Respondent	Subcategory	Name	
			Highlighted challenges affording prescription drugs, costs associated with
			insurance (especially for older adults), and disproportionately high rates of
Advocacy	Consumer	AARP	 uninsurance and delayed care due to costs in rural areas Barriers: gaps in eligibility based on immigration status, rising prescription
			drug and hospital costs (including inadequate free care and payment plan
			options), unaffordable premiums and out-of-pocket costs.
			Maine specific challenges noted are rurality and the concentration of
			Maine's provider market.
			Policy recommendations: close coverage gaps for immigrants, provide
			extended continuous eligibility for children in MaineCare, expand access to
			hospital financial assistance, strengthen consumer protections for medical
			credit cards, considering using Medicare rates as a reference point for
			prescription drug and hospital prices, prohibit anti-competitive contract
			practices by health systems, ensure silver plan premium alignment, limit cost-
			sharing requirements by maximizing use of pre-deductible coverage and
			copays (rather than coinsurance), increase standardization and actuarial value
		Consumers for	requirements of Clear Choice plans, reduce segmentation of the fully-insured
Advocacy	Consumer	Affordable Health Care	market, strengthen rate review, provide state-funded subsidies for coverage,
			Challenges: Inability to afford out-of-pocket costs especially due to higher
			health utlization and lower average incomes for people with disabilities,
			particularly noting high prescription drug costs, limits on the frequency of
			coverage for certain items and services, lack of coverage for dental, hearing, or
			vision services in traditional health insurance, and lack of transparency and
			certainty about coverage. Also noted limitations on the MaineCare for
			Workers with Disabilities Program.
			• Maine has a relatively high population of people with disabilities, about half
			of whom are working age.
			Policy recommendations: remove the unearned income cap in the Workers
Advocacy	Consumer	Disability Rights Maine	with Disabilities Program, consider ways to make insurance plan design more

			Concerns: heavily consolidated health care market, lack of transparency in
			hopsital prices and financials, reduced impact of MGARA on individual
			premiums.
			 Policy recommendations: eliminate anticompetitive contract terms, set caps
			on out-of-network reimbursement, establish universal reporting standards for
			hospital transparency and assess penalties for non-compliance, improve public
			transparency of hospital financial reporting, improve the ease of accessing
	Employer	Healthcare Purchaser	hospital free care, strengthen community benefit requirements, create a
Advocacy	Purchasers	Alliance	division within the Bureau of Insurance to handle complaints about providers,
			 Advocates for a creation of a single state plan covering all current
			commercial and MaineCare enrollees on the basis that administrative savings
			and negotiation of prices on behalf of a larger population would generate
			savings to provide comprehensive \$0 coverage.
			 Also noted delayed or deferred care resulting from OOP costs and
Advocacy	Consumer	Maine AllCare	recommended that the Marketplace take additional steps to address OOP
			Highlighted MaineCare eligibility exclusions based on immigration status,
			including the coverage gap for undocumented people and those with
			uncertain or temporary status. Recommended removing all immigration-based
			eligibility exclusions.
			Also noted challenges related to regional differences in hospital free care and
			General Assistance policies, as well as challenges accessing transportation,
			especially in rural areas.
			• Noted that Maine's immigrant population is smaller than some states, but
			very divers and growing, and that coverage gaps are a driver of racial
Advocacy	Consumer	Maine Equal Justice	inequality in health access. Also referenced higher rates of uninsurance and
			 Policy recommendations: remove immigration-related eligibility restrictions
			from MaineCare, strengthen hospital price transparency laws and regulate
			hospital prices, increase free care requirements, create a public option,
Advocacy	Consumer	Maine People's Alliance	e negotiate prescription drug prices.
Auvocacy	Consumer	Alliance	

			• Challenges: unatfordable medications, policymaking based on claims data
			that does not capture health outcomes or deferred care, barriers to coverage
			related to the complexity of programs, physician admin burden and related
			burnout.
			• Maine-specific challenges: resistance to innovation, non-profit health
			organizations prioritizing financial outcomes over improved health, decision
			making not being inclusive enough of people with lived experience, resources
			directed to newly visible small populations.
			• Policy recommendations: promote a single-payer plan at the national level,
			exclude payer representatives from early policy prioritization by OAHC, create
			a single door for eligibility determination/enrollment for public coverage and
Advocacy	Consumer	MedHelp Maine	assistance programs, require health literacy education in K-12, fund a public
			Barriers: high premiums and out of pocket costs resulting from the high cost
			of health care
			Maine-specific challenges: relative higher age, rurality and lack of internet
			access, low government reimbursement rates.
			Policy recommendations: consider moving commercial payment away from
			cost/charge basis, provide regular increases in MaineCare reimbursement,
			move professional reimbursement policies from FFS to outcome-based
		National Association of	systems, ensure consideration of the costs of benefit mandates, develop
		Benefits and Insurance	strategies for long-term cost containment with a focus on public health
	Insurance	Professionals Maine	promotion, require carriers and MaineCare to report on fraud and abuse
Advocacy	Brokers	Chapter	activities, create a universal system for billing and coding to reduce
Advocacy	Individual	Henk Goorhuis	Highlighted administrative burden for providers, specifically independent
			• Advocating for a single-payer system as the way to resolve cost and access
Advocacy	Individual	Daniel Bryant	barriers to care
			Challenges: high out of pocket costs especially for physical, occupational,
			and speech therapy services, high admin burden, high student debt making it
			difficult to meet salary expectations.
		Maine American	• OOP and workforce issues are especially difficult in Maine because cost of
		Physical Therapy	living in Maine is high relative to income.
Association	Provider	Association	 Monitor or regulate OOP for above therapy services

		Maine Medical	• Pointed to MMA's policy statement which calls on the state to design a
Association	Provider	Association	system of universal coverage consistent with outlined principles. • Challenges: high cost of health insurance (both premiums and out of pocket
			costs), intergenerational social health issues, lack of adequate and consistent
			support for primary care.
			Maine-specific issues: rurality, lack of internet access, and the high cost of
			essential goods.
			• Strategies deployed: improving workforce programs, supporting Community
			Health Workers, tracking and better addressing social determinants of health.
			 Policy recommendations: at "macro level": support new health centers,
			community-based training/ GME for providers, community-oriented models of
			care, and tracking primary care performance. At "meso level": align payment
			systems to advance primary care, incentivize team-based care, increase
			training options and incentives for the primary care workforce, and publicly
			report on Medicaid standards. At "micro level": provide flexibility for payment
		Maine Primary Care	and care delivery, support training of nonclinical team members, consider a
Association	Provider	Association	marketing campaign to encourage residents to establish a primary care
			 Challenges: high list prices for prescription drugs, real-time benefit tools
			(presumably limited use of such tools), need to examine full supply chain for
			prescription drugs.
			 Maine laws restricting PBM practices cited as a Maine-specific barrier
			 Policy recommendations: promote generic and biosimilar competition,
			protect utilization management tools, maximize pharmacist scope of practice,
			require/incentivize the use of real-time benefit tools by providers, examine
Association	Other	РСМА	and consider regulation of pharmacy services administrative organizations.
Hospital/Healt		Maine Hospital	 Recommended that OAHC discuss data sources and methodology

			• Top challenges cited were Maine's older population, large and rural
			geography, low average incomes relative to the region and associated higher
			health needs, and competition for employees with the higher wage Boston
			market. Also noted multiple challenges related to the pandemic and recovery.
			• Strategies being utilized include creating efficiencies in internal expenses and
			optimizing revenue and pursuing value based care models.
			• Recommended that the state focus on holistically addressing gaps in care for
			people with behavioral health, IDD, and long term care needs, many of whom
			are enrolled in MaineCare.
Hospital/Healt			• Also noted the importance of considering equity and access in affordability
h System		MaineHealth	initiatives, as well as additional administrative burden on hospitals.
-			 Discussed financial challenges related to pandemic and recovery.
			Challenges outlined include the relatively higher age and lower self-reported
			health status of Maine people generally, and specifically in the more rural
			communities served by Northern Light. Also noted inadequate government
			reimbursement rates.
			• Strategies include participating in VBP models, screening for SDOH and
			emphasizing preventative care, and right-sizing of modernization projects
Hospital/Healt			Policy priority should be addressing continuum of care, specifically shortage of
h System		Northern Light Health	nursing home beds and residential care and home care capacity.
Individual	Patient/Consu	Jean Guzzetti	Difficulty finding coverage between plans after missing SEP
			 Unaffordability of deductible in employer-sponsored coverage
	Patient/Consu		Uses a medical device and meeting his deductible annually will deplete all
Individual	mer	James Sullivan	savings within two years
			 Insurance is unaffordable, and in particular does not provide value when
			deductible is too high
	Patient/Consu		 Frustration that HSAs can not be used with non-HDHPs
Individual	mer	J White	 Also noted that plan options are confusing and difficult to navigate
			• Experienced issues with direct bills from providers due to adminstrative
			issues with claims processing and improper claims submissions
	Patient/Consu		• Expressed that insurance company and health systems were unhelpful and
Individual	mer	Jason Holman	unable to provide resolution

			• Following an injury, pointed to the complexity of medical billing and the
			outsized amount of time spent with administrative processes as opposed to
			receiving care
	Patient/Consu		• Contrasted that experience with a simpler and less expensive experience in
Individual	mer	Julie Keller Pease	New Zealand, and a neighbor's experience receiving higher intensity care in
			• Relies on MaineCare for care of complex health needs for herself and a child,
	Patient/Consu		and described stress and worry about earning too much and losing eligibility
Individual	mer	Roxy Kai	for MaineCare
	Patient/Consu		• Received a surprise bill for two ambulance trips, and has struggled to receive
Individual	mer	Whitney Blethen	any assistance with resolution from either the insurance company or
			• Encouraged expanding and improving access to hospital free care programs,
	Professional -		citing issues with language access, navigation to community resources, and low
Individual	CHW	Simane Ibrahim	financial eligibility caps at some hospitals
			 Noted that MaineCare eligibility exclusions based on immigration status are
			a barrier to care for the community she works in, and that application
			requirements for asylum seekers can make it difficult for them to enroll even if
			they are eligible.
	Professional -		• Also recommended improvements to hospital free care programs including
Individual	СНЖ	Cristina Tusimbana	lack of notice of availability, online-only applications, and notarization
			• Top challenges cited were provider consolidation, impact of Certificate of
			Need on development of alternative sites of care, limits on utilization
			management, lack of consistent billing by actual site of care, and lack of
			transparency.
			 Strategies the organization is using are value based purchasing and
			partnering with other organizations to diversify the health care delivery system
			• Policy recommendations: address anti-competitive contract terms, increase
Insurance		Anthem Blue Cross Blue	state review of provider consolidation transactions, reform certificate of need
Company		Shield	process, require identification of specific site of care in claims, establish MHDO

r			• Top challenges cited were specialty pharmacy and physician-administered
			pharmacy costs, recent state policy action curtailing management controls and
			reducing MGARA's impact on the individual market, and provider
			consolidation.
			 Strategies ulitized include developing value-based insurance designs,
			providing member incentives for high value care, and coordinating with
			providers to improve access to lower-cost medications.
			 Policy recommendations: unmerge individual and small group markets,
			increase small group pool by amending definition of small group, place
			guardrails around self-insured arrangements for small employers, allow payer
			participation in HIN, eliminate High Priced Items and Services provision
			applying to MGARA, avoiding further limits on prior auth and utilization
Insurance		Community Health	management as well as mandated coverage for specific drugs or drug classes,
Company		Options	adhere to mandate studies, encourage adoption of VBP without additional
			Top concerns: limits on utilization management, pharmaceutical costs,
			provider consolidation, and contractual limitations by providers. Also noted
			merged markets, coverage mandates, and public reimbursement rates as
			impacting commercial prices.
			 Recommended addressing tactics used by pharmaceutical companies to
			maintain market share and considering setting reference-based prices for
			drugs, reduce/eliminate coverage and standardization requirements that
Insurance		Maine Association of	exceed ACA baselines, reducing barriers to value based care, unmerging the
Company		Health Plans	small group and individual markets, requiring coverage mandate and plan
			 Concern about provider administrative burden and resulting shortages of
			primary care doctors
Provider	Individual	Jane Pringle	Supportive of MMA policy statement
			Challenges: consolidated market and onerous processes/restrictions
			established by large health systems, fragmented EMR systems, burden from
			certain payment models, HMO referral requirements for specialists, need
			creative solutions for certain services e.g. mobile dentistry and telehealth for
			psychiatry.
Provider	Individual	Jean Antonucci	 Recommendations: establish a single health care "czar," single sign on for

			• Delayed or inaccurate payment from insurers is a major challenge and
			increases costs because of administrative burden on providers
			Would like to see a framework for quality measurement of provider-carrier
Provider	Entity	Family Vision Solutions	administrative practices
			Challenges/needs: greater visibility into claims data for the patient
			population to better coordinate care, align provider financial incentives to
			health outcome goals, provide financial incentives through shared savings
			programs for providers who lower total costs of care.
			Maine specific characteristics: state-amdinistered Medicaid program,
			rurality of the state, higher relative use of lethal drugs used in combination
			with other substances and high rate of death from opioid overdose.
			• Strategies: geographically diverse locations and virtual options, working with
			DOC to assist residents transitioning out of corrections settings, prioritizing
			retention which can result in lower total COC for individuals.
			• Recommended changes to the Opioid Health Home model including: adding
			a level of care which includes mental health support, expanding the model to
		Groups Recover	all substance use disorders, eliminate barriers to collaborative care in the form
Provider	Entity	Together	of cumbersome approval processes.
			• Need for more primary care doctors and more investment in primary care.
			Primary care workforce is burning out due to financial and admin burden.
			• Recommendations: set primary care spending targets, make all preventative
			services free. Increase in ancillary services so social work and therapy is
			embedded in PC practice. Move to value based capitated payment models.
			Increase workforce by offering loan repayment, removing hurdles like non-
Provider	Individual	Jessica Faraci	compete contract clauses, and encouraging organizations to protect "unpaid