

TRAIN-THE-TRAINER PROGRAM: EMPOWERING EARLY CHILDHOOD EDUCATORS TO FOSTER RESILIENCE AND POSITIVE CHILDHOOD EXPERIENCES



REGISTER TODAY TO TRANSFORM YOUR APPROACH AND HELP CHILDREN, FAMILIES, AND COMMUNITIES THRIVE ACROSS MAINE.

ABOUT THIS TRAINING

Designed to equip **early childhood educators, pre-K providers, and public-school professionals (serving ages 0-8)** with the knowledge, skills, and resources to deliver effective training sessions within their own settings, this program trains trainers to promote positive childhood experiences (PCEs) and resilience, fostering healthy child development and well-being.

OBJECTIVES:

- Understand the impact of adverse childhood experiences (ACEs) and positive childhood experiences (PCEs) on healthy child development.
- Gain insights into evidence-based strategies for promoting PCEs and supporting resilience in children, families, and communities.
- Develop proficiency in delivering training sessions on promoting PCEs and resilience to diverse audiences, including educators, caregivers, and community stakeholders.
- Build confidence in providing ongoing support and resources to educators and caregivers in their efforts to promote PCEs and resilience within their own settings.

STRUCTURE

The TTT program will span four weeks, with one session per week virtually. Each session will last approximately two hours.

- Week 1 October 23rd: Introduction and Overview
- Week 2 October 30th: Understanding the Impact of Experience
- Week 3 November 6th: Implementing Positive Childhood Experiences
- Week 4 November 13th: Application and Practice Session

ADDITIONAL FEATURES

- Stipend: Earn \$75.00 for each of the two trainings you conduct after certification
- 8 contact hours (for the TTT certification)

WHEN/WHERE

- ZOOM 6:00-8:00 PM
- 10/23, 10/30, 11/6, 11/13

COMMITMENT

Participants must attend all four live training sessions and host at least two trainings in their communities by June 2025.

CERTIFICATION

Upon completion, you will receive certification in promoting positive childhood experiences and resilience.



SCAN TO APPLY