

Summer Nutrition Site



Literacy Activity Ideas

- Create a lending library or “Little Free Library” for the site.
- Conduct a community book drive and give away books at the site.
- Have game days when children can play board, card games and/or charades.
- Have Joke Days when jokes and riddles are shared.
- Create Mad Libs with the children and read the silly stories back to them.
- Lead story telling sessions using props and/or improvisation.
- Set up a pen pal system between your nutrition site and another nutrition site.
- Invite local public libraries to share activities with children.
- Invite local artists to share their work with children.
- Enlist community members to be guest readers (e.g. policeman, firemen, legislators, business leaders, etc.).
- Read a story that connects to the meal being served (e.g. *Strega Nona* on a pasta day).
- Invite a chef/cook to make a recipe with children by following directions.
- Select an engaging chapter book and read one chapter each day before, during or after the meal.
- Select a book to read on the first day of the week about a topic of focus for the week. On subsequent days, have activities planned that relate to the book (e.g. speakers, experiments, crafts, etc.).
- Select a book for a Community Read. Try to encourage as many people as possible in the community to read and discuss the book. Connect activities at the site to the book content. Solicit donations of copies of the book that could be distributed at the site.
- Contact a high school Key Club or athletic team about providing community service at the nutrition site during the summer. High school students could read aloud and/or read with children attending the site, or assist with other site activities.
- Work with children at the site to create their own children’s book. A few pages could be created each day and then put together into a book that could be copied and distributed.
- Enter your town to find your Healthy Maine Partnership SNAP-Educator: <http://www.healthymainepartnerships.org/>.
- Contact your Cooperative Extension County office: <https://extension.umaine.edu/county-offices/>.
- Find your local *Let’s Go* coordinator: <http://www.lets-go.org/partners/find-your-local-maine-partner/>.
- Reach out to local Girl Scout and/or Boy Scout troops to assist with activities. If you are unsure of your local Girl Scout leader, Tammy Murray of the Girl Scouts of Maine can assist, tmurray@gsmaine.org
- Montana’s Summer Nutrition Site Activity Guide: <http://opi.mt.gov/pdf/SchoolFood/Summer/13SFSPActivityToolkit.pdf> (includes an Activity Calendar).