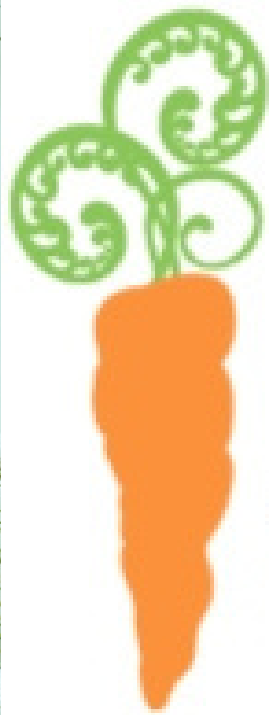


Maine Department of Education

Issue #9

February 2024

CACFP MONTHLY UPDATE



Maine

CACFP

Child and Adult Care Food Program

Healthy habits that last a lifetime!

**STATE OF MAINE
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!!CACFP Office Note!!

Claims

All original claims and claim revisions must be completed within 60 days of the last day of the claim month.

- If the original claim or a revision increasing the meal count is received after 60 days, a one time exception is required and must be approved by the State of Maine Child Nutrition Director.
- Revisions decreasing your meal counts will require documentation explaining the reason for the adjustment. This documentation must be submitted to jodi.truman@maine.gov

Serving Milk in the CACFP

A few reminders regarding serving milk!

- When serving milk family style, pitchers of milk are available and passed around the table and participants serve themselves (with adult assistance as needed).
- Enough milk must be placed in pitchers to provide the minimum serving size for each participant seated at the table.
- Participants determine how much milk they want to take; however, they should be encouraged to take the minimum serving size. When using pre-plated service, when staff pour milk for participants, the minimum serving size must be poured into each cup.

With both meal service methods (family style and pre-plated), programs must use cups that are large enough to hold the minimum serving size of milk required for each age group.

The following link takes you to a helpful publication developed by the Wisconsin Department of Public Instruction- [CACFP Training Spotlight: Serving Milk \(wi.gov\)](#) that provides additional information regarding serving milk, including selecting appropriate cup sizes.

If programs are concerned about cups size and spills, sippy cups are a possible solution.



Upcoming Trainings & Events

Our virtual CACFP Open Office Hours are a great time to “stop in” with any CACFP-related questions you may have. There are no planned discussion topics, it’s just a chance for you to ask questions in a more relaxed, informal setting.

Virtual Open Office Hour Dates

- March 15th: 9 a.m.- 10 a.m.
- April 19th: 9 a.m.- 10 a.m.
- May 17th: 9 a.m.- 10 a.m.

Click [this link](#) to join!



National CACFP Week is March 10-16, 2024



CACFP Week is a national education and information campaign sponsored annually the third week of March by the National CACFP Sponsors Association.

The campaign is designed to raise awareness of how the USDA's Child and Adult Care Food Program works to combat hunger. The CACFP brings healthy foods to tables across the country for children in child care centers, homes, and afterschool programs as well as adults in day care.

You can participate by helping spread the word about the CACFP!

Visit our [Campaign page](#) to download resources for spreading awareness in your classrooms, your community, and at the state level. We also invite you to be active on social media - participate in our [Social Media Challenge](#) for a chance to win \$100 and have your #CACFPCreditable snacks featured on our website or tell us how you're participating in CACFP Week by submitting your story to [CACFP Week in Action](#).

What is CACFP like for you?



**What makes it easy? What makes it hard?
We want to hear from you!**

- Research study on the Child and Adult Care Food Program (CACFP)
- Complete a 15 minute survey about what it's like to participate in CACFP, and share a copy of a recent one-month menu
- *Option to participate in a second phase of research about parent/caregiver and child food preferences and access, and dietary intake at home and child care!*

You will be entered in a drawing for a chance to win a \$100 Amazon gift card!

Call, text, or email us!

(617) 383-4697

enriches_meals@hsph.harvard.edu



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Department of Nutrition

Como ha sido su experiencia con CACFP?



**Que es lo que lo hace fácil o difícil?
Queremos escuchar lo que tiene que decir!**

- Estudio de investigación sobre el Child and Adult Care Food Program (CACFP)
- Cuestionario de 15 minute en línea sobre su experiencia participando en CACFP y compartir un menú mensual reciente suyo
- *Opción de participar en la segunda fase del estudio sobre preferencias alimentarias de niños y cuidadores/padres, acceso a alimentos e ingresos alimentarios infantiles en el hogar y en el programa de cuidado infantil!*

Participará en un sorteo para tener la oportunidad de ganar una tarjeta de regalo Amazon de \$100!

Llame o mande mensaje de texto:

(617) 383-4697

Correo electronico:

enriches_meals@hsph.harvard.edu



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Department of Nutrition

Maine Fish for Maine Children!

A partnership with the Maine Coast Fishermen's Association.

Are you interested in receiving **FREE** local fish this year? The Fishermen Feeding Mainers (FFM) Program seeks to provide direct financial relief to fishermen by helping them supply childcare centers, providers, and schools in need with healthy Maine seafood.

If you would like to be notified when fish is available, please fill out the [Maine Fish in Maine Schools form](#).

Please note: Fish must be picked up in Portland and is usually short notice!

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In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

(2) fax:

(833) 256-1665 or (202) 690-7442; or

(3) email:

program.intake@usda.gov

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