



Maine School Nurse Summer Institute

An Adventure in Learning

AGENDA 2024

July 30-31, 2024 - Thomas College - Waterville, Maine

Welcome to the Maine School Nurse Summer Institute 2024. We hope you enjoy old friends, make new connections, and leave feeling energized with the latest knowledge and renewed energy to support Maine students!

Thank you for joining us for the School Nurse Summer Institute. What a pleasure it is to be together again. The Maine Department of Education team is committed to providing opportunities for growth and supporting your practice. We look forward to embarking on this **Adventure in Learning** with you!

OVERVIEW

July 30th

8:00-8:30 am – Registration

8:30 – 11:50 am – Learning Adventures

11:55 am – 12:55 pm – Lunch

1:00 – 3:20 pm Learning Adventures

3:30 – 4:30 pm – Awards/MASN
Business Meeting

5:30-6:30 pm – Dinner

6:30-8:30 pm – Evening Activities

July 31st

7:30-8:30 am – Breakfast

8:30-11:40 am – Learning Adventures

11:45-12:45 pm – Lunch

12:50-4:30 pm – Learning Adventures



*Adventure is the path that
leads us closer to discovering
our true purpose, unlocking
our potential, and finding
fulfillment in life.*

~Unknown



We would like to thank the Maine Association of School Nurses for partnering with the Department of Education for event planning. More information about your professional school nurse organization can be found at the following URL: <https://maineschoolnurse.nursingnetwork.com/>

<u>TIME</u>	<u>TITLE</u>	<u>LOCATION</u>
8:00 - 8:30	Registration/Continental Breakfast	Summit Room
8:30 – 8:45	Welcome & Logistics	Summit Room
8:45 – 9:15	<p>Keynote</p> <p><i>Dr. Puthiery Va – Director, Maine CDC</i></p> <p>Dr. Puthiery Va was appointed Director of the Maine Center for Disease Control and Prevention (Maine CDC) in August 2023. A graduate of the University of Rochester, Dr. Va attended medical school at the University of New England College of Osteopathic Medicine in Biddeford, Maine. She completed her residency in internal medicine at the Jacobi Medical Center in New York, NY, and a fellowship as an Epidemic Intelligence Service (EIS) Officer with the US Centers for Disease Control. She came to the Maine CDC from the Indian Health Services’ Chinle Service Unit, where she served as the Population Health Director and, later, as the Division of Public Health Director. Dr. Va was born in Thailand, as a Cambodian refugee, and later immigrated to the United States with her family. She and her husband have two young children.</p>	Summit Room

SKILLS TRAILS

<p>Ear/Nose/Throat</p> <p><i>Meryl McCarthy, MSN, APRN, CPNP-PC – Lecturer, University of Maine</i></p> <p>This skills session will demonstrate the proper techniques to examine the ear, nose, and throat of various age groups. Participants will learn to differentiate between normal and abnormal findings and be able to identify indications for a medical referral.</p>	Room AL-208
<p>Trach & Tube Feedings</p> <p><i>Sarah Hanscome, MSN, RN – Lecturer, University of Maine</i></p> <p>We will review the proper technique for medication administration via the PEG tube and how to identify complications. We will review tracheostomy suctioning, care, and what to do if it becomes dislodged. This session will include a demonstration and hands-on experience.</p>	Room AL-209
<p>Cardiac & Respiratory</p> <p><i>Patricia Endsley, PhD, RN, NCSN – School Nurse, Wells High School</i></p> <p>In this session, we will review the cardiovascular and respiratory assessment of the school-age child/adolescent, identify S1 and S2 heart sounds, and differentiate between normal and abnormal heart and lung sounds. We will also modify assessment techniques to reflect developmental physical variations, document assessments and interventions as well as recognize and report significant abnormal findings.</p>	Room AL-227

<u>Time</u>	<u>Title</u>	<u>Location</u>
	<p>Orthopedic Injury <i>Jill Haskell, MS, ATC, CSCS – Certified Athletic Trainer, Maine General</i></p> <p>This skills session will discuss the initial orthopedic assessment in the school setting including ongoing management. There will be a review of how to perform a focused assessment, and focused interventions, including splinting with limited resources. Participants will learn to identify an emergency and when to call EMS vs. when to refer to the medical home, and when returning to the classroom with ice is appropriate. Participants will also learn how to welcome students back to school after injury. This includes how to properly assess post-operatively, identify decreased circulation, how to wear a sling, and how to use crutches.</p>	Room AL-228
	<p>Concussions <i>Alycia Nored, BS, ATC – Certified Athletic Trainer, Maine General</i></p> <p>This skills session will discuss concussion management. There will be a review of what a concussion is, an initial assessment, and a continued daily assessment. There will also be a review of SCAT6 and SCAT6 child, VOMS testing and balance testing. An opportunity to discuss how to integrate concussion management and academic/classroom management.</p>	Room AL-229
	<p>Resource Fair Exhibitors and Posters</p> <p>Bring your Exhibitor Passport to get stamped at each booth to win prizes!</p>	Field House
9:30 - 10:00	Group 1: Expedition One Skills Session	Group 2: Resource Fair
10:05 – 10:35	Group 1: Expedition Two Skills Session	
BREAK		
10:45 – 11:15	Group 1: Expedition Three Skills Session	Group 2: Resource Fair
11:20 – 11:50	Group 1: Expedition Four Skills Session	
LUNCH		
1:00 – 1:30	Group 2: Expedition One Skills Session	Group 1: Resource Fair
1:35 – 2:05	Group 2: Expedition Two Skills Session	
BREAK		
2:15 – 2:45	Group 2: Expedition Three Skills Session	Group 1: Resource Fair
2:50 – 3:20	Group 2: Expedition Four Skills Session	
BREAK		
3:30 – 4:30	<p>Day One Summit: Awards/MASN Annual Business Meeting <i>Angie Buker, MSN, RN, NCSN – President, MASN</i></p>	Summit Room
<u>EVENING ACTIVITIES</u>		
5:30 – 6:30	Dinner	Dining Center
6:30 – 8:30	Dessert Social/Cash Bar/Exploring Your Inner Artist S'Mores/Fireside Chat	Summit Room Patio Area

<u>TIME</u>	<u>TITLE</u>	<u>LOCATION</u>
7:30 – 8:30	Breakfast/Networking	Dining Center
8:30 – 9:15	<p>Welcome/General Session: Population Health Equity Panel Shirah O’Connell, BSN, RN, NCSN – East End Community School Kristine Jenkins, MA – Maine CDC Cumberland District Public Health Liaison Jennifer Bowdish, BSN, RN, NCSN – Brunswick Junior High School Signe Lynch– Interim McKinney Vento Specialist, Maine DOE</p> <p>School nurses are integral members of the healthcare system, grounded in population health. The specialty of school nursing coordinates care for students' physical, mental, social, emotional, and behavioral needs. Recently school nurses are welcoming an increasing number of students from other cultures. Please join us for a panel discussion where school nurses and community partners share stories, perspectives, and guidance on supporting all families in Maine schools.</p>	Summit Room
BREAK		
MORNING LEARNING ADVENTURE TRAILS		
	<p>MaineCare 101 Trista Collins, MPA – Maine State Medicaid Educational Liaison</p> <p>This session will provide a general overview of MaineCare and reimbursement opportunities for school nursing services.</p>	Room AL-208
	<p>School Safety, Security, and Emergency Management: The School Nurse’s Role Brittany Layman, BSN, RN, NCSN – Director of Health, Wellness and Safety, RSU 22</p> <p>This session will discuss how school nurses are integral members of the school community and play a necessary role in school safety and security. It will show how school nurses can create a sense of belonging and how that role, as a trusted adult, creates a culture of safety.</p>	Room AL-209
	<p>What Bandages Can’t Fix: Trauma-Informed Care for School Nurses Matthew Wyman, BA – Maine Statewide Youth Action Board (YAB) Specialist, New Beginnings</p> <p>This session focuses on how trauma impacts youth development, and how school nursing staff can support young people who have lived through traumatic experiences. Focusing specifically on the intersections of trauma and marginalization of homeless and runaway youth, this session will provide participants with insight into the unique challenges these populations face in medical settings, and how school nursing staff can use their positions to build better relationships and better understand the youth they are caring for.</p>	Room AL-227

<u>TIME</u>	<u>TITLE</u>	<u>LOCATION</u>
	<p>Empowering School Nurses to Advance Safety and Respect in School Communities</p> <p><i>Lisa Ravar, MS – Prevention Director, Maine Coalition Against Sexual Assault</i></p> <p>Often, schools engage in sexual violence prevention efforts by enlisting a local sexual assault support center to present a workshop to their students. While this approach is immensely beneficial and important in engendering trust in these resources, research shows that sustainable, lasting cultural change requires work at many different levels. Though nurses are often in the role of responding to students’ needs, there is work that can be done to advance prevention efforts. As a natural part of their work with young people, nurses can integrate sexual violence prevention strategies into all aspects of the school community. This seamless integration will help create safer, more respectful classroom and school communities, and equip these trusted members of the school community to make a positive impact and help lessen burnout.</p>	Room AL-228
9:30 – 10:30	MORNING EXPEDITION ONE (Choose 1 Morning Adventure Trail)	
	BREAK	
10:40 – 11:40	MORNING EXPEDITION TWO (Choose 1 Morning Adventure Trail)	
	LUNCH	
	AFTERNOON LEARNING ADVENTURE TRAILS	
	<p>Supporting and Advocating for LGBTQ+ Youth: What a School Nurse Needs to Know</p> <p><i>Katie Lutts – Associate Director, OUT Maine</i></p> <p>This session is for school nurses who want to learn best practices for supporting and advocating for LGBTQ+ students. This session acknowledges the complex roles that school nurses have within a school district and will identify strategies for direct personal support including strategies for advocating for the unique health and wellness needs of LGBTQ+ students within the school system.</p>	Room AL-208
	<p>Human Trafficking and Trauma-informed Care</p> <p><i>Brynn Bowyer, Credentials – Programming Director, Thrive New England</i> <i>Nichole DaRosa, - Executive Director, Thrive New England</i></p> <p>This session provides a picture of what sexual exploitation and human trafficking look like. We offer the direct perspective of a survivor of human trafficking, and practical education in identifying at-risk and victimized youth. This trauma-informed care session will teach school nurses how to properly communicate, report, and support in cases of suspected, alleged, or confirmed abuse/exploitation. This session will empower school nurses to confidently,</p>	Room AL-209

<u>Time</u>	<u>Title</u>	<u>Location</u>
	<p>delicately, and properly address many difficult situations students may face. The training also allows time for Q&A with experts in the fields of human trafficking, intervention, trauma-informed care, and survivor aftercare.</p> <p>The Art of Substitution: Enhancing the Substitute Nursing Experience <i>Tara Oxley, MSN, RN, NCSN – School Nurse, Erskine Academy</i></p> <p>This session will focus on strategies to improve organization and communication to enhance the substitute nursing experience. A comprehensive substitute nurse handbook will be reviewed and discussed, with a template provided to all participants that will assist them in developing one for their own health office. In addition, participants will brainstorm ways their health office can become more “substitute nurse friendly”.</p> <p>Confident Conversations: The Role of the School Nurse in Improving Human Papillomavirus Vaccine (HPV) Vaccination Rates <i>Amy Dark, MSN, BA, RN – Nursing Education and Practice Specialist, National Association of School Nurses, DNP Student, University of New Hampshire</i></p> <p>This session will consist of a pre and post-survey to evaluate the knowledge, attitudes, and beliefs of school nurses regarding HPV vaccination to be completed by each participant. This session will present evidence-based information regarding HPV, vaccination, and challenges in the school health office.</p>	<p>Room AL-227</p> <p>Room AL-228</p>
12:50 – 1:50	<p>AFTERNOON EXPEDITION ONE (Choose 1 Afternoon Adventure Trail)</p> <p style="text-align: center;">BREAK</p>	
2:00 – 3:00	<p>AFTERNOON EXPEDITION TWO (Choose 1 Afternoon Adventure Trail)</p> <p style="text-align: center;">BREAK</p>	
3:10 – 4:30	<p>Day Two Summit: Data Review School Health Annual Report/Closing <i>Emily Poland, MPH, RN, NCSN – School Nurse Consultant, Maine Department of Education</i></p> <p>In this session, we will dive into the School Health Annual Report to understand how and why we collect data. Data helps build bridges that connect school health services to the rest of the health care system. This data collection helps to demonstrate the unique and critical contributions to the health of school-age children and their academic achievement. Participants can use their district data to inform yearly professional goals, share the story of local health needs with administrators, and show the link between school health services and academic success.</p>	Summit Room

EVALUATION

Evaluation for the 2024 SCHOOL
NURSE SUMMER INSTITUTE
An Adventure in Learning



If unable to access with QR Code, the link below can also be used to access the evaluation:

<https://forms.office.com/g/fasqWwnH7B>

This nursing continuing professional development activity was approved by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Individuals must complete the evaluation to receive CNEs.

Thank you for taking an **Adventure in Learning** with us!

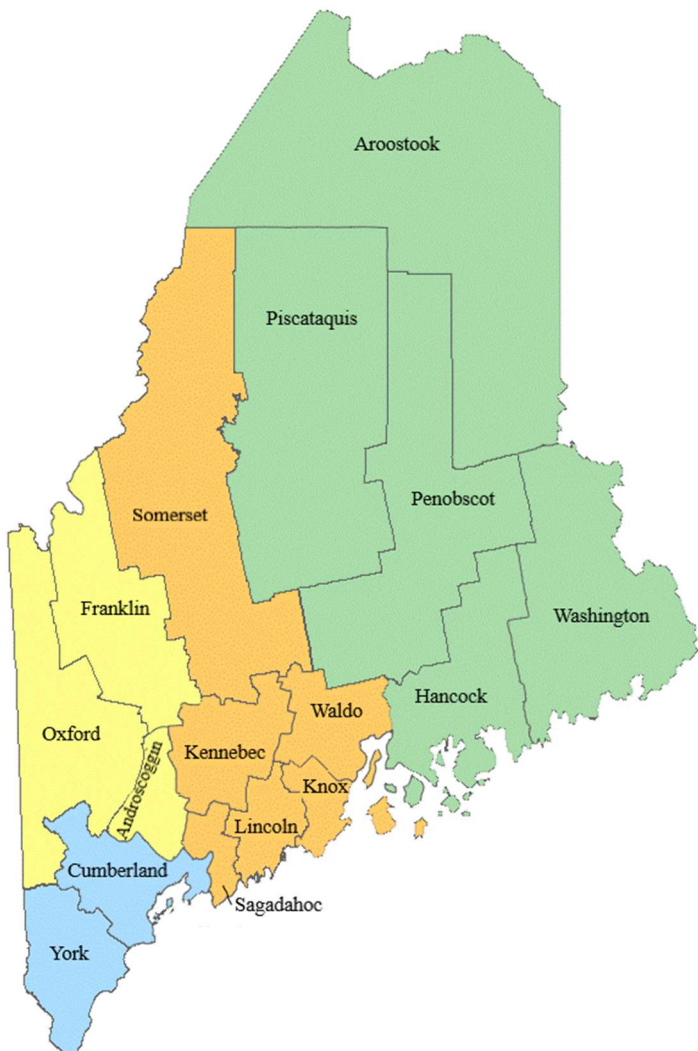


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