to report out at the end of the year and must be filled out **within 48 hours of the meal service**.
- Links to apply will be on our website homepage: <https://www.maine.gov/doe/schools/nutrition>

Healthy Meal Incentive Awardees



Healthy Meals Incentive Grant Awards

Easton School District, Millinocket School District, Wells-Ogunquit Community School District, AOS 91, RSU 2, RSU 10, RSU 12, RSU 14, RSU 22, RSU 40, RSU 87, RSU 89



Healthy Meals Incentive Recognition Awards

Easton School District, Madawaska School District, Millinocket School District, York School District, RSU 10, RSU 14, RSU 22, MSAD 27, RSU 33, RSU 40, RSU 87, RSU 89



School Food Transformation Challenge Sub-Grants

Auburn School District, Five Pillars Butchery, Maine Coast Fisherman's Association, Maine Food Strategy, Peak Season's, RSU 54, and The Good Crust



2024 Farm to School Cookoff

Congratulations to the Mt. Ararat Eagles of RSU 75, Wayne Napples and Jazmyne Peeples, the 2024 Farm to School Cook-Off Champions!



Thank you to our Teams!

Auburn Public Schools – Maroon Spoon
Lewiston Public Schools – Lewiston Blue Devils
RSU 75 – Mt. Ararat Eagles

Regional Local Foods

We are excited to have our new Regional Coordinators here with us today:

Project Manager: Martha Poliquin

York: Ali Mediate

Downeast (Hancock/Washington): Sandy Fortin

Western (Oxford, Androscoggin, Franklin): Catherine Brown

Aroostook: Roxanne Bruce

Coordinators will be working in their designated regions to expand and deepen the impact of farm and sea to school programing in school nutrition programs



LFS Announcement



On Tuesday, October 1st, USDA [announced \\$1.2 billion in Commodity Credit Corporation \(CCC\) funding](#) for the USDA Local Food Purchase Assistance (LFPA) and Local Food for Schools (LFS) Cooperative Agreement Programs. The additional funding will provide an opportunity to continue the tremendous work of states, territories, and Tribal nations in building agricultural supply chain resiliency through the procurement and distribution of local foods in their communities. Of the funding, \$500 million will be made available for states, territories, and Tribal nations for LFPA, while another \$500 million will be available for LFS. For the first time, USDA will also provide \$200 million in funds specifically for child care facilities, which face similar challenges purchasing food as schools.

Additional guidance on the new funding and the application process will be coming soon. Please feel free to contact us if you have any questions.

§ 210.21 Procurement

h) Procurement training.

- (1) State directors of school nutrition programs, State directors of distributing agencies, and school nutrition program directors, management, and staff tasked with National School Lunch Program procurement responsibilities must complete annual training on Federal procurement standards annually

There is a procurement training on our website

<https://www.maine.gov/doe/schools/nutrition/financial>



CACFP At-Risk Afterschool



LD577 Report by District is located at:

<https://www.maine.gov/doe/schools/nutrition/cacfp/atrisk>

The report shows the districts that qualify on SY24 Data

By state law, schools that have a F/R % of over 50% must participate or opt out by school committee vote.

Mandatory At-Risk training is posted on the website.

Applications for SY25 must be submitted and approved by 10/1! Is yours in?

Medicaid Expansion Program

DHHS can add to the direct certification list, students who would qualify for benefits using information submitted for Maine Care.

Two new categories:

Maine Care 'Free' – letter "A"

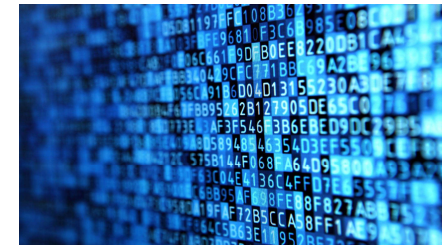
Maine Care 'Reduced' – letter "Z"

Medicaid Free and Reduced benefits carry to other family members, like SNAP and TANF

Maine Care Reduced cannot be counted towards CEP. These need to be eliminated for that calculation

Participation in Maine Care is **NOT an automatic qualifier for school meals benefits.**

- Only those found on the Direct Certification List as qualifying for benefits by Maine Care Free (A) or Maine Care Reduced (Z)
- Maine Care case numbers cannot be accepted at face value and should not be accepted or included on a meal benefit application.



S-SNAP
B-both SNAP & TANF
T-TANF
A-Maine Care Free
F-Foster
M-Migrant
H-Homeless
Z-Maine Care Reduced

Medicaid Expansion and CEP

Medicaid Expansion and the drop in the CEP qualifying percentage to 25%, may make a significant change to DC numbers

Programs currently running CEP, should look to see if you can increase ISP

Programs currently running SP11, should look to see if they can move to CEP

Programs currently running a traditional program, should look to see if either CEP or SP11 are options

To apply for CEP, you MUST use DC and Enrollment Data from April 1st. Please put that date on your calendar now, and think about a plan “b”, just in case

Pre-K Expansion / Off Site Meals

Questions have arisen regarding the eligibility for reimbursement of meals served to children who are placed by a public school district in special schools or institutions (hereafter termed “pupil placement”) which are either not eligible to participate or choose not to participate in the National School Lunch Program (NSLP) and/or the School Breakfast Program (SBP). Only those meals served to children in an eligible “school” that participates in the NSLP and/or the SBP may be reimbursed.

With the exception of field trips and CTE schools, this covers the rest.

That being said, with Pre-K expansion, we will be working with USDA on a pilot to explore different scenarios in the upcoming year to see if there is a way to feed these students and get reimbursed. Let me know if, this is a hot topic in your schools, you’re interested in participating or have questions.



Consider expanding your knowledge by participating in the Certificate in Excellence in School Nutrition Programs at Framingham State University!

*Taught by an experienced school nutrition educator and designed for school nutrition professionals. Deepen your knowledge in this course filled with **sound nutrition content with real life applications that you can use both personally and professionally.***

You will learn and network with other school nutrition professionals while working closely with your instructor who is a registered dietitian of experience working along site and educating school nutrition professionals.

Each course begins at the end of your workday and meets weekly via Zoom for your convenience. Each course provides 60 hours of USDA professional standards and is an SNA Approved Core Nutrition Education Course. Cost is \$1260 (which is an allowable cost)

For more information about the program please email Cathy Wickham at cwickham@framingham.edu


**Certificate in Excellence in School Nutrition
at Framingham State University!**

CnpWeb User Access Form

All boxes need to be completed
District name as it appears in CnpWeb

Individuals can belong to one User Group
- select the correct one!
Select ONLY the programs your district
participates in


Signed by the Legal Agent
Superintendent



CNPWeb User Request Form

Complete this form to add, modify or delete a user in CNPWeb. Submit this form as often as changes occur to reflect only those currently approved to enter data and/or approve claims. This form must be signed by the Sponsor's Executive Contact. This is the person with the legal authority to sign documents on behalf of the sponsor. Email the completed form to child.nutrition@maine.gov.

The Sponsor Application in CNPWeb must be updated accordingly, please update the Sponsor Information Sheet.



Sponsor/LEA Name as it appears in CNPweb: <input style="width: 100%;" type="text"/>					
Name: <input style="width: 60%;" type="text"/>	<input type="checkbox"/> New User	<input type="checkbox"/> Modify User	<input type="checkbox"/> Inactivate User		
Title: <input style="width: 60%;" type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Email: <input style="width: 60%;" type="text"/>	Phone: <input style="width: 20%;" type="text"/>				
COMPLETE THIS SECTION TO ADD/MODIFY A USER:					
User Group Column	Program Columns - Select box for which access is requested				
User Group: select ONE from this column ↓	Scroll across to select programs district participates in →	SNP School Nutrition Program	FDP Food Distribution Program	SFSP Summer Food Service Program	CACFP At Risk After School Program
Sponsor Admin Annual Application Packet; Monthly Claim for Reimbursement; SNP October Survey; SNP Verification; SNP Fresh Fruit & Vegetable Application (if applicable); FDP (USDA Foods) Application & Orders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Claim Approver Approves the Monthly Claim for Reimbursement. Cannot enter or edit information.	<input type="checkbox"/>	N/A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Verification Only Only has access to the SNP Verification module to enter & edit verification information.	<input type="checkbox"/>	N/A	N/A	N/A	N/A
View Only Can view information but not edit or delete	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
As the Executive Contact for the above named organization, I am requesting the changes listed on this form.					
Signature of Executive Contact – Legal Agent (Superintendent/Head of School/Director): <input style="width: 80%;" type="text"/>					
Print Name of Executive Contact – Legal Agent (Superintendent/Head of School/Director): <input style="width: 80%;" type="text"/>					
Title: <input style="width: 60%;" type="text"/>			Date: <input style="width: 20%;" type="text"/>		
The Sponsor Application in CNPWeb must be updated accordingly, please update the Sponsor Information Sheet.					
State Use Only: Date: _____ Change Complete: <input type="checkbox"/> Initials: _____					

Thursday Update

Be In The Know!!!

- The Thursday Update is your one stop to stay informed about all the updates, changes and exciting things happening in the Child Nutrition Programs
- You can click on the subjects on the first page to go directly to the topic you are interested in
- Be sure to check for important deadlines here.
- And send us your pics for Shout Outs!

Maine Department of Education October 10, 2024

Child Nutrition Thursday Update

In this week's Thursday Update
You can scroll through or click on a title below and you will be taken to that page.

- October Survey Office Hours Verification**
- USDA Foods Monthly Order**
- USDA Foods Extras/Surplus**
- State Emergency Notification System (SENS)**
- Local Foods Office Hours**
- FFVP Allocations**
- 2024 Equipment Assistance**
- Looking for a Recipe?**
- Child Nutrition Training**
- CICN in the Culinary Classroom**
- Shout Out!!**

Child Nutrition Website - <https://www.maine.gov/doe/schools/nutrition>
Child Nutrition List Serve Email - child.nutrition@maillist.informe.org

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, *USDA Program Discrimination Complaint Form* which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

(2) fax:

(833) 256-1665 or (202) 690-7442; or

(3) email:

program.intake@usda.gov

This institution is an equal opportunity provider.

(Federal statement updated 5/18/2022)

State

The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin.

Complaints of discrimination must be filed at the office of the Maine Human Rights Commission, 51 State House Station, Augusta, Maine 04333-0051. If you wish to file a discrimination complaint electronically, visit the Human Rights Commission website at <https://www.maine.gov/mhrc/file/instructions> and complete an intake questionnaire. Maine is an equal opportunity provider and employer.



QUESTIONS



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