

Issue #6

November 2023

CACFP MONTHLY UPDATE



Maine

CACFP

Child and Adult Care Food Program

Healthy habits that last a lifetime!

STATE OF MAINE CACFP STAFF CONTACT INFO

Alissa Mank alissa.m.mank@maine.gov (207) 624-6879

April Taylor april.taylor@maine.gov (207) 215-9034

Troy Fullmer troy.fullmer@maine.gov (207) 816-2312

Maeghan Hass maeghan.hass@maine.gov (207) 620-4377

CACFP Office Note

USDA has informed the Maine State Agency that CACFP can continue to approve 2024 agreements into December.

Sponsors will be paid for October and November as soon as their agreement is approved.

Question from the Field: “I have an infant parent that was concerned about her baby getting graham crackers as infants are not supposed to have honey. I was curious what the food programs' perspective on this was. “

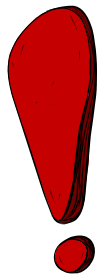
Maine CACFP Answer: This is a great topic for discussion and the parent has the right to be concerned! Here is the link to the infant feeding guide:

https://fns-prod.azureedge.us/sites/default/files/resource-files/FI_FullGuide_2021.pdf

Pg. 81 “Honey may contain bacteria that can cause infant botulism. Infant botulism is a serious illness that can make a baby very sick. Babies are at a higher risk of getting infant botulism until they turn 1 year old. Therefore, honey should never be fed to babies younger than one. This includes honey served on its own, as a topping for other foods, or cooked or baked into other foods. *Also avoid serving store-bought foods made with honey, including honey graham crackers, cereals with honey, etc.*”

Pg. 104 “Never give honey to a baby under the age of 1 year or include it in a recipe when cooking.”

Pg. 151 “*Honey (including products that have honey cooked or baked into them, such as honey graham crackers) should not be served to infants younger than 1 year of age.* Honey is sometimes contaminated with *Clostridium botulinum* spores. If an infant ingests these spores, the spores can produce a toxin that may cause a severe foodborne illness called infant botulism. Be sure to read the ingredients list on the back of food packages.”



FROM THE USDA



USDA FNS IS PLEASED TO RELEASE THE FOLLOWING:

**MEMO- CACFP 01-2024- CLARIFICATION OF ALLOWABLE
FLEXIBILITIES FOR CHILD NUTRITION PROGRAMS
EXPERIENCING MILK SUPPLY SHORTAGES**

**MEMO- CACFP 02-2024- REVISED: CREDITING TOFU AND SOY
YOGURT PRODUCTS IN THE CHILD NUTRITION PROGRAMS**

**NOVEMBER 2023 LETTER FROM USDA SUPPORTING
INDIGENOUS FOODS & FOOD SOVEREIGNTY IN SCHOOLS**

**REGULATION CHANGES DUE TO THE PROGRAM INTEGRITY
RULE**

**ALL USDA MEMOS ARE AVAILABLE ON OUR WEBSITE:
[HTTPS://WWW.MAINE.GOV/DOE/SCHOOLS/NUTRITION/LAWS
/POLICYMEMOS](https://www.maine.gov/doe/schools/nutrition/laws/policymemos)**

Maine Fish for Maine Children!

Are you interested in receiving **FREE** local fish this year? The Fishermen Feeding Mainers (FFM) Program seeks to provide direct financial relief to fishermen by helping them supply childcare centers, providers, and schools in need with healthy Maine seafood.

Fish would need to be picked up in Portland.

It may be a good idea to reach out to other providers or centers in your area and do a group order pick up!

If you would like to be notified when fish is available, please fill out this form: [https://forms.office.com/pages/responsepage.aspx?](https://forms.office.com/pages/responsepage.aspx?id=q6g_QX0gYkubzeoajy-GTjkRg43GkTRGl8oKaTh8Y-JUMzZLUFZINENVNDkzWVNLUEXENlpZOTE0NiQIQCN0PWcu)

[id=q6g_QX0gYkubzeoajy-GTjkRg43GkTRGl8oKaTh8Y-JUMzZLUFZINENVNDkzWVNLUEXENlpZOTE0NiQIQCN0PWcu](https://forms.office.com/pages/responsepage.aspx?id=q6g_QX0gYkubzeoajy-GTjkRg43GkTRGl8oKaTh8Y-JUMzZLUFZINENVNDkzWVNLUEXENlpZOTE0NiQIQCN0PWcu)

UPCOMING TRAININGS & EVENTS

We received great feedback regarding our summer **CACFP Open Office Hours**, so we plan to continue our **CACFP Open Office Hours** throughout the year!

We're offering optional, virtual open office hours on the third Friday of the month from 9 a.m. -10 a.m. from September through May. We'll offer more open office hours during the months of June – August, our annual agreement renewal time.

Our virtual **CACFP Open Office Hours** are a great time to “stop in” with any CACFP-related questions you may have. There are no planned discussion topics, it's just a chance for you to ask questions in a more relaxed, informal setting.

Virtual Open Office Hour Dates

- December 15th: 9 a.m.- 10 a.m.
- January 19th: 9 a.m.- 10 a.m.
- February 16th: 9 a.m.- 10 a.m.
- March 15th: 9 a.m.- 10 a.m.
- April 19th: 9 a.m.- 10 a.m.
- May 17th: 9 a.m.- 10 a.m.



Go to the following link to join!

https://teams.microsoft.com/dl/launcher/launcher.html?url=%2F_%23%2F%2Fmeetup-join%2F19%3Ameeting_NjE1OGExYjktOTg5Ny00ZjY4LTgxZjltMzExYTEyMWNjM2Mw%40thread.v2%2F0%3Fcontext%3D%257b%2522%2522%253a%2522413fa8ab-207d-4b62-9bcd-ea1a8f2f864e%2522%252c%2522Oid%2522%253a%2522a756b840-52ef-4c71-b85f-80cb6bff3a30%2522%257d%26anon%3Dtrue&type=meetup-join&deeplinkId=4a03f0ba-e2a3-48b6-875b-bcfba787c869&directDI=true&msLaunch=true&enableMobilePage=true&suppressPrompt=true



NATIVE AMERICAN HERITAGE MONTH

National Native American Heritage Month

November is National Native American Heritage Month, which recognizes and celebrates the rich culture, ancestry, and traditions of Native Americans, the first residents of the United States.

We encourage you to spend some time learning more about Native American history, such as exploring some of these resources:

U.S. Department of the Interior: Indian Affairs -

<https://www.bia.gov/NNAHM>

Maine Wabanaki REACH - www.mainewabanakireach.org/

Maine Wabanaki Alliance - www.wabanakialliance.com/who-we-are/

HARVEST OF THE MONTH 2024 RE-PLEDGE!

The Maine Harvest of the Month (HOM) is a campaign that helps to promote the use of seasonally available, local products in schools, institutions, and communities. The program, which highlights a different Maine product each month, aims to provide students with local and healthy produce, while supporting Maine's farmers and producers. Harvest of the Month products must be grown or caught in Maine.

WE ARE ASKING THAT ALL SPONSORS WHO WOULD LIKE TO PARTICIPATE IN THE HARVEST OF THE MONTH PROGRAM TO REPLEDGE THIS YEAR!

THIS IS TO ENSURE WE HAVE UP TO DATE INFORMATION AND MAILING ADDRESSES ON FILE. THOSE THAT DO NOT REPLEDGE WILL NOT RECEIVE THE MONTHLY TOOLKITS FOR THE UPCOMING YEAR.

WE ALSO WELCOME NEW HOM SITES WHO WOULD LIKE TO PARTICIPATE IN THIS GREAT PROGRAM!

To pledge, please visit:

<https://www.maine.gov/doe/harvestofthemonth/cacfp>





Potatoes
JANUARY



Root vegetables
FEBRUARY



Protein
MARCH



Dairy
APRIL



Wild Blueberries
MAY



Leafy Greens
JUNE



Summer Squash
JULY



Cucumbers
AUGUST



Tomatoes
SEPTEMBER



Apples
OCTOBER



Brassicas
NOVEMBER



Winter Squash
DECEMBER

MAINE

Harvest of the Month

How to enroll in the Child and Adult Care Food Program:

DOE works with a variety of programs across the state to make CACFP work. To enroll in CACFP, contact one of the sponsoring agencies in your community listed below.

Androscoggin

Androscoggin Head Start & Child Care
dba Promise Early Education
207-795-4040 ext. 327

Community Concepts, Inc.
207-739-6579

Family Focus
cacfp@familyfocusme.org
207-406-4573 ext. 115

Western Maine Community Action
207-860-4485
****Uvermore and Leeds Only****

Aroostook

Aroostook County Action Program
207-764-3721 ext. 125

Horizons Unlimited, Inc.
207-764-6659

Cumberland

Family Focus
cacfp@familyfocusme.org
207-406-4573 ext. 115

Franklin

Androscoggin Head Start & Child Care
dba Promise Early Education
207-795-4040 ext. 327
****Jay Only****

Community Concepts, Inc.
207-739-6579

Western Maine Community Action
207-860-4485

Hancock

Downeast Community Partners
207-610-5164

Penquis
207-852-7779

Kennebec

Androscoggin Head Start & Child Care
dba Promise Early Education
207-795-4040 ext. 327
****West Gardiner, Uitchfield, Winthrop, and Monmouth Only****

Penquis
207-852-7779

****Uitchfield, Manchester, Monmouth, Oakland, West Gardiner, and Winthrop Only****

So. Kennebec Child Development Corp. (SKDC)
207-582-3110 ext. 117

Knox

Penquis
207-852-7779

Lincoln

Family Focus
cacfp@familyfocusme.org
207-406-4573 ext. 115

Penquis
207-852-7779

Oxford

Community Concepts, Inc.
207-739-6579

Western Maine Community Action
207-860-4485

Penobscot

Downeast Community Partners
207-610-5164

Penquis
207-852-7779

Piscataquis

Penquis
207-852-7779

Sagadahoc

Androscoggin Head Start & Child Care
dba Promise Early Education
207-795-4040 ext. 327
****Topsham, Bowdoin, and Bath Only****

Family Focus
cacfp@familyfocusme.org
207-406-4573 ext. 115

Somerset

Penquis
207-852-7779

Western Maine Community Action
207-860-4485

Waldo

Downeast Community Partners
207-610-5164

Penquis
207-852-7779

Waldo Community Action Partners
207-338-6809

Washington

Downeast Community Partners
207-610-5164

York

Family Focus
cacfp@familyfocusme.org
207-406-4573 ext. 115

Department of Education, Child Nutrition
90 Blossom Lane,
136 State House Station
Augusta, Maine 04333

Phone: 207-624-6842

