

No Cost Professional Development Training

# MAINE RESILIENCE BUILDING NETWORK

Supporting Children, Families, and Communities to Thrive:  
Promoting Positive Childhood Experiences and Resilience

## Early Child Care and Public/Private-School Educators Caring for Children Birth-8

The Maine Resilience Building Network is hosting free in-person and virtual (via ZOOM) professional development for Early Child Care, Pre-K, and Public/Private-School providers across Maine. *Supporting Children, Families, and Communities to Thrive: Promoting Positive Childhood Experiences and Resilience* will bring together Early Childhood, Pre-K and Public/Private-School Educators to participate in programs during 2023-2025.

Two contact hours are available for each session.



### The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development (Part I)

Join this training to gain a comprehensive understanding of how both adverse and positive childhood experiences sculpt the foundation of individual development and uncover the transformative potential of PCEs in nurturing the children you work with.



### A Framework for Implementing Positive Childhood Experiences to Support Healthy Child Development (Part II)

Join this training to learn the framework for promoting positive childhood experiences and support healthy childhood development through the lens of relationships, environment, engagement, and emotional growth.



### Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers

Join this training to explore stress impact and address compassion fatigue by developing strategies that promote resilience and reconnect you with the "why" of your work.



Please contact the Maine Resilience Building Network (MRBN) at [training@maineresilience.org](mailto:training@maineresilience.org) if there is interest to partner with MRBN to plan an in-person professional development program for educators and early child care providers serving birth to eight years old in your communities or county.



[maineresilience.org](http://maineresilience.org)

Scan to Register

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#### **A Framework for Implementing Positive Childhood Experiences to Support Healthy Child Development (Part II)**

Join this training to learn the framework for promoting positive childhood experiences and support healthy childhood development through the lens of relationships, environment, engagement, and emotional growth.



#### **Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers**

Join this training to explore stress impact and address compassion fatigue by developing strategies that promote resilience and reconnect you with the "why" of your work.



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**REGISTER  
NOW**

<b>Date/Time</b>	<b>Program and Registration Link</b>
Monday September 9, 9-11am	The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development (Part I) <a href="https://maineresilience.org/event-5813524">https://maineresilience.org/event-5813524</a>
Monday September 16, 9-11am	A Framework for Implementing Positive Childhood Experiences to Support Healthy Child Development (Part II) <a href="https://maineresilience.org/event-5813527">https://maineresilience.org/event-5813527</a>
Tuesday September 24, 9-11am	Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers <a href="https://maineresilience.org/event-5813530">https://maineresilience.org/event-5813530</a>
Tuesday October 15, 6-8pm	The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development (Part I) <a href="https://maineresilience.org/event-5813531">https://maineresilience.org/event-5813531</a>
Tuesday October 22, 6-8pm	A Framework for Implementing Positive Childhood Experiences to Support Healthy Child Development (Part II) <a href="https://maineresilience.org/event-5813534">https://maineresilience.org/event-5813534</a>
Tuesday October 29, 6-8pm	Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers <a href="https://maineresilience.org/event-5813538">https://maineresilience.org/event-5813538</a>
Wednesday November 6, 3-5pm	The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development (Part I) <a href="https://maineresilience.org/event-5813542">https://maineresilience.org/event-5813542</a>
Wednesday November 13, 3-5pm	A Framework for Implementing Positive Childhood Experiences to Support Healthy Child Development (Part II) <a href="https://maineresilience.org/event-5813544">https://maineresilience.org/event-5813544</a>
Wednesday November 20, 3-5pm	Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers <a href="https://maineresilience.org/event-5813556">https://maineresilience.org/event-5813556</a>
Thursday, January 9, 3-5pm	The Impact of Experience: How Adverse Childhood Experiences and Positive Childhood Experiences Impact Healthy Child Development (Part I) <a href="https://maineresilience.org/event-5813557">https://maineresilience.org/event-5813557</a>
Thursday, January 16, 3-5pm	A Framework for Implementing Positive Childhood Experiences to Support Healthy Child Development (Part II) <a href="https://maineresilience.org/event-5813559">https://maineresilience.org/event-5813559</a>
Thursday, January 23, 3-5pm	Addressing Compassion Fatigue and Resilience Strategies in Educators and Caregivers <a href="https://maineresilience.org/event-5813561">https://maineresilience.org/event-5813561</a>